



# PCA News

## November 2013

### More Sports Awards for Club Swimmers:

#### **Congratulations to Ben Walsh:**

- 2013 Tawa College Sportsman of the Year. This award covered all the sports that Tawa College students participate in.
- 2013 Dominion Post College Male Swimmer of the year for 2013. Ben was also a finalist for the overall College Sportsman of the Year Award.

#### **Congratulations to Emelie Clark:**

- 2013 Tawa College Cross Country and Multisport award.
- Dominion Post College Finalist for Multisport Category

Please e-mail [info@swimporirua.co.nz](mailto:info@swimporirua.co.nz) if you know of any club members that receive sport or other awards for acknowledgement in the newsletter.

### Family Fun Night – Friday 16 December:

Traditionally this has been an evening of fun races for the whole family.

The programme includes

- piggy back races
- monster whirlpool
- family relays (teams of three from one family)
- friends relays
- novelty events
- width kicking races for younger family members.
- an adults 50m sprint for those who wish to re-live their swimming days.

It is hoped that most parents will take part. Apart from the 50m sprint, all other events are for non-swimmers. If you can walk in the pool carrying a child on your back – then we need you !!!!

All families are asked to bring a plate of finger food. Sausages for the BBQ and orange drink will be supplied.

### Final Club Night of the Year:

For those who swim on Monday and Friday nights and Sunday mornings with Eileen, Viv and/or Peter, the final club night for 2013 will be the Family Fun Night on 165 December.

Squad swimmers will be advised of their holiday sessions when pool bookings can be confirmed with the council mid December.

Normal club nights resume on Friday 31 January 2014.

### Gold Coast Chocolate Carnival – 1 December:

This carnival (swim meet) is at Cannons Creek Pool commencing with warm up at 5:00pm with events starting at 5:30pm.

As this carnival is at Cannons Creek it is an ideal meet for our newer members to enter and 'have-a-go' at racing.

Swimmers may enter two events and usually new swimmers will enter 50m (2 lengths) freestyle and 50m backstroke.

Swimmers considering entering breaststroke should speak to their coach first to ensure their stroke is technically correct. Swimmers will be disqualified for an incorrect stroke.

To enter, check out the notice board, and be aware that the closing date for entries is 22 November 2013.

### Pool Door Entry Fees:

All squad swimmers are reminded that they must pay the council door entry charges when they train at either Cannons Creek or the Arena pools.

Concession cards are available from the pool staff.

When the club has exclusive use of the Cannons Creek pool, door charges do not apply. That is on Monday and Friday nights from 6pm and the club's Sunday morning sessions.

Only swimmers who have paid the council door entry charges should be swimming before 6pm on Monday and Friday nights.

While there may be space available, the big question is who is responsible for these swimmers should there be an accident or mis-adventure?

### New Race Secretary:

As Tony Lloyd was unable to take up the duties of Race Secretary after the AGM in May 2013, Andy Wilkinson has carried on that role until recently.

Keri Martin has volunteered her services to be Race Secretary and Andy handed over the responsibilities and laptop in October.

Updated contact details for Keri are at the end of this newsletter and on the contacts page of our website.

Keep an eye out for new initiatives to grow the club membership that Andy will be working on now that he has some "free time".

The e-mail of [race@swimporirua.co.nz](mailto:race@swimporirua.co.nz) stays the same.

## Meet Reports:

### Club League 2:

Over 110 swimmers took part in PCA's October club league meet.

Thanks to the team leaders who had quite a task looking after their teams and ensuring their lanes were full.

Thanks, also to the officials, administrators and judges. Given the lengthy discussions about the placings, clearly some races were very close and difficult to judge.

Team four is now leading the competition with 417 points, team 5 has 395pts, team 6, 385pts, team 3 354pts, team 1 348pts and team 2 316pts.

Again some teams were let down with swimmers not turning up, or leaving early when there were still races for them to swim.

Swimmers who can't make the third meet, on November 18 should contact Viv to withdraw – either email [president@swimporirua.co.nz](mailto:president@swimporirua.co.nz) or ring 234-7071.

### SwimZone Signature Meet - 19 October

28 swimmers entered the Swimzone long course signature meet on Saturday 19th October.

In total there were 87 events entered with a total of 29 personal best times.

