

Porirua City Aquatics Race Secretary Annual Report, 2014 - 2015

We've had another action packed, and exciting, year of racing this year. From our own club race nights through to regional and national meets.

Congratulations to all our club and squad swimmers who have made the most of the swimming opportunities on offer, have given their best and have either raced events for the first time or come away with new times.

PCA swimmers have attended 58 race meets this year - 10 more than last year. 17 of our junior and senior squad swimmers have represented PCA at national meets and 44 of our swimmers have raced at regional meets. Well done.

Thank you to our coaches for preparing our swimmers for all of these meets and for offering last minute advice and cheering them on, on the day.

Thanks as well to all of the parents, and swimmers, who have volunteered their time to help the club run, especially at race meets. Whether it be timekeeping, refreshments, IOT, marshalling, the door, team managing... all of these jobs are important and without you race meets would not run.

Registrations

PCA Athletes & Officials were up a total of 107 registrations for the 2014/2015 period, compared to 2013/2014

Year	Non-Competitive	Officials	Competitive
2014/2015	228	82	73
2013/2014	150	65	61
Difference	78	17	12

As at March

2015; 301 Total Athletes
73 Competitive
228 Non Competitive
82 Officials (66 non-voting and 16 voting)

Records Broken by PCA Swimmers

Congratulations to all of our swimmers who have broken records in the last year.

Ben Walsh had an big year, breaking a huge 55 Club records, 15 Wellington records and 1 New Zealand Records - well done Ben.

Bronagh Ryan - 8 club records and 1 Wellington record

Bronson Lloyd - 19 club records

Max Drummond - 4 club records

Victoria Ferguson - 1 club record

Keri Martin
Porirua City Aquatics
Race Secretary

Race Meets Attended by PCA Swimmers, 2014 -2015

	Swimming Meet	Month	Swimmers Entered
1	PNASC April Meet	April 2014	2
2	State 2014 NZ Open Championships	April	3
3	PCA Div3	April	31
4	Mayfair Pools NZ Age Group Championships	April	5
5	MetroLeague 1	May	15
6	Coastlands Swimming Wellington Long Distance Meet	May	2
7	Gold Coast Ribbon Carnival	May	51
8	10 th Oceania Swimming Championships	May	1
9	MetroLeague 2	May	17
10	MetroLeague 3	June	20
11	Dash for Cash	June	22
12	PCA 100m Handicap Champs	June	77
14	MetroLeague Final	June	15
15	Central Region Representative Meet	June	2
16	College Sport Wellington Swim Meet	July	2
17	Matson Trophy	July	24
18	Hamilton Winter Meet	July	2
19	Manawatu Winter Champs	July	2
20	Coastlands Raumati Signature Meet	July	27
21	Wellington Short Course Champs	August	37
22	Gold Coast Naenae	August	39
23	Junior Pan Pacific Champs	August	1
24	NZ Short Course Champs	September	2
25	NZCT AIMS Games	September	3
26	PCA Club Race Night	September	115
27	PNASC September Meet	September	3
28	Karori Pirates Skull and Swords Meet	September	8
29	Swimming Taranaki Open SC Champs	September	2
30	Levin Spring Meet	October	37
31	SZR Signature Meet	October	29
32	PCA Hardcore Meet	November	46
33	Capital Calssic	November	25
34	PCA Chocolate Carnival	November	56
35	Swimming Wellington December Meet	December	33
36	McDonalds Queensland Champs	December	1
37	Swimming Wellington Summer LC Champs	January 2015	40
38	Signature 2 Upper Hutt Meet	January	10
39	Manawatu Age Group Champs	January	2
40	Swim Wairarapa Championships	February	8
42	Karori Pirates Jolly Roger 12 & Under Meet	February	3
43	Zonal Champiosnhips	February	2
44	Wanganui Signature Meet	February	3
45	NZ Junior Championships	February	11
46	NSW State Open Championships	February	1
47	Woollahra Trophy Gold Coast Zone	March	39
48	Swimming Wellington March Qualifier Meet 1	March	4
49	Swimming Waikato Junior Champs	March	1
50	MetroLeague 1 - Session 1	March	17
51	MetroLeague 1 - Session 2	March	20
52	NSW National Prep Meet	March	1
53	NZ Division 2 Competition	March	1
54	PCA Novice Carnival	March	27
55	PCA Club Champs	March	117
56	Swimming Wellington March Qualifier Meet 2	March	1

PCA Meet Reports, 2014 - 2015

Swimming Wellington Long Course Relay

Saturday the 22 March saw the above meet held at Naenae Pool. This is one of the few meets where the swimming is not about swimming as an individual but swimming as a team, where each team swims a medley relay and a freestyle relay.

