

### Labour Weekend 24 – 26 October:

There will be no club or squad swimming on the Sunday or Monday of Labour Weekend.

### Learn to Swim Term 4:

Lessons will start on Sunday 1 November 2020 and finish on Sunday 13 December 2020.

Class times are 9:30am and 10:00am – please arrive 15 minutes earlier on the first day to complete the enrolment process.

The cost is \$45.00 for the course of 7 lessons.

Payment to be made on the first day – please bring the correct money – we don't have eftpos

Everyone is welcome.

Swimmers must be at least 5 years old and 1.1m tall

### Housekeeping:

It is very frustrating for our club and squad coaches when swimmers arrive late to their sessions.

Often swimmers can be seen coming in the door at the time they should be getting in the water, and then we have others who arrive with time to spare and then takes ages getting their caps and goggles organised to swim.

When coaches need to repeat the warmup instructions 2, 3 or 4 times understandably frustration creeps in.

It would be appreciated if swimmers arrived in plenty of time and were ready at end of the pool before their session is due to start.

### Porirua City Aquatics Hardcore Meet:

7 November 2020, Wellington Regional Aquatic Centre.

Entries close 1 November

Every Wellington Club is allocated one meet a year to host at the Wellington Regional Aquatic Centre at Kilbirnie and this is our chance to show others what a great meet PCA can run.

The meet is targeting all our club and squad swimmers members. Swimmer may enter a maximum of three events.

Swimmers must have a time to enter a 50m event, and can have one 'No time' entry for the other events.

As hosts PCA is expecting to have the biggest team at the meet.

This is a club fundraiser.

PCA will be covering all the duties and will need everyone's support to ensure this is a success. Families of those entering will be called upon to provide food for the officials refreshments, an email will go out later about this.

At the end of the meet there will be four lucky \$50.00 draws. Those eligible must enter and swim events and be present at the draw.

### General Meeting and Prize Giving:

This combined event will be held on Sunday 15 November 2020 in the Lecture Theatre (upstairs) at the Te Rauparaha Arena commencing at 3:00pm.

All club members, their families and supporters are welcome.

The purpose of the general meeting will be to adopt a new Constitution. Over the last few months members of our committee have been updating the Constitution to reflect the times we now live in. No changes have been made that alter the running or the culture of the club.

There were things in the old Constitution that needed changing like the need to pay all our accounts by cheque – something that is very much outdated! All members will receive notice of this meeting with a link to the proposed Constitution.

Following the meeting there will be a mini prize giving where the Cups and Trophies awarded for achievements outside of the club champs will be presented.

Trusting we will receive your support on November 15<sup>th</sup>.

### Swimming NZ Short Course:

Managing a team for a week at a National Meet requires a huge commitment, not only from those volunteering, who use their annual leave, but also from their extended family who ensure all their home responsibilities are taken care of.

This year we struggled to get a manager for our NZ Short Course team and it was only when Josie Raimona stepped up so that arrangements could be finalised.

Josie was joined by Rae Abbott two days into the meet, and Nevill as always showed his hand in the kitchen.

PCA is extremely grateful to Josie for rearranging her private life to take on this job. At one stage I did think we would be 'pulling' this team for the lack of a manager.

Josie you are a STAR – thank you very much.

Div II is in Dunedin 9 to 13 May 2021 and I know some swimmers are already planning on being there.

This is a plea to their parents to think about this managing team, so you can be involved in the planning.

Viv Morton – President

### In House League:

Our club has been running In-House League for over 30 years and all the ingredients that have contributed to its success were shown on Monday night – exciting swimming, close racing, lots of noise, all swimmers making a contribution to their team and a supportive atmosphere around the pool.

A big thank you goes to the team leaders who organised their teams and helped those who were a little uncertain.

The final points on the night reflects how close the competition is – team 3 is 1st 187 points, team 2 2nd 171 (although the lead did chop and change over the night) teams 5 and 6 are 3rd equal on 165, team 2 has 141 points and team 4 133.

Thank you to those who officiated, announced, judged and kept the results – your help is appreciated.

The next meet is November 16th.

Swimmers will remain in the same teams. Swimmers who don't turn up will be letting their team down – remember this is a team event and your team needs you to be there!

### Meet Reports:

#### Swimming NZ Short Course:

PCA had a great team this year for the NZ Short Course Champs in Hamilton, with a team of 8 swimmers, 2 managers (Rae & Josie) and Coach Nevill. It was 7-day trip with 5 days of competition. The team consisted of Lucy, Luke, Dillon, Ben, Joe, Bronagh, Cameron and David.

There was awesome racing with everyone putting in their best performances and how did we know, Nevill had a sneaky smile on his face. The atmosphere was chilled, but game faces were on. The morning events

were for the individual age group racing and then in the evening were the opening finals, which are the top 24 swimmers get to race in A, B and C finals.

