

### Awards and Achievements:

It is great to see PCA members featuring in what would seem to be Award and Achievement season!

#### Congratulations to:

**Bronagh Ryan** - winner of the Sportswoman of the Year category at the Porirua Sports Awards, held on 8 November at Te Rauparaha Arena. This 'flash' event was a celebration of Sport in the Porirua area that saw many past PCA members named as finalists in Aquatic Sports teams. In her speech Bronagh thanked her family, Nevill and PCA for their support during the year.



**Brooklyn Saunders** – Winner of the Young Sportswoman of the Year. Brooklyn retired from competitive swimming and PCA about two years ago to pursue Canoe Racing and this year represented NZ and Porirua at three international events. Brooklyn was also a member of the Mana Kayak U18 K4 crew who were finalists in the teams category.



**Ben Walsh** – this month Ben achieved his Bronze Coaching Accreditation. In achieving this, ever humble Ben thanked Nevill, the committee and the club for assisting him along the way. As we all know Ben is the one that has put in the work to earn this.



**Richard Peterson** – Richard was named Swim Wellington's Volunteer Coach of the Year at their Award Evening on 10 November. Richard, as most of you know coaches on Sunday mornings both the club sessions and then carries on to instruct at learn to Swim. An award truly deserved.



**Graham Seagull** – Graham received Honours for Service at the Swim Wellington Awards. Honours Awards are presented to those who continue to give outstanding service to their club, region and national swimming for at least 10 years after receiving a Service Award. In total this is 25 years volunteering! Thank you Graham.

Wellington Swimming also awarded Mark Berge and Henrietta Latham Life Membership. Both Mark and Henrietta have given outstanding Service to Swim Wellington over many, many years.

### Family Fun Night:

Monday 17 December 2018,  
6:00pm warm for a 6:30pm start.

Traditionally this has been an evening of fun races for the whole family.

The programme includes:

- piggy back races
- monster whirlpool
- family relays (teams of three from one family)
- friends relays
- novelty events
- width kicking races for younger family members.
- an adults 50m sprint for those who wish to re-live their swimming days.

It is hoped that most parents will take part.

Apart from the 50m sprint, all other events are for non-swimmers.

If you can walk in the pool carrying a child on your back – then we need you !!!!

All families are asked to bring a plate of finger food. Sausages for the BBQ and orange drink will be supplied.

This will be the final swimming night for 2018 for all those who train with Ben (Junior Squads), Eileen, Viv, Elouise and/or Richard.

Swimming resumes for Penguins, Seals, Eels, Tadpoles and Club swimmers the week beginning 28 January 2019.

Orcas, Sharks and Swordfish – dates over the holiday period will be advised.

### Have-a-Go Race Night - Friday 30 November:

Cannons Creek Pool.  
6:00pm warm up, 6:30pm start

Note; swimmers may compete in a maximum of four races only.

Race night is open to all our club members, especially those new to the club, Friday night, Monday night, Sunday morning and/or Tadpoles, Eels, Penguins, Seals, Swordfish swimmers. Entries will be taken on the night.

This meet is not about winning, but is about “Having a Go”, learning to race, learning race rules and establishing a club time.

Times recorded at this race night will not be official and therefore can't be used as qualifying times for other meet entries.

Eels and Penguins training will be cancelled on Friday 30th. Sharks training will be held as normal, although these swimmers are welcome to join race night after training if they wish.

Any queries, speak to your child's coach or email [president@swimporirua.co.nz](mailto:president@swimporirua.co.nz)

### Can you Help ??

Looking ahead to 2019 PCA's Novice Carnival will be held on 24 March at Cannons Creek

To ensure all swimmers have a positive experience, at what may be their first meet, they will receive a small Lucky Lane Prize – in the past these have included donated/sponsored books, drink bottles, toys, food items etc.

If you have contacts or can obtain suitable small gifts, PCA would certainly appreciate hearing from you.

Please contact Viv or email [president@swimporirua.co.nz](mailto:president@swimporirua.co.nz)

## Meet Reports:

### In-House League:

The final night in our League series proved to be as exciting as ever with the lead chopping and changing two or three times between teams one and two throughout the evening.

Congratulations to our eventual winners, Team 2 ably lead by Sophie Wilkinson. They finished on 626 points. The team Asher Thomas, Matilda Smith, Phoebe Gits, Logan Raimona-Pahetogia, Isaac London, Mikayla Sheffield-Cranstoun, Luke McKee, Jessica Rule, Henry Lock, Lachlan Baker, Campbell Gollan, Jordan Spark, Thomas Mahoney, Lucy Abbott, Cameron Judd, Jarrod McKee, Henry Wong, Mai Becher and Sophie Wilkinson.

Team one was second with 608 points – Caleb Sutherland, Charlotte Harrison, Logan, Liam Phelps, Zoe Baddington, Kelly Sutton, Katie Oliver, Tait Judd, Alex Stowell, Blake Hansen, Joe Reiher, Alex Campbell, Lailah Beckman, Cody Bennett, Addison Judd, Dillon Raimoan-Pahetogia, Charlie Samu, Luke Martin and Seth Wilson (leader)

Third was team 3, 539 points. Abigail Parker, Ronon Booth, Rougan Duncan, Travis Carnegie, Lewis Parker, Rodi, Darling, Alexia Booth, Libby Alexander, Jack Lock, Cameron Wilkinson, Liam Dunlop-Brown, Raymond Wong, Alyssa Dearmer, Joshua London, Jessica-May Smith, Mia Booth, Anna Wilkinson and Sophie Wills (leader)

Team 5 under Brodie Tierney and Georgia Wills were 4<sup>th</sup> 489 pts. Team 4, Lucy Petersen's team was 5<sup>th</sup> 480 pts, with Greer Pugh's team, team 6<sup>th</sup> was 6<sup>th</sup> with 394 points.

A big *Thank you* goes to the team leaders who did a great job organising their teams, and everyone who helped out on the night – the recorders, judges and officials.

While the results may indicate otherwise every effort was made to select even teams – even in ability, age groups and numbers. The number of heats swum was dictated by the numbers in each age group, with a small allowance made for sickness. Unfortunately teams 4, 5 and 6 were greatly affected by reduced numbers on the final night. Everyone would have noticed the empty lanes and this reflected in their results. I am not sure why this seemed to be a bigger problem than usual this year - this is a team event and everyone entering should think hard about the commitment before they put their name down.

Viv Morton

## Subscriptions:

The membership year begins on 1 July, and subs for the year are:

\$175 for club swimmers

\$120 for squad swimmers

(those swimming with Nevill in the Senior Squads, or Ben in the Orcas, Swordfish, Sharks, Penguins and Seals).

Subs can be paid directly into the PCA bank account 030547-0205093-00 – please use the swimmers name as a reference, or can be paid at the duty desk on a Monday or Friday night, or left in a named envelope in the black letterbox on our storeroom door.

Annual Subs are due on 1 July and should be paid as soon as possible.

For new members joining during the year the sub is pro-rated based on the month of joining, and if the swimmer is a squad or competitive swimmer. These rates are available from the Treasurer or the Committee Member on the desk on Monday and Friday club nights.

**Swimmers are required to be financial members to enter swim meets and attend training nights (club and squad) and to attend and vote at the AGM or other club meetings.**

Some leeway will be provided for the attendance at training as long as the annual sub is paid by 31 July, within four weeks of joining if a new member, or are on an agreed payment plan and no payments have been missed.

There is no leeway for entering swim meets or being able to vote at club meetings. You must be a paid up member to participate in swim meets and club meetings.

Any family wishing to spread their payments should contact our treasurer on 021-247-7730 or e-mail [treasurer@swimporirua.co.nz](mailto:treasurer@swimporirua.co.nz) to make an arrangement.

## Duty Roster:

The club is also looking for volunteers to staff the desk on Monday and Friday nights at Cannons Creek.