The meet saw a greatly improved turnout of swimmers/teams for PCA of 7 teams (2013 2 teams) so a big thank you to all those that entered for taking time out to swim for the Club rather than just themselves. The Naenae pool was filled to the brim with swimmers and supporters alike and all PCA teams acquitted themselves well and put in a fantastic 100% effort to show that PCA can mix it with the best of them.

Out of the seven teams we managed to get one up onto the podium with the Under 11 A team collecting the silver medal in the freestyle relay. This particular race showed how each leg in a relay is just as important as any other and the importance of everyone giving their all as PCA claimed the silver by a mere .05 of a second over Swim Zone. The spirit of the PCA supporters also showed through with a huge cheer when this result came up on the board.

The swimmers in each team and their placings were as follows (in brackets is the number of teams entered):

Mixed 9 and Under (Grace Reiher, Daneka Sheppard, Ella Drummond, Angus Paterson)
Freestyle Relay 7th (12)

Mixed 11 and Under (A) (Max Drummond, Bronson Lloyd, Jonty Bamber, Victoria Ferguson)
Freestyle Relay 2nd (22), Medley Relay 4th (22)

Mixed 11 and Under (B) (Emilee Wilkinson, Brianna Fisk, Georgia Wills, Ocean Teare)
Freestyle Relay 12th (22), Medley Relay 10th (22)

Mixed 11 and Under (C) (Greer Pugh, Sophie Paterson, Jamie Mason-Jones, Liana Reiher)
Freestyle Relay 13th (22), Medley Relay 14th (22)

Mixed Under 13 (A) (Sophie Wilkinson, Brooklyn Saunders, Anais Lucas, Bernice Holford)
Freestyle Relay 5th (16), Medley Relay 4th (16)

Mixed Under 13 (B) (Jordan Harris, Sophie Wills, Jacob Reiher, Jake McAllister)
Freestyle Relay 14th (16), Medley Relay 11th (16)

Open Women (Lucy Newton-Smith, Katie Cameron, Sophie Wilkinson, Jessica Seow)
Freestyle Relay 7th (7), Medley Relay 7th (7)

Once again thanks to all those swimmers who gave up their time to enter and to all the parents, supporters and officials without whom there would be no competitions to go into.

Andrew Wills – Team Manager

SNZ Long Course Opens – April 2014:

For the first time since PCA formed we were able to form a small but talented team to attend this year's NZ Open Swimming Champs. This meet doubled as the Commonwealth Games Trials and was also the qualifying meet for the Pan Pacific Games and the Oceania Championships to be held later this year. This meant the very best of New Zealand's swimmers were all in attendance. Open meet means age is not relevant, it is all about being the fastest in the pool on the day to win the race. The format is heats in the morning and the fastest 8 swimmers go through to compete in the evening finals.

Our team consisted of Bronagh Ryan, Ben Walsh and Monica Saili, coach was Nevill Sutton and team Manager was Bill Walsh.

We arrived in Auckland on Sunday afternoon with the intent of getting acclimatised to the pool before racing started on the Tuesday. After settling into our accommodation it was straight down to the pool for a wee session. We were able to fit in 3 training sessions prior to the competition starting which proved invaluable to the swimmers.

Results;

62 teams competed at this meet; PCA came 20th overall beating many other much larger clubs. We came in a very commendable 2nd out of all the teams from the Wellington region so congratulations to our 3 swimmers and coach.

Both Ben and Bronagh qualified for finals and got to experience the thrill of live television each time they readied themselves at the start end. I must say by the last day they seemed very relaxed with the cameras getting in their faces.

