

Oceania Championships / SNZ Opens

Swimming as a member of the NZ team Bronagh turned in some excellent results at the Oceania Championships in Papua New Guinea in the last week of June.



In the individual events she won Gold Medals in the 50m and 100m breaststroke, was 4th in the 200m breaststroke and won the B-final of the 50m freestyle. Bronagh also won another three Relay Gold Medals in the Mixed 200m (4X50m) medley relay, Mixed 400m (4X100m) Medley relay and Womens 400m (4X100m) Medley relay. For each relay Bronagh swam the breaststroke leg of the race.



On her return to NZ she went straight into competing at the NZ Opens Championships, winning the Silver medal in the 100m breaststroke and Bronze in 50m breaststroke. She was also 5th in the final of the 200m breaststroke and 7th in the 200m medley.

PCA finished up 28th on the club points table – a great effort from our one swimmer!

Well done Bronagh.

Funding:

It may come as a surprise to many that swimmers selected on NZ teams to compete to top International Meets, other than the Commonwealth/Olympic Games does come at a personal cost.

Swimmers are required to pay their share of their expenses, plus the cost of their uniform and a share of the management's costs.

PCA were recently successful in obtaining a Grant from to the Trust House Foundation, and this along with a Swimming Wellington Subsidy covered 90% of Bronagh's Oceania costs.

A huge thank you goes to the Trust House Foundation and Swim Wellington for their support.

Have-a-Go Race Night - Friday August 24th:

Cannons Creek Pool.
6:00pm warm up, 6:30pm start

Race night is open to all our club members, especially those new to the club, Friday night, Monday night, Sunday morning and/or Tadpoles, Eels, Penguins, Seals, Swordfish swimmers.

Entries will be taken on the night. This meet is not about winning, but is about "Having a Go", learning to race, learning race rules and establishing a club time.

Times recorded at this race night will not be official and therefore can't be used as qualifying times for other meet entries. Eels and Penguins training will be cancelled on Friday 24th. Sharks training will be held as normal, although these swimmers are welcome to join race night after training if they wish.

Any queries, speak to your child's coach or email president@swimporirua.co.nz

Housekeeping:

Scratchings; Just a reminder if you enter a meet and need to scratch, please let the team manager or our Race Secretary know. In some cases, a medical certificate may lead to the meet organisers refunding the entry fees. Contact PCA's race secretary Keri on race@swimporirua.co.nz if you are in this situation.

For our own 100m handicap event a number of swimmers didn't turn up, leaving empty lanes, unnecessary heats being swum, and extra preparation work behind the scenes. With this type of format, adjusting heats and handicaps on the night is difficult. Thank you to those who did the right thing and advised of their scratching.

Cancellation of Club Race Night: Although the 100m handicap event was advertised on the noticeboard for weeks, had been in newsletters and swimmers were reminded by their coaches at training, it was disappointing to see a number of swimmers turn up expecting normal classes to be running. Every family should be receiving an email when a newsletter is published – if you aren't receiving these emails contact info@swimporirua.co.nz

Late Entries. If you have missed the close off date for entries to a meet, please don't ask Keri or ring the host club to get a late entry in. PCA doesn't accept late entries into our meets, so we don't expect other clubs to accept our swimmers.

Of interest (background to this tough stance), a club (not in the Wellington region) accepted late entries to a meet, and when it was found those swimmers were unfinancially risked the entire meet becoming un-official (times not being able to be registered). I am sure no one wants to be responsible for that scenario.

An opportunity for club swimmers to swim with Ben in the Tadpoles:

Vacancies exist in the club's Tadpoles group for term three 2018. The Tadpoles is a technique group coached by Ben Walsh, on Friday nights from 6.15 pm to 7 pm

Criteria – swimmers must be:

- at least 8yrs and up to and including 11yrs
- fully paid up members of the club.
- keen to race and enter meets involving other clubs.

General

- The cost of Tadpole's coaching is \$30.00 for the term.
- Swimmers continue to swim on Mondays and/or Sunday's with their normal club coach while in the Tadpoles.
- At the end of the term swimmers may choose to stay with the Tadpoles for another term, move into one of PCA's Junior squads (Swordfish, Seals or Penguins) or continue to swim in the volunteer coaches lanes.

Those interested in joining the Tadpoles or squad swimming in general, should contact Viv, either pool side, by phone 234-7071, or email president@swimporirua.co.nz

Meet Reports:

PCA 100m Handicap Meet 25 June:

Again this meet proved to be one of the most exciting meets on PCA calendar. The racing was close and the support, loud.

Congratulations to the finalists, especially the winner Tait Judd who finished less than one second ahead of Scarlett Hancock-Lamb, with Aiden Harrison third, Troy Griffiths was 4th, Lucy Abbott 5th and Lennon Griffiths 6th. Our apologies go to Scarlett who was presented with the 4th place, instead of second place on the night.



Entries were down on last year and it hard to understand why people chose not to enter such a fun event. The finalists each received a rosette (in club colours) and cake of chocolate.



From the 12 heats, those placing 1st, 2nd or 3rd went through to the semi-finals, and the winners of the six semi finals made up the final. Congratulations to all the semi-finalist many of whom missed making the final by splits of a second. Well done Xane Adip, Charlotte

Cripps, Asher Thomas, Lily Campbell, Alex Campbell, Rougan Duncan, Tommy Hanna, Hunter Gilligan, Lailah Beckman, Isaac Jones, Xiah Duncan, Madison Spark, Fergus Gollan, Liam Phelps, Luke McKee, Felix Thomas, Thomas Mahoney, Travis Carnegie, Phoebe Campbell, Ryan Pugh, Milla Sutherland, Zachary Gilligan, Ethan Jones, Andre Gaulofa, Lucy Campbell, Eli Jones, Axel McKenna, James van der Voort, Luke Martin and Troy Hunter-Day.

Those who didn't make the final were divided into six relays team, each with eight swimmers. The relays each swam twice, once to establish a team time and then as a handicap final. Team two put in an amazing swim to win the handicap final only to be disqualified for breaking their entry time by more than four seconds....actually they were only 4.09 seconds faster than their heat. Team four were the official winners, with team 5 second and team 3 third. – Well done to all the relay swimmers and especially the senior swimmers who organised the teams.

In the 100m freestyle event many swimmers make huge improvements on their entry times. As 'handicap' times are not official, these swimmers should be looking to swim 100m freestyle in the next carnival.

Thanks to the many people who helped out by officiating at this meet – it is appreciated.

Kiwi West Meet:

Five PCA members travelled to Palmerston North on 8 July for the Kiwi West Meet.

The members were:

Campbell Gollan, Fergus Gollan, Milla Sutherland, Felix Thomas, Asher Thomas

It was a lovely friendly meet and was well run and the kids swam well

Campbell Gollan 1st 11yr Boys
Felix Thomas 2nd 9yr Boys



Hamish Gollan (Team Manager)

Subscriptions:

The membership year begins on 1 July, and subs for the year are:

\$175 for club swimmers

\$120 for squad swimmers

(those swimming with Nevill in the Senior Squads, or Ben in the Orcas, Swordfish, Sharks, Penguins and Seals).

Subs can be paid directly into the PCA bank account 030547-0205093-00 – please use the swimmers name as a reference, or can be paid at the duty desk on a Monday or Friday night, or left in a named envelope in the black letterbox on our storeroom door.

Annual Subs are due on 1 July and should be paid as soon as possible.

For new members joining during the year the sub is pro-rated based on the month of joining, and if the swimmer is a squad or competitive swimmer. These rates are available from the Treasurer or the Committee Member on the desk on Monday and Friday club nights.

Swimmers are required to be financial members to enter swim meets and attend training nights (club and squad) and to attend and vote at the AGM or other club meetings.

Some leeway will be provided for the attendance at training as long as the annual sub is paid by 31 July, within four weeks of joining if a new member, or are on an agreed payment plan and no payments have been missed.

There is no leeway for entering swim meets or being able to vote at club meetings. You must be a paid up member to participate in swim meets and club meetings.

Any family wishing to spread their payments should contact our treasurer on 021-247-7730 or e-mail treasurer@swimporirua.co.nz to make an arrangement.

Duty Roster:

The club is also looking for volunteers to staff the desk on Monday and Friday nights at Cannons Creek.

You will need to report at 5:45pm to set up for a 6:00pm session start and stay until the start of the final session (8:00pm on Monday, and 7:20pm on Friday).

Those interested should contact Matt Hall by e-mail at matthewhall@xtra.co.nz.

BBQ Roster:

On Club Nights, and Sunday Mornings during Club and Lean to Swim Sessions at Cannons Creek Pool there is

an opportunity for parents to raise money to help with their club expenses.

The money raised from each sausage sizzle (or whatever else you would like to cook on the BBQ) less any direct expenses is kept by the club and allocated to the family who did the BBQ.

The purchase of some items (sausages, bread etc) is required at the time.

The money raised can be used for entry fees, subs, squad fees, to purchase uniforms etc.

Anyone interested in cooking for a night should contact Viv Morton e-mail president@swimporirua.co.nz or phone 234-7071 for further information.

PCA Swimming Caps:

New members will be given a cap on receipt of their first subscription payment.

Caps are replaced free of charge if they split, on presentation of the damaged cap.

The cost of caps are \$10 each if a swimmer requires another cap.

It would not normally be expected that any swimmer would need more than 1 or 2 caps each year.

Caps can be obtained from the sign-in desk at Monday and Friday night club sessions (at Cannons Creek) or the Team Manager at swim meets.

Club Uniform:

The club orders uniform items several times a year based on the demand. The items that are available for order (and order forms) are on the notice board at Cannons Creek Pool and on the Website.

Items ordered must be paid for before the items will be included in an order sent to our supplier.

The delivery of any order we place takes about eight weeks from the time of ordering.

We also have a limited amount in stock of PCA uniform hoodies with zips, T shirts and shorts in various ages.

Club togs are also available (supplied by a local firm so can be ordered and delivered anytime). They are produced by Spank and are black with PCA logo on them.

They come in the following sizes:

Style	Size	Price
Girls	6 – 14 years	\$46
Boys	6 – 14 years	\$50
Women	10 – 18	\$60
Men	14 – 18	\$60

Please contact Becky Campbell on 021-044-8794 or e-mail uniforms@swimporirua.co.nz if you would like to purchase any PCA uniform items - see the web site for details, order form and bank details.

Bank Account Details:

Subs/Uniforms etc	03-0547-0205093-00
Squad Fees	03-0547-0205093-02

If you are unsure which account you should be using, please contact our Treasurer, Murray Pugh, at treasurer@swimporirua.co.nz

Upcoming Events:

4 August – Raumatī T2 (SC) Coastlands – **Cancelled**

12 August – Gold Coast Matson Trophy (SC) Coastlands – Entries Close 3 August

18 August – Swim Wellington T1 (SC) Coastlands – Entries Close 12 August

24 August – PCA Race Night (SC) Cannons Creek – Entries on Night – Times Unofficial

Report of Best Times:

If you require a list of your times, please email Keri Martin the Race Secretary at race@swimporirua.co.nz and they will be sent back to you.

Club Contacts:

President (Viv Morton)	234-7071
Vice-President (Brent Harris)	027-489-1120
Secretary (Janet Thomson)	027-442-0961
Treasurer (Murray Pugh)	021-247-7730
Race Secretary (Keri Martin)	021-150-0063
Squad Liaison	
Junior Squad (Natasha Abbott)	021-154-1378
Senior Squad (Andrew Wills)	021-283-8417
Officials Co-ordinator (Beckie Duffy)	027-282-6383
Uniforms (Becky Campbell)	021-044-8794
Newsletter	e-mail info@swimporirua.co.nz