You will need to report at 5:45pm to set up for a 6:00pm session start and stay until the start of the final session (8:00pm on Monday, and 7:20pm on Friday).

Those interested should contact Matt Hall by e-mail at [matthewhall@xtra.co.nz](mailto:matthewhall@xtra.co.nz).



## BBQ Roster:

On Club Nights, and Sunday Mornings during Club and Lean to Swim Sessions at Cannons Creek Pool there is an opportunity for parents to raise money to help with their club expenses.

The money raised from each sausage sizzle (or whatever else you would like to cook on the BBQ) less any direct expenses is kept by the club and allocated to the family who did the BBQ.

The purchase of some items (sausages, bread etc) is required at the time.

The money raised can be used for entry fees, subs, squad fees, to purchase uniforms etc.

Anyone interested in cooking for a night should contact Viv Morton e-mail [president@swimporirua.co.nz](mailto:president@swimporirua.co.nz) or phone 234-7071 for further information.

## PCA Swimming Caps:

New members will be given a cap on receipt of their first subscription payment.

Caps are replaced free of charge if they split, on presentation of the damaged cap.

**The cost of caps are \$10 each if a swimmer requires another cap.**

**It would not normally be expected that any swimmer would need more than 1 or 2 caps each year.**

Caps can be obtained from the sign-in desk at Monday and Friday night club sessions (at Cannons Creek) or the Team Manager at swim meets.

## Club Uniform:

The club orders uniform items several times a year based on the demand. The items that are available for order (and order forms) are on the notice board at Cannons Creek Pool and on the Website.

Items ordered must be paid for before the items will be included in an order sent to our supplier.

The delivery of any order we place takes about eight weeks from the time of ordering.

We also have a limited amount in stock of PCA uniform hoodies with zips, T shirts and shorts in various ages.

Club togs are also available (supplied by a local firm so can be ordered and delivered anytime). They are produced by Spank and are black with PCA logo on them.

They come in the following sizes:

Style	Size	Price
Girls	6 – 14 years	\$46
Boys	6 – 14 years	\$50
Women	10 – 18	\$60
Men	14 – 18	\$60

Please contact Becky Campbell on 021-044-8794 or e-mail [uniforms@swimporirua.co.nz](mailto:uniforms@swimporirua.co.nz) if you would like to purchase any PCA uniform items - see the web site for details, order form and bank details.

## Bank Account Details:

Subs/Uniforms etc	03-0547-0205093-00
Squad Fees	03-0547-0205093-02

If you are unsure which account you should be using, please contact our Treasurer, Murray Pugh, at [treasurer@swimporirua.co.nz](mailto:treasurer@swimporirua.co.nz)

## Upcoming Events:

**30 November** – Have-a-Go Race Night (SC) – Cannons Creek – Entries on Night

**2 December** – Gold Coast Chocolate Carnival (SC) – Tawa – Entries Close 25 November

**8 December** – Capital T2 Meet (LC) WRAC – entries Close 2 December

**15 – 16 December** - Swim Wellington 12 and Under Champs (SC) – WRAC – Entries Close 9 December

## Report of Best Times:

If you require a list of your times, please email Keri Martin the Race Secretary at [race@swimporirua.co.nz](mailto:race@swimporirua.co.nz) and they will be sent back to you.

## Club Contacts:

President (Viv Morton) .....	234-7071
Vice-President (Brent Harris) .....	027-489-1120
Secretary (Janet Thomson) .....	027-442-0961
Treasurer (Murray Pugh) .....	021-247-7730
Race Secretary (Keri Martin) .....	021-150-0063
Squad Liaison	
Junior Squad (Natasha Abbott) .....	021-154-1378
Senior Squad (Andrew Wills) .....	021 238 8417
Officials Co-ordinator (Beckie Duffy) .....	027-282-6383
Uniforms (Becky Campbell) .....	021-044-8794
Newsletter .....	e-mail <a href="mailto:info@swimporirua.co.nz">info@swimporirua.co.nz</a>