Bronagh Ryan; swam 4 individual events and made finals in 3, her results were 50 Fly (B final 14th place overall), 50 Free 9th place overall, 50 Breast making the A final finishing 4th place overall. Unfortunately due to ill health Bronagh had to pull out of her Thursday races 50 Back, 200 Breast and 100 Free but on the last day was feeling better and able to make her final swim which was 100 Breast where she made the A final and finished a creditable 4th over all.

Monica Saili; had qualified for the Women's 50 free so decided to shoot up for that race rather than miss school for the week. It's always difficult to perform at ones best when competing like this, Monica swam well just 0.20 secs off her PB and finished 24 overall.

Ben Walsh; swam 6 individual events and made A finals in 4 of them. His final results were. Mens 50 Breast 2nd Place (silver medal) he set a new Wellington Age group and Wellington Open record. Mens 100 Breast 2nd Place (silver medal) setting a new New Zealand Age Group record for 17 yr old boys also setting a new Wellington Age group record and new Wellington Open record. Mens 200 Breast 6th Place also setting a new Wellington Age group record and new Wellington Open record. Mens 200 Medley 7th Place. He also competed in the 50 and 100 Freestyle but did not make finals.

Ben's results from both the 50 and 100 breaststroke events now make him the second fastest breaststroker in NZ (for all ages) behind our Olympian Glen Snyders (not bad for a 17 year old).

Due to Ben's success he has been named in the New Zealand team to compete at the Oceania Championships to be held in late May.

In addition to this Ben swam well under the qualifying times for the two premier youth events to be held overseas in August this year. These two New Zealand teams will be named after the NZ Age Group champs which will be held the second week of the school holidays so here's hoping Ben can swim just as quick then.

Overall another exciting meet with many hard fought races and several great results produced by our 3 swimmers.

Thanks to Nevill and the team, it was my pleasure to look after you and I hope to do it again in the future. Once again congratulations on your fantastic results.

Regards Bill Walsh (Team Manager)

PCA Div III Meet – 12 April 2013:

This swim meet PCA host every year, and it is one of our main club fundraisers.

It is a competition that allows all those swimmers who are close to either Regional, and National qualifying times to shine on the day, and try to obtain medals and placing's. It is also a great swimming meet for swimmers who have swam in mainly 25m pools to gain experience swimming in a 50m pool in a relaxed atmosphere.

Our club offers this invitation to all clubs in the Wellington region from Levin to Masterton so there are plenty of swimmers in all the age groups ranging from 7 years to 14 and over.

Our club had a total of 31 swimmers who competed during the two sessions that it seemed were spending much of their time between marshalling and medal and ribbon presentation.

The club did great and combined our swimmers managed to achieve:

- 14 gold medals
- 13 silver medals
- 8 bronze medals
- 91 Placing ribbons

It was encouraging to hear all the support shared by our swimmers and to witness the enthusiasm and camaraderie between them all (and the parents), because good sportsmanship is an integral part of competing.

In order for this meet to have run so efficiently we offer our big thanks and acknowledgement to all the official volunteers, parent helpers, PCA National qualified swimmers and coaches who all worked toward achieving this.

Libby Lucas – Team Manager

SNZ National Age Group (NAG's) – May 2014

Congratulations to our PCA team (Sophie Wilkinson, Mia and Matisse Uluilalata, Monica Saili and Ben Walsh) who recently competed at this year's NZ Age Group Swimming Champs held in the city at the Wellington Regional Aquatic Centre.

This year's event was also the qualifying meet for the youth events to be held later this year. The Youth Olympics in China and the Junior Pan Pacific Games to be held in Hawaii both being held in August 2014. This was an added incentive for all the super fast swimmers to go even quicker. And go quicker many of them did.

Overall the PCA team achieved 2 Age Group Gold Medals, 1 Age Group Bronze, a NZ record, 2 Wgtn Open Records, 2 Wgtn Age Group records and several National Top 20 placings. PCA finished 39th on the final points table out of the 95 clubs that were competing which was 2 places better than last year (not bad for just 5 swimmers).

Results:

Sophie Wilkinson (12): was able to compete in her first National Age Group champs. The age group she swam in was girls 13 and under so to qualify as a 12 year old is really impressive. Her first race was the 50 Backstroke where she turned in a great swim but her finish didn't quite go to plan which slowed her final time. She placed 13th and was just a few splits off her PB. A few days later Sophie returned for her 100 Backstroke where she placed 19th overall and was just off her PB again. Look out next year when she returns as a 13 year old and doesn't have to swim against girls a year older.

Matisse Uluilalata (15): qualified in the 100m Fly where she finished 29th overall. Again this year there were no qualifying times set for the 50 metre races, if you had qualified in a 100 metre or longer event you were allowed to swim in the 50 metre race of that stroke. This meant Matisse

could also swim in the 50 Fly which she chose to do and she finished in 21st place over all. Both swims were just ever so slightly behind Matisse's PBs.

Mia Uluilalata (13): qualified in the 100 & 200 Backstroke and also chose to swim the 50 Backstroke. She placed 12th in the 200 swimming a nice little PB, she placed 16th in the 100 this time just slightly off her PB and also competed in the 50 where she placed 19th and again just behind her PB.

Monica Saili (16): swam in 2 Freestyle events. The 50 and 800 metre Freestyle for 16 year old Girls. First up was her 50 Free where she placed 16th overall just slightly off her PB. She then waited until the last day to compete in the womens 800 Free. Monica went out hard and held on to do a very creditable 2 second PB and placed 13th over all.

Ben Walsh (17): As always Ben had aged up just 2 months before this event and this year also had to cope with the double age group of 17/18 year olds to compete against but he still managed to turn in some excellent results collecting 2 individual Gold medals, 1 Individual Bronze medal, a New Zealand Age Group Record, 2 Wellington Open records and 2 Wellington Age Group records.

Ben placed first in the 50 & 100 Breaststroke and 3rd in the 200 Breaststroke. He set a new NZ age group record in the 100 Breaststroke breaking his own NZ record by just on half a second which he established only 2 weeks earlier.

He set new Wellington Age Group and Open records in both the 50 and 100 Breaststroke events but didn't quite PB in his 200 Breaststroke so had to settle for the Bronze medal and no records there. Ben also placed 4th in the 200 Medley, 6th in the 50m Fly, 13th in the 50 Free, 15th in the 100 Backstroke and 18th in the 100 Fly. He also swam in the Over 16 years Boys Wellington Relay team and they finished in 4th place in the final of the Freestyle relay.

As mentioned earlier this was also the qualifying meet for the 2 youth events being held in August this year. Bens 100 Breaststroke swim was quick enough to give him the highest FINA points score at the meet meaning he was the first choice for the Youth Olympics Team for China. Unfortunately he is not available for that event so had to pass on the opportunity.

However he is available and has been selected to represent New Zealand in Hawaii as a member of the NZ Junior Pan Pacs team where he will be one of a 10 swimmer squad to compete against others from some of the Pacifics power house teams.

So congratulations Ben on being selected for this and also the Oceania Champs to be held in Auckland later this month.

Congratulations also go to our coach (Nevill Sutton) who has also been selected for the Junior Pan Pacs team. He will be accompanying Ben and the rest of the team as one of New Zealands coaches for the meet. Overall another exciting meet with many great results from our swimmers.

Thanks to all our swimmers, you were a pleasure to manage, our coach Nevill Sutton, our squad and club members especially those that came to support us during the finals, the parents and volunteers who officiated and finally to all those others who helped in so many ways during the meet.

Bill Walsh – Team Manager

100m Handicap:

This meet sum on 16 June proved to be as exciting as ever, with close racing and a number of unofficial PB's swum.

Congratulations to the finalists, especially the winner Ethan Smyth-Rangi. Brodie Teirney was second, Sophie Paterson 3rd, Jamie Mason-Jones 4th, Jacob Reiher 5th and Ethan Jones 6th.

Well done to all the semi-finals, along with the finalists they were Maggie Peterson, Lachlan Hannon, Claire Ryan, Ariana Tierney, Tobias MacIntosh, Troy Griffiths, Brooklyn Ropeti, Lilah Smith, Grace Reiher, Jemma Brisk, Tyrone Lloyd, Ethan Hunter-Day, Tom Gibbs, Lennon Griffiths, Jamie Norris, Annabell Swallow, Angus Paterson, Greer Pugh, Daneka Sheppard, Liana Reiher, Max Jones, Declan Tierney, Jasper Brisk, Troy Hunter-Day, Josh Gibbs, Sophie Wills, Anais Lucas, Caleb Clarke, Bronson Lloyd and Ben Walsh.

Official times cannot be recorded in handicap races. The improvements made by some swimmers were huge, indicating they should be entering a proper meet to update their times.

Junior Metro League 2014:

A Swimming Wellington Junior (12 & under) club competition with all clubs registered to Swimming Wellington racing against each other in individual and relay events across 3 rounds and a final.

11 teams registered so the rounds were swum in 2 sections at 2 different pools with points awarded as follows for each event.

Individual - 1st- 10, 2nd- 7, 3rd- 5, 4th- 3, 5th- 2, 6th- 1

Relay's - 1st- 13, 2nd- 10, 3rd- 7, 4th- 6, 5th- 4, 6th- 2

Cannon Relay - 1st- 18, 2nd- 15, 3rd- 12, 4th- 9, 5th- 6, 6th- 3

In round 1, PCA were drawn to swim in Wanganui which was great for us. The bus trip up and back was not only heaps of fun for the swimmers it also helped galvanise them together as a team forming bonds that encouraged them to work for and encourage each other when previously they were more used to competing against each other.

We came away from the Wanganui meet triumphant having seen off Tawa, SZR Fit, Capital Bees & Wanganui to be 2nd overall after the 1st round with 393 points just behind Capital Aces on 467.

Round 2, we were drawn to swim at Tawa pool.

Very tight for seating space however with previous experience we knew to get there early and secured a number of bench seats which we used to create an excellent hub.

Again we came away triumphant seeing off SZR Furious, Capital Bees, Raumati & Wanganui with 443 points, giving us a total of 836 points and closing the gap on Capital Aces with 864 points.

Round 3, we were drawn to swim at home, Cannons Creek Pool.

Wanganui were too quick and secured our usual hub at the blocks end of the stand, not a great start. We didn't have our best night and were humbled by SZR Fit who won the meet and topped the round with 432 points to our 417 points. In hind sight this loss was just the tonic to spur the swimmers on and make them dig deep over the following 2 weeks of training before the final.

Capital Aces also had a bad meet and only came away with 268 points giving them a total of 1,132 points meaning PCA were now on top with 1,253 points and seeded 1st for the final.

The Final was held at the Coastlands Aquatic Centre in Paraparaumu and with both the (A) & (B) finals held together (all 11 teams present at the same meet) the turnout was huge.

Alex was away at the NZ Junior Training Camp with Max so we were down our coach and one junior national swimmer, although there was no mention of that from the swimmers who all seemed focused and ready for the challenge ahead.

All points from the 3 rounds were wiped and the 6 (A) finalists started with a clean slate.

The Final was very close and at quarter time Capital Aces were leading PCA by 3 points. When this was announced it spurred the team on and by the half way mark PCA was leading by 1.

A fantastic effort by all in second half had us believing we could win, until the unthinkable happened, having had no DQ's at any of the previous meets I was suddenly handed 4 DQ slips. 2 were for the same race which we won the other 2 were for another 1st place and a 2nd placing all in all loosing us a whopping 33 points. We had done well so far, DQ's happen, so let's just focus on finishing strong. We did, including winning the glamor Cannon Relay event.

Scores were tallied and read out, 6th Capital Aces, 5th Tawa, 4th Karori, 3rd SZR Fit
2nd Capital Bees

PCA had won !!!

The swimmers who were all getting changed had heard it on the loud speaker and came running, parents were elated and I was elated.

After the award ceremony swimmers and parents all enjoyed Pizza and Fizzy kindly supplied by the committee as reward for the great effort our team had put into making the final.

Looking back the 2 highlights for me were the trip to Wanganui and the fact that after 3 rounds of meets where swimmers pretty much swum in the same events, there were still 12 individual personal bests swum on the final night.

Thank you to Easy Swim (Todd Morton) for his sponsorship, to Kerri for all the hard work behind the scenes running off best times, doing entries etc., to Andrew Wills, Debbie Drummond, Jo Bamber and Keri again for all their hard work marshalling our swimmers at each end of each meet and to the committee for entry fees and pizza.