This was the first meet of the long course calendar so swimmers had a bit of adjusting to do after having swum mainly short course over the winter months.

Everyone gave 100% effort and a special well done to those swimmers for who it was their first competitive swim at Kilbirnie and/or in a 50m pool.

Andrew Wills – Team Manager

### PCA Hardcore Meet - 2 November :

This was a well-attended meet at Kilbirnie with almost 40 PCA swimmers ranging right through all ages.

Being one of the run up Long Course events towards the Summer Champs means that most swimmers are choosing events to get qualifying times and there were a few good results here.

There were some fun races to be had too with the 50m and 100m kick board races, one that saw Chloe chasing Ben Walsh. I am not sure who had the biggest smile!

A big thank you to all the parents and caregivers who volunteered for duties, and for the fabulous array of food that was donated.

All in all, a great meet for PCA and despite the late night there were monetary rewards to finish with.

Well done team PCA!

Coach Alex, Team Managers Anna and Clare.

### What Parents need to do for / at a swim meet:

#### Before a Meet:

- Do Enter your child and pay the entry fee to the club race secretary before the closing date. Make sure you have read any special conditions of entry for the meet.
- Do Check the entry when published on the website and let the race secretary know as soon as possible if any issues.
- Do Volunteer to officiate (timekeeping, IOT etc).
- Do Make a note of times for session/s, and ensure your child is present before warm-up.
- Do Make a note of who the Team Manager is and their contact details, and contact them if you are going to be late or not attending.
- Do Check that your child has a pair spare of togs and goggles, and also warm dry clothes and appropriate food to eat during the swim meet.

#### During the Meet:

- Do Have your child report to the Team Manager.
- Do Let your child know that the Team Manager is in charge of them for the duration of the swim meet (or until you take them home).
- Do Let your child know that they need to sit with the team for the duration of the swim meet and support team members.
- Do Advise the Team Manager of any issues they may need to be aware of regarding your child.
- Do Sit in the Public Seating Area if not officiating, and encourage / support all our swimmers loudly.
- Do Let the Team Manager manage the team.
- Do Address any concerns or issues to the Team Manager. The Team Manager will then sort out any issues with the Referee or Meet Director and advise you of the outcome.
- Do Pay the protest fee (currently \$50 for Regional Meets) to the Team Manager for passing on to the organisers, if you want to protest a Disqualification.

## Swim Camp January 2014 - Fundraising:

Parents are busy fundraising for the swim camp to be held in January 2014.

You may have noticed the sausage sizzles on the Monday and Friday Club evenings at Cannons Creek and also at various venues around Porirua during the day on the weekends.

There is also a swim-a-thon coming up on the weekend of 1 to 2 December and a Silent Auction (web based) in early December.

Keep an eye out for opportunities to catch a bargain and support the fundraising for the camp.

## Items for the Newsletter:

The monthly newsletter is generally published each month on the Friday after the monthly committee meeting which is held on the second Tuesday of each month.

If you have an item that you would like put in the newsletter then e-mail the item to [info@swimporirua.co.nz](mailto:info@swimporirua.co.nz) and it will be published if considered appropriate.

Any ideas for any subjects that you may want to be covered in the newsletter can also be sent to the same e-mail address for consideration by the committee.

## Website:

The PCA website contains the most up to date information relating to the club and its members.

Any items of interest occurring between publication of newsletters are posted on the website.

The Calendar is updated for each meet and should be the primary source for checking flyers, closing dates, entries and results.

Any suggestions for extra content should be sent to [info@swimporirua.co.nz](mailto:info@swimporirua.co.nz).

There is always a need for relevant and up to date photos of club members at swim meets and club activities to keep the website interesting, this can also provide a pictorial history of the club. If you have any pictures or videos that may be of interest to the general club membership then please contact [info@swimporirua.co.nz](mailto:info@swimporirua.co.nz) to arrange for the files to be put on a usb stick.

## Subscriptions:

The membership year begins on 1 July, and subs for the year are:

\$160 for club swimmers

\$110 for squad swimmers  
(those swimming with Nevill, or Alex in the Orcas, Swordfish I & II and Penguins).

Subs can be paid directly into the PCA bank account 030547-0205093-00 – please use the swimmers name as a reference, to the committee member on duty on a Monday or Friday night, or left in a named envelope in the black letterbox on our storeroom door.