We had awesome results with 13 medals, 19 PB and 3 swimmers in the top 24 open swimming finals. David had an impressive 9.70 PB in his 200 fly and Joe 8.26 PB 200m Breast.

We cheered for each other, as long as I didn't do my Tic Tock (got a flat out Noooo when I asked) I thought my tic tock would have been better than the cow bell. And for the first time in a long time PCA had two relay teams one in the men's 4x50m Medley relay and 4x50m Free, they total enjoy this event. But sad to say we didn't have enough women to have a lady's team but Bronagh and Lucy said they could have won it with just the two of them and I agree. It would be awesome if we can get a lady's team next year.

Memorable moments - it took 3 swimmers to figure out how to lock their room, David mastered locking the room but managed to lock Ben inside as well. Cameron and Joe strategizing a way to sneak Joe in to the event due to him leaving his tag at the Hotel, Luke and Ben trying to butter Nevill up, so they could go to Pro-golf and then David coming in and saying no one can butter Nevill up. Uno, we had Joe's rules, Bronagh's rules, so everyone had their own rules. Dillon managed to lock his key and then the managers key in their room and then after that it stopped working. Bronagh breaking the rules and being told by Nevill not too and then 10mins later guess who broke the rule by going in the wrong door? Nevill parking 100meters away from the door and everyone thinking it was a trick and waited in the Van for Nevill to take them to the door. So we had heaps of laughs, jokes and good memories.

Thank you to all that had help put this meet together (Viv, Janet, Tash, Becky, Murray, Tracy, Keri) your support and guidance made this trip easy and especially a big thank you to Nevill and Rae, who were the backbone of making this trip an enjoyable one.

Individual swimmer results are attached at the end of this newsletter.

Nga mihi  
Josie, Rae  
Team Managers

#### Gold Coast Woollahra Trophy:

Porirua City Aquatics team of 62 – and what a big team that was - swum awesomely well at the Gold Coast at Tawa on Sunday 19th October.

82% of the swims where swimmers already had a time were swum in a personal best time, and PCA swimmers established 54 new swims.

As with most meets some swimmers were disqualified. Disqualifications should be treated as a learning curve

and these swimmers should discuss their infringements with their coach.

The relays that were swim twice, once to establish a time, and then as a handicap final proved to be extremely exciting.

Congratulations to the PCA B team (Asher Thomas, Felix Thomas, Lauren Crawford and Freddy Mills) who won the 12 and under final.

The overall points were so close between the four clubs that doing well in the relays proved vital and was the difference between PCA winning the Woollahra Trophy or placing second.

In the end PCA came won with 101 points, Tawa was second 97 points, Otaki Titans 3rd 93 points and Raumati 4th 70 points.

A big thank you goes to all the officials, team managers and administrators who ensured the meet ran smoothly.

### Subscriptions:

The membership year begins on 1 July, and subs for the year are:

- \$195.00 for club members. That is, those who swim in the Eels and Tadpoles squads and those who swim at the club sessions on Friday and/or Monday nights and/or Sunday mornings.
- \$150.00 for squad members, being those in the Senior squad, Orcas, Sharks, Swordfish, Seals, Penguins and those who swim in PCA's Johnsonville squad.

Subs can be paid directly into the PCA bank account 030547-0205093-00 – please use the swimmers name as a reference, or can be paid at the duty desk on a Monday or Friday night, or left in a named envelope in the black letterbox on our storeroom door.

Annual Subs are due on 1 July and should be paid as soon as possible.

For new members joining during the year the sub is pro-rated based on the month of joining, and if the swimmer is a squad or competitive swimmer. These rates are available from the Treasurer or the Committee Member on the desk on Monday and Friday club nights.

**Swimmers are required to be financial members to enter swim meets and attend training nights (club and squad) and to attend and vote at the AGM or other club meetings.**

Some leeway will be provided for the attendance at training as long as the annual sub is paid by 31 July, within four weeks of joining if a new member, or are on an agreed payment plan and no payments have been missed.

There is no leeway for entering swim meets or being able to vote at club meetings. You must be a paid up member to participate in swim meets and club meetings.

Any family wishing to spread their payments should contact our treasurer on 021-247-7730 or e-mail [treasurer@swimporirua.co.nz](mailto:treasurer@swimporirua.co.nz) to make an arrangement.

### Duty Roster:

The club is also looking for volunteers to staff the desk on Monday and Friday nights at Cannons Creek.

You will need to report at 5:45pm to set up for a 6:00pm session start and stay until the start of the final session (8:00pm on Monday, and 7:20pm on Friday).

Those interested should contact Matthew Hall by e-mail at [matthewhall@xtra.co.nz](mailto:matthewhall@xtra.co.nz).