Congratulations to the PCA team – Michaela Jones, Ella Drummond, Ben Orsman, Daniel Baker, Angus Paterson, Georgia Wills, Emilee Wilkinson, Jamie Mason-Jones, Danika Sheppard, Luke Martin, Sophie Paterson, Gemma Orsman, Victoria Ferguson, Jose Pereira, Bronson Lloyd, Max Drummond, Jonty Bamber, Ben Callear, Jacob Reiher, Jake McAllister, Sophie Will & Sophie Wilkinson and to Alex Bennet for all the hard work coaching the team at each meet and the work during coaching sessions to improve swimmers enough over 6 weeks to win 1st place.
It was a pleasure to manage the team over the 6 weeks.

Thanks Andy

Raumati Signature Meet:

This meet was held at the Coastlands Aquatic Centre in Paraparaumu on 26 July.

25 club members took part with 36 personal best times being recorded, which was a 48% result of events swum.

Swimming Wellington – Winter Champs:

The Swimming Wellington Winter Champs were hold over two weekends at the beginning of August.

37 club members entered 235 events and swam 145 personal best times, which was a 63% result of events swum.

PCA was place 5th on the team points table, and came 4th in the 12 & under team category. Ben Walsh won his age group, with 7 PCA swimmers finishing in the top 3 of their age group.

Medals received as below:

Swimmer	Age Group	Gold	Silver	Bronze
Ella Drummond	9 & Under	-	1	3
Benjamin Orsman	9 & Under	-	2	1
Luke Martin	10 years	4	4	1
Max Drummond	11 years	-	-	7
Bronson Lloyd	11 years	2	13	-
Gemma Orsman	11 years	-	-	1
Jacob Reiher	12 years	-	-	1
Sophie Wilkinson	12 years	-	6	3
MJia Uluilileata	13 years	-	-	1
Lucy Newton-Smith	15 years	-	1	-
Ben Walsh	16 - 17 years	14	1	-
Bronagh Ryan	18 & over	6	1	2
Total Medals		26	29	20

Thanks to the members who officiated, Team Managed and covered other duties at the meet.

Swimming NZ Short Course Champs:

This meet was held at WRAC in Wellington from 2 to 9 September 2014. The champs this year had a different feel with PCA having just 2 swimmers entered. Bronagh Ryan and Ben Walsh with 6 entries each.

The meet was also the qualifying meet for the upcoming World Short Course Champs to be held later this year. This meant that there would again be Open grade swimmers (Olympians) at the meet.

The morning sessions were for age group finals and the evening sessions included Open finals plus 3 duel age group finals. The evening age group results had no bearing on medals as these were decided during the age group timed finals in the morning. The Open medals were however swum for in the evening with the fields made up of the 10 fastest swimmers from the morning sessions regardless of age. The evening double age group races did not affect the age group results posted earlier in the day during the morning sessions.

Results;

Bronagh Ryan (21) Open swimmer: 50m Breaststroke (2nd), 100m Breaststroke set a new Wellington record of 1:10.26(3rd), 200 Breaststroke (4th), 50m Backstroke (6th), 100m Freestyle (10th) and the 50m Freestyle (6th).

Ben Walsh (17): Ben had a quiet meet this year as he flew directly in after competing for NZ at the Junior Pan Pacific Champs in Hawaii on the second morning. Ben, Nevill and the rest of the NZ junior team travelled for roughly 12 hours over night and started racing the moment they arrived in Wellington. He was scheduled to swim 6 races but was feeling fatigued on his return so decided to scratch from the second half of the champs. Ben swam in the 17/18 years age group still being age17. Results were 50 Breaststroke 4th in age and 5th in the Open final, 100 Medley (9th), 200 Breast (6th).

Overall a great meet with some great results coming from our 2 swimmers. Congratulations to Bronagh for setting a new Short Course Wellington record in the womens 100m Breaststroke.

Thanks to Bronagh, Ben and Nevill for being so easy to manage, thanks also to the parents and volunteers who officiated, the club members who came in and supported the team and finally to all those others who helped in so many ways during the meet.

Regards Bill Walsh

PCA Race Night:

One hundred and fifteen swimmers entered in race night on Friday evening 12 September.

Congratulations to all those who swum, especially the first timers, those who achieved personal bests and/or tried new events.

Thanks to the many officials who ensured the evening went without a hitch, especially Rhonda and Bryan Graham, our Senior Officials.

It is great that PCA has supportive people like Rhonda and Bryan to call upon. Their presence, along with our qualified IOT's and timekeepers ensured we met Swim Wellington's officials quota for the swimmers times to be recognised as official times.

PCA In-House League – 22 September:

A great first night of the in-house club league on Monday 22 September at Cannons Creek pool. Plenty of noise and some great swimming action.

The results after the first night are:

Team 1 Matisse	181 pts 4th
Team 2 Bronagh	205 pts 2nd
Team 3 Ben	228 pts 1st
Team 4 Jordana	154 pts 6th
Team 5 Monica	189 pts 3rd
Team 6 Hannah & Katie	172 pts 5th

Well done to Ben's team in first place. Two more nights to go for the other teams to catch up. Monday 20 October and Monday 17 November.

Karori Pirates Signature Meet - 20 September:

The 2014 Karori Pirates Skull and Swords Meet was held on 20 September at WRAC.

A compact team of eight (7 junior squad and one senior squad) did themselves proud at this short course meet with 11 personal bests recorded from a total of 23 events swum.

Thanks to the supporters club with plenty of cheering and clapping to encourage and acknowledge some excellent individual swimming, as well as to Alex for the warm up and pre-race pep talks. The programme included three 'fun' events - a team 4x25m medley relay, a 25m streamline (underwater), and a 50m kick. While some clubs scratched from the latter fun events, the small PCA team fielded entries in all the races and, up against senior swimmers from other clubs in the medley relay, our team were right in it. Well done team - a great showing from PCA.

*Murray Pugh -
(privileged to be Team Manager for the night).*

Levin Spring Meet – 12 October:

The Levin meet was a great event for our PCA swimmers.

We had an early start, meeting the bus at Paremata station, and arrived in Levin with plenty of time to enjoy the sunshine, play and eat our lunch at the play park.

The meet was well attended and some good times were achieved by our swimmers.

We had a short break midway during the meet in which we enjoyed delicious cake from Malina's Mum.

A dinner break at McDonald's in Paremata ended a very successful and fun day out.

Thanks very much to PCA for covering the cost of the bus, the parents who joined us and to Andy and Rebecca, our team managers. An awesome day.

Swimzone Signature Meet – 18 October:

During this competition I was so proud of all our swimmers.

There were many who had not swum in a 50 meter pool, and that had never swum at the Wellingtons Regional Aquatic (WRAC) Centre.

It was a great opportunity for them to gain the experience and to observe the difference from many of our local club swim meets.

After arriving on time swimmers completed a dry land warm up, followed by a swimming and diving warm up.

Unfortunately we had to re-locate our position afterwards due to last minute changes that Swimzone made with their marshalling but we still maintained a poolside view. This did not appear an issue for us and we didn't lose anyone during the process..!!

This race meet covered so many different races for separate males, female and age groups so PCA swimmers got to see a lot of great swimming when they were not participating themselves, and although this was a lengthy meet I was so impressed with the patience of our swimmers and their fantastic behaviour.

I feel that this is a good reflection of our club and makes us stand out from the crowd, for all the right reasons.

Thank you to all parent participation and Coach Alex Well done guys you did great.

Team Manager Libby Lucas

PCA Hardcore Meet – 1 November:

It was great to see 40 plus swimmers over a wide age range attend this meet.

It was a long meet and the younger swimmers did very well to survive the duration.

We saw some awesome Personal Best times set and it was really good preparation for the longer events coming up after Christmas. The meet itself was extremely well run and that was thanks to all the PCA organisers, the family members that helped out in many different ways and of course the great turn out.

Clare Newton Smith Team Manager

In-House League – 17 November:

Congratulations to Team 3 (Ben) who finished in first place on 700 points.

The other teams finished as below:

Second	Team 2 (Bronagh)	599 points
Third	Team 5 (Monica)	566 points
Fourth	Team 1 (Matisse)	560 points
Fifth	Team 6 (Hannah & Katie)	500 points
Sixth	Team 4 (Jordana)	480 points

Well done to all the swimmers who took part.