Subs are due on 1 July and are to be paid by 31 July.

For new members joining during the year the sub is pro-rated based on the month of joining, and if the swimmer is a competitive swimmer. These rates are available from the Treasurer or the Committee Member on the desk on Monday and Friday club nights.

**Swimmers are required to be financial members to enter swim meets and attend training nights (club and squad).**

A swimmer is deemed to be a financial member if the full sub is paid by 31 July (or within 2 weeks of joining for new members) or an agreed payment plan is in place to pay the outstanding subscription.

Any family wishing to spread their payments should contact our treasurer on 021-184-6134 or e-mail [treasurer@swimporirua.co.nz](mailto:treasurer@swimporirua.co.nz) to make an arrangement.

## Duty Roster:

The club is also looking for volunteers to take (man) the desk on Monday and Friday nights at Cannons Creek. Times: 5:45pm – 7:30pm on a Monday and until 8:00pm on a Friday.

Those interested should contact Onolata Little on 235-5646 or e-mail [o.g.saunders@xtra.co.nz](mailto:o.g.saunders@xtra.co.nz).

## PCA Swimming Caps:

New members will be given a cap on receipt of their first subscription payment.

Caps are replaced free of charge if they split, on presentation of the damaged cap.

**Swimmers losing their club cap will need to buy a replacement at \$10 each.**

Caps can be obtained from the sign-in desk at Monday and Friday night club sessions (at Cannons Creek), the Team Manager at swim meets, or Onolata Little on 235-5646 or e-mail [o.g.saunders@xtra.co.nz](mailto:o.g.saunders@xtra.co.nz).

## Club Uniform:

We have a limited amount of stock of PCA uniform hoodies with zips, T shirts and shorts in various ages.

Please contact Libby Lucas on 021-057-5197 or e-mail [libbylucas34@gmail.com](mailto:libbylucas34@gmail.com), or any member of the PCA committee if you would like to purchase any PCA uniform items - see web site for details, order form and bank details.

## Club Togs:

Club togs are also available. They are produced by Spank and are black with PCA logo on them.

They come in the following sizes:

Style	Size	Price
Girls	6 – 14 years	\$46
Boys	6 – 14 years	\$50
Women	10 – 18	\$60
Men	14 – 18	\$60

Please contact Onolata Little for more information and/or to order togs on 235-5646 or e-mail [o.g.saunders@xtra.co.nz](mailto:o.g.saunders@xtra.co.nz).

## Bank Account Details:

Subs/Uniforms etc	03-0547-0205093-00
Meet Entry Fees	03-0547-0205093-01
Squad Fees	03-0547-0205093-02

If you are unsure which account you should be using, please contact our Treasurer Andrew Wills at [treasurer@swimporirua.co.nz](mailto:treasurer@swimporirua.co.nz)

## Upcoming Events:

**16 November** - Gold Coast Meet (LC) Naenae - Entries Closed 8 November

**18 November** - PCA In House League #2 - Entries Closed 2 September

**23 November** - Capital Signature Meet (WRAC) - Entries Closed 8 November

**1 December** - Gold Coast Chocolate Carnival (SC) Cannons Creek - Entries Close 22 November

**7 December** - Swimming Wellington Open (LC) WRAC - Entries Close 22 November

**17 to 20 January 2014** – Swimming Wellington Summer Champs (LC) WRAC – Entries Close 16 December 2013

## Report of Best Times:

If you require a list of your times, please email the Race Secretary at [race@swimporirua.co.nz](mailto:race@swimporirua.co.nz) and they will be sent back to you

## Club Contacts:

President (Viv Morton)	234-7071
Secretary (Mike Bouchier)	021-0257-8904
Treasurer (Andrew Wills)	021-184-6134
Race Secretary (Keri Martin)	021-150-0063
Club Captain (Libby Lucas)	021-057-5197
Junior Squad Liasion (Julia Kelly)	027-748-9479
Senior Squad Liasion (Hiria Pointon)	478-9265
Officials Contact (Terry Laws)	233-0360
Uniforms (Libby Lucas)	021-057-5197

## Some of the Organisations that have helped with provided auction goods or funding for the Swim Camp in January 2014:

