



Racing Restart

Relays 2020



Date: Saturday 4th July 2020
Warm-up: 3.00pm – 3.25pm
Racing Starts: 3.30pm

Pool Setup: Short Course
Open to: All club affiliated swimmers
Venue: WRAC – Deep end



EV#	AGE	DESCRIPTION	DIST	COMPOSITION	TROPHY
1	Super 5 Relay	Freestyle Relay	5x100m	1 swimmer from each age group, boy or girl	Walker & Hall Trophy
2	9yrs & Under	Medley Relay	4x50m	Boys	Medals
3	9yrs & Under	Medley Relay	4x50m	Girls	Medals
4	11yrs & Under	Medley Relay	4x50m	Boys	Medals
5	11yrs & Under	Medley Relay	4x50m	Girls	Medals
6	13yrs & Under	Medley Relay	4x50m	Boys	Medals
7	13yrs & Under	Medley Relay	4x50m	Girls	Medals
8	15yrs & Under	Medley Relay	4x50m	Boys	Medals
9	15yrs & Under	Medley Relay	4x50m	Girls	Medals
10	Open Men	Medley Relay	4x50m	Boys	Kapiti Cup
11	Open Women	Medley Relay	4x50m	Girls	BGI Trophy
12	9yrs & Under	Freestyle Relay	4x50m	Boys	Medals
13	9yrs & Under	Freestyle Relay	4x50m	Girls	Medals
14	11yrs & Under	Freestyle Relay	4x50m	Boys	Medals
15	11yrs & Under	Freestyle Relay	4x50m	Girls	Medals
16	13yrs & Under	Freestyle Relay	4x50m	Boys	Medals
17	13yrs & Under	Freestyle Relay	4x50m	Girls	Medals
18	15yrs & Under	Freestyle Relay	4x50m	Boys	Medals
19	15yrs & Under	Freestyle Relay	4x50m	Girls	Medals
20	Open Men	Freestyle Relay	4x50m	Boys	Centre Silver Tray
21	Open Women	Freestyle Relay	4x50m	Girls	Centre Silver Tray
22	Golden Oldies	Freestyle Relay	4x50m	2 Men & 2 Women	Golden Oldies Trophy
23	Flying Squadron	Freestyle Relay	10x50m	1 boy & 1 girl from each age group	Karori Shield



CONDITIONS OF ENTRY

1. Meet will be swum under SNZ /FINA rules and local rules.
2. The Championships are open to Competitive, Club and Recreational swimmers.
3. Age as at 4 July 2020, all events can accept multiple teams per Club.
4. Swimming up an age is permitted in all events EXCEPT 1 & 23, which must have actual age group swimmers. Swim ups in Event 23 (Flying Squadron) are only permitted where a certain age group cannot provide a swimmer, evidence is to be provided by email to events@swimwn.co.nz at time of entry.
5. Open event swimmers are not permitted to swim in age group categories
6. Super 5 & Flying Squadron age groups are 9/under, 10/11, 12/13, 14/15, 16/over
7. Flying Squadron (Event 23) swimming order must be youngest first to oldest last, genders to alternate with females starting followed by males. Entries to be submitted to events@swimwn.co.nz.
8. The meet will be marshalled.
9. The age for the Golden Oldies is not less than 30 years. No other restrictions apply
10. All relay events must have submitted names and times when entries are made. Any changes to relays must be submitted by 12pm (midday) on Saturday 4th July 2020, to events@swimwn.co.nz. Failure to swim in the named order will result in disqualification of the team.
11. All entries are to be submitted online via the SNZ online portal by the Club Administrator/Race Secretary
12. Entries open on Wednesday 10th June and close on Friday 26 June at 12:00:00 – late entries will not be accepted
13. Swim up swimmers will need to be advised via email to events@swimwn.co.nz as they cannot be inserted online
14. Clubs will be invoiced for the entry fees of \$25 per 'A' team by C.O.B, Friday 26th June, and must be paid by C.O.B. Tuesday 30th June. Direct bank deposit or Electronic payments can be made to; WPT 03-0502-0166158-00. The conditions of this meet are that all entry fees are to be paid in advance
15. There will be no refunds for swimmers who withdraw after the circulation of initial psych sheets on Wednesday 1st July,
16. All swimmers must be financial members by 12 (midday) on July 3rd, any team with an unfinancial member will be refunded and withdrawn from the meet.
17. Medals for places 1-3 inclusive will be available at the medals desk, event Trophies will be awarded at the end of the of the relevant event. Current trophy holders are to ensure that the trophies are cleaned, engraved and returned to SW offices by Monday 29th June, at Pelorus House, 93 Hutt Park Road, Seaview.
18. All participants must agree to comply with the Sports Anti-Doping Rules
19. Classified para swimmers (including provisional classification) are eligible to compete at this meet. Para swimmers are requested to report to the Technical Director prior to the warm-up.
20. By entering this event swimmers agree to allow images (e.g. photography, video, etc.) to be taken by accredited media approved by Swimming Wellington. Images are only to be used for legitimate purposes by Swim Wellington in accordance with the SNZ Member Protection Policy
21. Strapping of muscles/joints is not permitted unless supported by a doctor or physio certificate and sighted by the Technical Director prior to the start of the meet.
22. Swimming Wellington reserves the right to restrict entries, combine events or alter the programme
23. Swimming Wellington will not be liable for any loss, damage or injury that may occur at this meet

CLUB / SPECTATOR INFORMATION

1. There will be allocated spectator seating for this meet.
2. Duty Club to provide the following
 - a. Door (2, arrive at 2.30pm) – SZR
 - b. Refreshments (2, arrive at 2.30pm) – RAUMATI
 - c. Results (1, arrive at 2.45pm) – TAWA
 - d. Medals (1, arrive at 3.00pm) – PCA
3. There will be a Team Manager's meeting at 2.45pm.
4. Officials and Coach/Managers at a ratio of 1 per 4 Club Teams will be free on sign in at the door. Programmes for Team Managers & Coaches can be uplifted from the Officials table.
5. Spectator's entry fee will be \$3.
6. Programmes will be made available online on the Swimming Wellington website on Friday 3rd July, at midday. There will be no programmes printed for spectators.
7. Participating clubs will be required to provide officials for this meet. A request for officials will be sent by the SW Regional Technical Officials Panel (RTOP). Officials to bring own water bottle.

WARM UP PROCEDURE

Warm-up duration: 25 minutes

All Lanes: General Swimming with feet first entry, unless specified.

Lanes 0/1 & 8/9: To become dive lanes at 3.15pm.

Access all the Swimming Wellington Tier One Meet information on Meet Mobile

CHANGING THE WAY SWIM MEETS ARE EXPERIENCED:



Swimmers can check heat sheets and event timelines from anywhere to make sure they're at the starting block on time.

Fans can flag and track their favourite swimmers in real time, without needing to be at the meet.

Coaches can flag their swimmers and/or teams as favourites and then easily drill down into heat and lane assignments.

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