Thanks to the team leaders who did an amazing job organising their teams, and also to our talented guests DJ Stapleton, and Will and Danny McDowell for coming along and supporting our swimmers. Thank you to all the officials, judges and those who kept points.

We have been running In-house league for over 20 years and it remains as popular as ever.

Swimming Wellington Champs:

The Swimming Wellington Champs were held at the Wellington Regional Aquatic Centre (WRAC) in Kilbirnie over the Wellington Anniversary Weekend and ran for seven sessions from Friday 16 to Monday 19 January.

PCA had a team of 37 swimmers entered in 217 events for the champs, with medal results as below..

Swimmer	Age	Gold	Silver	Bronze
Ella Drummond	9	1	-	-
Jed McLachlan	9	-	-	1
Emilee Wilkinson	10	-	-	1
Georgia Wills	11	-	-	1
Luke Martin	11	-	1	2
Max Drummond	11	4	3	2
Bronson Lloyd	12	-	6	2
Gemma Orsman	12	1	-	1
Ben Walsh	17	13	1	
Bronagh Ryan	21	3	1	1
Total Medals		22	12	11

PCA was placed 7th out of 30 clubs (5th Wellington Club) who had swimmers entered in the champs.

Congratulations to Max Drummond and Ben Walsh who were both named 'Swimmer of Respective Age Groups' at the end of the meet and received a T3 voucher.

Well done to Ben Walsh who broke the Wellington Long Course record for Boys 100m Butterfly in his last race for the meet. Ben's time of 57:22 broke the previous record of 57:75 set by Gareth Kean on 1 April 2009.

Thanks to the parents of the swimmers and other club members who did not have children swimming for helping with duties and officiating.

Upper Hutt Signature Meet:

The Upper Hutt Signature 2 long course meet was held at Wellington Regional Aquatic Centre on 31 January 2015 and we had a small team of 8 PCA swimmers.

This was the first Signature meet under the new arrangements for 2015 and was open for swimmers with a 50m freestyle time of +34 seconds.

It was a short sharp meet with just 24 races over 14 events. Swimmers were therefore often completing their races and being marshalled to the start area straight away. But our team rose to the challenge and put in some excellent performances.

Overall we had 11 personal best times recorded against entry times from 22 swims.

The parent and family support team and our junior squad coach Alex made all the difference to the lively atmosphere around the PCA benches!

Check out the team photo on our Facebook page!

Murray Pugh Team Manager

Wairarapa Champs:

The Wairarapa Champs were held in Masterton over a weekend and two evenings. This was a short course meet. PCA had a small but committed team attend the weekend part of the meet.

All our swimmers did really well putting in some great swims. We came away with a large number PB's and medals – congratulations to all our swimmers.

It was great to see swimmers and families supporting each other across the duration of the meet.

Thanks also to our PCA officials who helped out with the meet.

Hiria and Adele

Swimming NZ Junior Champs:

The New Zealand Junior Championships 2015 were held at Wellington Aquatic Centre, Kilburnie over 3 days 20 to 22 February.

PCA had 11 competitors who qualified: Daniel Baker, Ella Drummond, Max Drummond, Victoria Ferguson, Michaela Jones, Bronson Lloyd, Luke Martin, Gemma Orsman, Emilee Wilkinson, Georgia Wills and Sophie Wills - great achievement well done.

The team had a great 3 days: a total of 43 swims with 24 PB's, 20 top 10 placings. Max placed on the podium for 200m free - Silver, 100m Back - Silver, 100m Free - Silver.

Congratulations to the swimmers who achieved top ten placings nationally:

Max Bronson (8 events)

Bronson Lloyd (7 events)

Victoria Ferguson (3 events)

Gemma Orsman (2 events)

Max and Bronson were selected as part of the Boys Regional 200m Free Relay Team and placed 3rd. This was an outstanding effort from all the swimmers. Swimmers had a great attitude and believed in themselves, they encouraged and cheered each other on with gusto.

The club finished up 17th on the club points table (4th Wellington Club).

A special thanks to Alex who kept the swimmers focused, motivated and calm even when nerves peaked.

As always the parental cheering - fantastic, thanks to all those that gave up cheering and officiated. Finally to PCA thanks for supporting the children to compete, the parents and the coaches for the hours you put in.

From Team Manager Rebecca Ferguson