

# GOLD COAST SWIMMING ZONE WOOLLAHRA TROPHY CARNIVAL

HOST CLUB, TAWA

Open to swimmers from Otaki Titans, Raumati, Porirua City Aquatics and Tawa Swimming Clubs



Tawa Pool Sunday 18 October 2020	<b>Door entry fees – Cash only - no Eftpos</b> <b>Swimmers \$8.00, all others, including Officials free</b>	<b>Warm up 4pm,</b> <b>Start 4.30pm</b>
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Ev	Order of events	<b>CONDITIONS OF ENTRY.</b>
1	400 Freestyle	<ul style="list-style-type: none"> <li>▪ Maximum 3 individual events per swimmer.</li> <li>▪ Individual events will be swum as mixed races, slowest to fastest.</li> <li>▪ All participants must agree to comply with the Sports Anti-Doping Rules.</li> <li>▪ Swum under SNZ/FINA and local rules. Protest fee \$50.00</li> <li>▪ Classified Para swimmers (including provisional classification) are eligible to compete at this meet. Para swimmers are requested to report to the Technical Director prior to warm up.</li> <li>▪ Participants who have entered this event agree to allow images (e.g. photography, video, etc.) to be taken by accredited media approved by Swimming Wellington. Images are only to be used for legitimate purposes by SW or Gold Coast clubs in accordance with the SNZ Member Protection Policy.</li> <li>▪ Strapping of muscles/joints is not permitted unless supported by a doctor or physio certificate and sighted by the Technical Director prior to the meet.</li> </ul> <p><b>To enter the following events swimmers must be able to swim the minimum entry times as listed</b></p> <ul style="list-style-type: none"> <li>▪ <b>400m free – 200m free in under 3.20</b></li> <li>▪ <b>400m medley – 200m medley in under 3m30</b></li> <li>▪ <b>200m back, medley, free &amp; fly – 100m of the same stroke under 1m55</b></li> <li>▪ <b>200m breaststroke – 100m breaststroke under 2 minutes</b></li> <li>▪ <b>100m back, free &amp; fly – 50m of the same stroke under 60 sec</b></li> <li>▪ <b>100m breaststroke – 50m breaststroke in under 1m10s</b></li> </ul> <p><b>RULES FOR THE WOOLLAHRA TROPHY</b> (age as at 18 October 2020)</p> <ul style="list-style-type: none"> <li>• Points will awarded for best times on a percentage basis, e.g. if a club has 61% best times this will count as 61 points.</li> <li>• Maximum of two relay teams per club per event.</li> <li>• Relays teams will be handicapped for the final. Any team breaking their heat time by more than two seconds will be DQ'd</li> <li>• Points for relays will be awarded for first to eight places as follows 8, 7, 6, 5, 4, 3, 2, and 1.</li> </ul> <p><b>WARM UP LANE</b> will be allocated by the referee and advised at the meet depending entry numbers.</p> <p><b>WARM UP RULES.</b> Team Managers &amp; Coaches are responsible for swimmer's safety during the warm up.</p> <p><b>DIVING</b> Lane 7 is allocated for diving for the duration of the warm up, with further lanes added at the referee's discretion. Swimmers must not swim across the lanes &amp; may only exit the pool at the ends, except for those diving who must exit at the side. Clubs must appoint a person to supervise diving.</p>
2	400 Medley	
3	50 Backstroke	
4	100 Freestyle	
5	50 Breaststroke	
6	100 Medley	
7	25 Butterfly (Novice)	
8	Relay Heat 12yrs & U 4x50 Fr	
9	Relay Heat 13yrs & O 4x50 Fr	
10	100 Breaststroke	
11	25 freestyle (Novice)	
12	50 Butterfly	
13	100 Backstroke	
14	50 Freestyle	
15	100 Butterfly	
16	200 Freestyle	
17	200 Backstroke	
18	200 Breaststroke	
19	200 Butterfly	
20	200 Medley	
21	Relay Final 12yrs & U 4x50 Fr	
22	Relay Final 13yrs & O 4x50 Fr	

*Note: the organisers reserve the right to alter the order &/or combine events.*

**Entries will be on-line via SNZ database, closing at midnight on 10 October. Relay entries will be taken on the night.**

**Duties:** Clubs are to advise officials names to Hugh Allen, email [hugh.allan@xtra.co.nz](mailto:hugh.allan@xtra.co.nz) no later than 10 October.

**Officials are advised to bring a water bottle**

<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 15%;"><b>Duty club</b></td> <td>Refreshment people</td> </tr> <tr> <td>Marshall</td> <td>Assistant Marshall</td> </tr> <tr> <td>Starter</td> <td>Chief time keeper</td> </tr> <tr> <td>Two runners</td> <td>Two door people</td> </tr> <tr> <td colspan="2">To arrange referee and two JOS</td> </tr> </table>	<b>Duty club</b>	Refreshment people	Marshall	Assistant Marshall	Starter	Chief time keeper	Two runners	Two door people	To arrange referee and two JOS		<p><b>IMPORTANT All Clubs:</b> For times swum at this meet to be recognised as 'official', clubs must provide their share of <b>qualified</b> officials.</p> <ul style="list-style-type: none"> <li>• Two Inspector of Turns – at least one must be qualified</li> <li>• Visiting clubs six timekeepers – Host club three timekeepers</li> <li>• One person to assist at the desk – experience is not required</li> </ul>
<b>Duty club</b>	Refreshment people										
Marshall	Assistant Marshall										
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*The Organisers will not be liable for any loss, damage or injury suffered during this meet.*

For the Gold Coast, Technical director Hugh Allan 027 4423 357 and Meet organiser Viv Morton ph 234 7071

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