



Capital SC Medley Meet 2017

(NOTE: This is not a signature meet)

Wellington Regional Aquatic Centre – Saturday, 27 May 2017

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| Warm up 4.00pm Start 4.45pm | Open to Club and Competitive Swimmers |
|-----------------------------|---------------------------------------|

| G | B | AGE | STROKE | G | B | AGE | STROKE |
|----|----|--------|-----------|----|----------------------------|--------|-------------|
| 1 | 2 | Open | 100m IM | 15 | 16 | Novice | 25m Breast |
| 3 | 4 | Novice | 25m Fly | 17 | 18 | Open | 50m Breast |
| 5 | 6 | Open | 50m fly | 19 | 20 | Open | 100m Breast |
| 7 | 8 | Open | 100 fly | 21 | 22 | Novice | 25m Free |
| 9 | 10 | Novice | 25m Back | 23 | 24 | Open | 50m Free |
| 11 | 12 | Open | 50m back | 25 | 26 | Open | 100m Free |
| 13 | 14 | Open | 100m back | 27 | Mixed Age Fun Medley Relay | | |

Mixed Age Fun Relay- 12/u = 25 Back; 13-15yrs = 50m Breast, 16/0 = 100m Fly with one each of male and female per age per team – team total of six swimmers

- The meet will be conducted under SNZ Rules and local rules as applicable, and will be an approved meet for the standard events, which exclude the relay and 25m events.
- **All entrants must be SNZ registered Competitive or Club swimmers**, and only SNZ sanctioned times will be available for entry use via the SNZ website.
- All events will be timed finals, with over the top starts. Starts and finishes are at the shallow end of the pool, and care must be taken when diving into the pool – depth is 1.2m. The 25m events will start on the mid pool bulkhead without blocks
- Age is as at the day of the meet. Events will be scratch seeded and will not be swum in age groups. They will be scored as 10 & under, 11/12yrs, 13/14 yrs, 15/16 yrs, 17 yrs & over for a small prize per age group and gender.
- There is no limit on the number of events that can be entered by Competitive swimmers, and **NT (no time)** entries will be accepted for **all events**. Only new swimmers who have not swum any official event 50m and over can enter the 25m events, and they cannot enter any other distance. Club swimmers can swim 50m events only.
- Para swimmers are eligible to enter this meet and shall compete under the IPC Swimming rules. They must present their classification card to the Meet Director during the premeet warmup.
- The Relay Event 27 will be teams of 3 girls and 3 boys in three age groups. The 12/u pair will swim 25m back each, the 13-15yr pair will swim 50 breast each and the 16/o pair will swim 100 fly each. This event will not be scored or official, but the winning team will receive a small prize. There is no entry fee for this event, but the number of teams entered may be limited depending on the meet time schedule.
- The Relay entries will be entered by email to racesec@capitalswim.co.nz in a spreadsheet format – not online at SNZ. The deadline for these is Tuesday 23 May at 9pm
- **Non Relay Entries close on Monday 22 May 2017 at 23:59pm via entry on the SNZ website.**
- Entry fees are \$8.00 per event and are to be made by credit card at the time of entry. If applicable, one electronic payment from Clubs is to be made to 03-0521-0208931-00 (GST no. 60-217-424) prior to the start of the meet and with the reference “Cap SC Meet” & “Club Name”
- There will be no refunds for withdrawals after the circulation of the psych sheets on Wednesday 24 May.
- Scratchings to be emailed to racesec@capitalswim.co.nz up to 12.00 (noon) Friday 26 May and then manually at the pool on Saturday.
- The organisers will if necessary alter the programme and/or refuse entries, to allow the meet to finish within the allotted time frames
- All participants must agree to comply with the Sports Anti Doping Rules.
- **Door Entry:** Entry is via the Main Front Door for everyone. Wellington swimmers, Coaches, Managers & Officials are to use their Swim Wellington Passes. Visiting Clubs will be issued with Visitor passes. Spectators \$2: Programmes: \$2. Non Pass holders may have to pay WRAC door entry fees.
- There will be a fundraising raffle on sale which will be drawn on the night. Tickets \$2 each or 3 for \$5
- All clubs are requested to provide at least 1 x qualified IOT and 2 x Timekeepers, and advise the names to Barbara Ryan on officials@capitalswim.co.nz Other officials will also be welcomed with thanks.
- Participants who have entered this event agree to allow images (e.g. photography, video, etc.) to be taken by accredited media approved by Swimming Wellington. Images are only to be used for legitimate purposes by Swimming Wellington or host Club in accordance with the SNZ Member Protection Policy.
- The organisers will not be responsible for any loss or damage during the period of the meet
- Capital Swim Club Organisers are: Pam Edwards 021 2410 517 & Barbara Ryan 027 7896 373