

Head Coaches Report for Annual Meeting May 2014

Highlights for the year were the visit by Claire Donohue Olympic Gold medallist from the United States what a thrill for the swimmers. Ben gained selection for the 2014 Oceania Championships and also for the Junior Pan Pac's in Hawaii. It has again been a long time since a Porirua swimmer gained National Team selection.



Ben has also managed to swim a number of NZ short and long course records along the way culminating in a tremendous swim in the 100 metre breaststroke at National Age Groups where Ben swam another personal best to win the gold medal and break the NZ Record he had set two weeks previous and qualify for the Junior Pan Pacific Championships in Hawaii.

2014 Wellington Long Course Championships

8th Porirua City Aquatics 707

2013 Wellington Short Course Championships

6th Porirua City Aquatics 1,149. 50

2013 NZ Short Course Championships

27th Porirua City Aquatics 245

2014 NZ Junior Championships

15th Porirua City Aquatics 189

2014 NZ Open Championships

20th Porirua City Aquatics 88

2014 National Age Group Championships

39th Porirua City Aquatics 92

General Comments:

- This is the first year in a long time since Porirua City Aquatics has had swimmers swim at the NZ Open Nationals. Congratulations to Bronagh Ryan, Monica Saili and Ben Walsh on achieving this standard.
- Monica Saili, Bronagh, and Ben Walsh all achieved the qualifying standard for NZ Short Course Champs. Both Bronagh Ryan and Ben Walsh achieved medal winning swims at the in the Open events which again has been a long time coming.
- At the 2014 Open Nationals Ben achieved medal winning performances that again Porirua City Aquatics had achieved a long time ago. Bronagh also managed to place in the finals of some of her events which was also brilliant.
- This year we did not have swimmers attend Division 2 which hopefully we will be able to rectify next year.
- National Age groups this year we had five swimmers qualify Mia, Matisse, Monica, Sophie and Ben which was pleasing I hope to see this group grow to possible 8-10 swimmers for next year.
- I would like to take this opportunity to thank Coach Alex Bennet for all his hard work with the junior squad swimmers helping achieve great results in our Wellington Championship results and also the NZ Juniors that the club achieved.
- This is also where I want to thank the committee for all their support for the coaching programme over the past year without this it would be very difficult indeed. To all our parents who have given up their time to officiate at meets, to get up in the early hours, to just be there for their swimmers a really big thanks so much.

Nevill Sutton

Head Coach PCA