



# Man O' War Meet

**Long Course Tier 2**  
Wellington Regional Aquatic  
Centre @ Kilbirnie

**Warm-up - 4.00-4.20pm -**  
**Start - 4.25pm**

Event #	Event
1	4 x 100m club medley relay
2	50 Fly
3	100 Back
4	200 IM
5	100 Free
6	50 Breast
7	200 Fly
8	100 Breast
9	50 Free

Entries close  
Sunday 14  
March @  
midnight

Enter up to 4  
events plus relay

No times are  
permitted

A Tier 2 Meet for  
everyone from  
new swimmers  
to those  
preparing for  
and hunting  
NAG's and Div2  
qualifying times

Please direct enquires to Catherine Bell, Pirates Race Secretary  
Email. [race@pirates.org.nz](mailto:race@pirates.org.nz)

## Meet Conditions

- This meet will be swum under SNZ / FINA rules except where local rules and conditions apply.
- The meet is **long course** and will be run as **mixed timed finals**, with **over the top starts**.
- This meet is **open to** SNZ registered club and competitive swimmers.
- All times must be held on the SNZ database. Converted times are permissible.
- Entries are via the SNZ Database and **close at 23:59.59 (midnight) on Sunday 14 March 2021**.
- No Times are permitted. A maximum of **4** events per swimmer. Age is at 20 March 2021.
- Entry fee is **\$10.00 per event**. Payment must be made at the time of entry via Swimming NZ online (requires credit/debit card). Pirates Swim Team is not GST Registered.
- There will be no refunds for withdrawals after the entries close.
- The organisers reserve the right to amend the programme if necessary, and to restrict entries.
- All scratchings will close by midday on Friday 19 March.
- Classified para swimmers (including provisional classification) are eligible to compete at this meet. Para swimmers are requested to report to the Meet Referee prior to the warm-up.
- Strapping of muscles/joints is not permitted unless supported by a doctor or physio certificate and sighted by the meet referee prior to the start of the meet.
- All participants agree to comply with the Sports Anti-Doping Rules.
- By entering this meet swimmers agree to allow images (e.g. photography, video, etc.) to be taken by accredited media approved by Pirates Swim Club and/or Swimming Wellington. Images are only to be used for legitimate purposes by Pirates Swim Club or Swim Wellington in accordance with the SNZ Member Protection Policy.
- Protests shall be lodged as per SNZ Policy 008 accompanied with \$100.00 cash.

## Club / Swimmer Information

- Programmes will be emailed to clubs in advance and available on our website [www.pirates.org.nz](http://www.pirates.org.nz), so please print your own and bring it with you. The meet will be published to Meet Mobile.
- Clubs are requested to nominate a minimum of **two qualified IOTs**. Please send names to [officials@pirates.org.nz](mailto:officials@pirates.org.nz) by Wednesday 14 March.
- Entry to the pool is via the main entrance. Swimming Wellington pool entry passes are to be used by officials, swimmers, coaches and team managers. \$2 door entry fee to be paid by all spectators.
- Self-Marshalling will apply.
- Starts will be from the deep end (5m). Pool depth at the turn end is 1.2m.
- Organisers will not be liable for any loss or damage during the period of the meet.

## Warm up procedure

- General swimming unless specified. Entry to the pool is FEET FIRST via the deep end. Coaches to monitor warm-up
  - Lanes 0/1 & 8/9: to become dive lanes for the last 10 minutes of warm-up
  - Lane 2: Designated pace lane
  - Lane 9: Designated to para swimmers for the first 20 minutes of warm-up if required.