

XLR8 Your Points 2017 - 10/06/2017 to 11/06/2017**Xcelerate Your Points 16****Session Report**

Session: 1 Heats and Timed Finals

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 15 Seconds / Back +30 Seconds

| Round | Event | Entries | Heats | Starts at | |
|---------|--|---------|-------|-----------|-------|
| Finals | 1 Mixed 400 IM | 33 | 5 | 09:00 AM | _____ |
| Prelims | 2 Mixed 50 Freestyle | 239 | 30 | 09:33 AM | _____ |
| Finals | 3 Mixed 200 Backstroke Enter 1 of 3,5 or 7 | 105 | 14 | 09:59 AM | _____ |
| Prelims | 4 Mixed 50 Breaststroke | 171 | 22 | 10:52 AM | _____ |
| Finals | 5 Mixed 200 Butterfly Enter 1 of 3,5 or 7 | 26 | 4 | 11:16 AM | _____ |
| Prelims | 6 Mixed 100 IM | 194 | 25 | 11:29 AM | _____ |
| Finals | 7 Mixed 200 Breaststroke Enter 1 of 3,5 or 7 | 87 | 11 | 12:13 PM | _____ |
| Prelims | 8 Mixed 100 Backstroke | 150 | 19 | 12:54 PM | _____ |
| | Swimmers Counts for Warm-ups: 332 | ===== | ===== | | |
| | Entry / Heat Totals: | 1,005 | 130 | | |
| | Finish Time | | | 01:36 PM | _____ |

Session: 2 Finals and Timed Finals

Day of Meet: 1 Starts at 03:45 PM Heat Interval: 35 Seconds / Back +30 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------|-----------------------------------|---------|-------|-----------|-------|
| Finals | 9 Mixed 800 Freestyle | 44 | 6 | 03:45 PM | _____ |
| Finals | 2 Mixed 50 Freestyle | 128 | 16 u | 05:01 PM | _____ |
| Finals | 4 Mixed 50 Breaststroke | 128 | 16 u | 05:18 PM | _____ |
| Finals | 10 Mixed 200 Freestyle | 176 | 22 | 05:39 PM | _____ |
| Finals | 6 Mixed 100 IM | 128 | 16 u | 06:52 PM | _____ |
| Finals | 8 Mixed 100 Backstroke | 128 | 16 u | 07:22 PM | _____ |
| | Swimmers Counts for Warm-ups: 297 | ===== | ===== | | |
| | Entry / Heat Totals: | 732 | 92 | | |
| | Finish Time | | | 08:01 PM | _____ |

Session: 3 Heats and Timed Finals

Day of Meet: 2 Starts at 08:15 AM Heat Interval: 15 Seconds / Back +30 Seconds

| Round | Event | Entries | Heats | Starts at | |
|---------|-----------------------------------|---------|-------|-----------|-------|
| Finals | 11 Mixed 400 Freestyle | 136 | 17 | 08:15 AM | _____ |
| Prelims | 12 Mixed 100 Butterfly | 64 | 8 | 09:56 AM | _____ |
| Prelims | 13 Mixed 50 Backstroke | 169 | 22 | 10:10 AM | _____ |
| Prelims | 14 Mixed 100 Breaststroke | 140 | 18 | 10:42 AM | _____ |
| Prelims | 15 Mixed 50 Butterfly | 162 | 21 | 11:18 AM | _____ |
| Prelims | 16 Mixed 100 Freestyle | 219 | 28 | 11:38 AM | _____ |
| | Swimmers Counts for Warm-ups: 332 | ===== | ===== | | |
| | Entry / Heat Totals: | 890 | 114 | | |
| | Finish Time | | | 12:21 PM | _____ |

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Session Report

Session: 4 Finals and Timed Finals

Day of Meet: 2 Starts at 12:30 PM Heat Interval: 35 Seconds / Back +30 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------------|-----------------------------------|----------------|--------------|------------------|-------|
| Finals | 12 Mixed 100 Butterfly | 64 | 16 u | 12:30 PM | _____ |
| Finals | 13 Mixed 50 Backstroke | 128 | 16 u | 01:01 PM | _____ |
| Finals | 17 Mixed 200 IM | 194 | 25 | 01:28 PM | _____ |
| Finals | 14 Mixed 100 Breaststroke | 128 | 16 u | 02:58 PM | _____ |
| Finals | 15 Mixed 50 Butterfly | 128 | 16 u | 03:34 PM | _____ |
| Finals | 16 Mixed 100 Freestyle | 128 | 16 u | 03:53 PM | _____ |
| Finals | 18 Mixed 1500 Freestyle | 15 | 2 | 04:20 PM | _____ |
| | Swimmers Counts for Warm-ups: 301 | ===== | ===== | | |
| | Entry / Heat Totals: | 785 | 107 | | |
| | Finish Time | | | 05:02 PM | _____ |