### BBQ Roster:

On Club Nights, and Sunday Mornings during Club and Lean to Swim Sessions at Cannons Creek Pool there is an opportunity for parents to raise money to help with their club expenses.

The money raised from each sausage sizzle (or whatever else you would like to cook on the BBQ) less any direct expenses is kept by the club and allocated to the family who did the BBQ.

The purchase of some items (sausages, bread etc) is required at the time.

The money raised can be used for entry fees, subs, squad fees, to purchase uniforms etc.

Anyone interested in cooking for a night should contact Viv Morton e-mail [president@swimporirua.co.nz](mailto:president@swimporirua.co.nz) or phone 234-7071 for further information.

### PCA Swimming Caps:

New members will be given a cap on receipt of their first subscription payment.

Caps are replaced free of charge if they split, on presentation of the damaged cap.

**The cost of caps are \$10 each if a swimmer requires another cap.**

**It would not normally be expected that any swimmer would need more than 1 or 2 caps each year.**

Caps can be obtained from the sign-in desk at Monday and Friday night club sessions (at Cannons Creek) or the Team Manager at swim meets.

## Club Uniform:

The club orders uniform items several times a year based on the demand. The items that are available for order (and order forms) are on the notice board at Cannons Creek Pool and on the Website.

Items ordered must be paid for before the items will be included in an order sent to our supplier.

The delivery of any order we place takes about eight weeks from the time of ordering.

We also have a limited amount in stock of PCA uniform hoodies with zips, T shirts and shorts in various ages.

Please contact Becky Campbell on 021-044-8794 or e-mail [uniforms@swimporirua.co.nz](mailto:uniforms@swimporirua.co.nz) if you would like to purchase any PCA uniform items - see the web site for details, order form and bank details.

## Bank Account Details:

Subs/Uniforms etc	03-0547-0205093-00
Squad Fees	03-0547-0205093-02

If you are unsure which account you should be using, please contact our Treasurer, Murray Pugh, at [treasurer@swimporirua.co.nz](mailto:treasurer@swimporirua.co.nz)

## Upcoming Events:

**31 October** – SwimZone T2 Meet (LC) – WRAC – Entries Close 24 October.

**7 November** – PCA Hardcore (LC) – WRAC – Entries Close 1 November.

**16 November** – PCA InHouse League (SC) – Cannons Creek

**20 November** – Swim Wellington T1 Meet (LC) – Entries Close 15 November

## Report of Best Times:

If you require a list of your times, please email Keri Martin the Race Secretary at [race@swimporirua.co.nz](mailto:race@swimporirua.co.nz) and they will be sent back to you.

## Club Contacts:

President (Viv Morton)	.....04-234-7071
Vice-President (Brent Harris)	.....027-489-1120
Secretary (Janet Thomson)	.....027-442-0961
Treasurer (Murray Pugh)	.....021-247-7730
Race Secretary (Keri Martin)	.....021-150-0063
Squad Liaison	
Junior Squad (Natasha Abbott)	.....021-154-1378
Senior Squad (Janet Thomson)	.....027-442-0961
Johnsonville Squad (Novia Guo)	.....021-869-669
Officials Co-ordinator (Elouise Thomas)	.022-140-5068
Uniforms (Becky Campbell)	.....021-044-8794
Newsletter	..... e-mail <a href="mailto:info@swimporirua.co.nz">info@swimporirua.co.nz</a>

## Swimming NZ Short Course Swimmer Results

Swimmer	Event	Gold	Silver	Bronze	Open Top 24	PB	Individ PI
Bronagh	50 Breast 100 Breast 200 Breast 200 IM	Gold Gold		Bronze  Bronze	3rd 1st 1st 3rd	 yes  yes	na na na na
Lucy	50 Free 100 Free 50 Fly 100 Fly 100 Im			Bronze	    6th CF	  yes yes	4th 3rd 4th 7th 4th
Cameron	50 Back 100 Back 50 Fly 100 Fly 100 Im	Gold	-	-	-	yes yes yes	DNS 1st 5th 8th 6th
David	50 Free 50 Fly 100 Fly 200 Fly	Gold Gold	silver -	-	-	yes yes yes yes	8th 2nd 1st 1st
Joe	50 Breast 100 Breast 200 Breast	Gold Gold Gold				yes yes yes	1st 1st 1st
Luke	50 Breast 100 Breast 200 Breast					yes	11th 10th 9th
Dillon	50 Back 100 Back 50 Fly 50 Free 100 Free	-	-	- Bronze	4th CF -	yes yes yes	5th 12th 3rd NZ 9th 11th
Ben	50 Breast 100 Breast	- -	- -	- -	- -	yes	5th 7th
Dillon, Ben, David, Luke	4x50m Medley						17 / 23
Luke, David, Cameron, Dillon	4x50m Free						22 / 25

\* CF – C Finals for the top 24 swimmers