



SWIMMING WAIRARAPA

Short Course Championships 2011

GENESIS ENERGY RECREATION CENTRE
DIXON ST, MASTERTON

FRIDAY 4th February

SESSION 1

Warm Up 6.00pm - 6.25pm Start 6.30pm

1. Male 800m Freestyle 2. Female 800m Freestyle

SATURDAY 5th February

SESSION 2

Warm Up 8.00am - 8.35am Start 8.45am

3. Male 200m Medley 4. Female 200m Medley
5. Male 50m Backstroke 6. Female 50m Backstroke
7. Male 100m Freestyle 8. Female 100m Freestyle
9. Male 200m Butterfly 10. Female 200m Butterfly
11. Male 200m Relay Freestyle 12. Female 200m Relay Freestyle

SESSION 3

Warm Up 2.00pm - 2.35pm Start 2.45pm

13. Male 200m Backstroke 14. Female 200m Backstroke
15. Male 50m Butterfly 16. Female 50m Butterfly
17. Male 100m Breaststroke 18. Female 100m Breaststroke
19. Male 400m Freestyle 20. Female 400m Freestyle

SUNDAY 6th February

SESSION 4

Warm Up 8.00am - 8.35am Start 8.45am

21. Male 200m Freestyle 22. Female 200m Freestyle
23. Male 50m Breaststroke 24. Female 50m Breaststroke
25. Male 100m Backstroke 26. Female 100m Backstroke
27. Male 9yrs & Under 100m Medley 28. Female 9yrs & Under 100m Medley
29. Male 400m Medley 30. Female 400m Medley

SESSION 5

Warm Up 2.00pm - 2.35pm Start 2.45pm

31. Male 200m Breaststroke 32. Female 200m Breaststroke
33. Male 50m Freestyle 34. Female 50m Freestyle
35. Male 100m Butterfly 36. Female 100m Butterfly
37. Male 200m Relay Medley 38. Female 200m Relay Medley
39. Male Champion of Champions 50m Free 40. Female Champion of Champions 50m Free

WEDNESDAY 9th February

SESSION 6

Warm Up 5.30pm - 6.00pm Start

41. Male 1500m Freestyle 42. Female 1500m Freestyle

SWIMMING WAIRARAPA SHORT COURSE CHAMPIONSHIPS 2011

MEET CONDITIONS

- **ENTRY FEES:** \$6.50 per event, including relays must be received by 1st Feb 2011. Entry fees to be posted to: Swimming Wairarapa Treasurer, P O Box 938, Masterton, Wairarapa or banked to Wairarapa Swimming Assn., Westpac, Masterton account no. 03 0687 0335308 00
- **ENTRIES FOR ALL SESSIONS MUST BE RECEIVED NO LATER THAN: 5.00pm 25th JANUARY 2011 TO THE RACE SECRETARY, SWIMMING WAIRARAPA, rsecwairarapa@gmail.com PLEASE INCLUDE CONTACT NAME, EMAIL ADDRESS AND PHONE NUMBER WITH ENTRIES. NO LATE ENTRIES WILL BE ACCEPTED. Event file will be emailed mid December**
- The 800m & 1500m Freestyle may be swum in mixed age groups. Top 20 times. Qualifying times for *1500 – 25mins and 800 -20mins *(1500 held on Wednesday evening will be held in the back pool, with warm up in Trust House (Main) pool.
- Pool will be open from 8am for morning sessions and 2pm for afternoon sessions – spectators \$1.00
- No water is available for either warm up or warm down during the sessions
- Conducted under SNZ Rules where sufficient Officials are available
- All participants must agree to comply with the Sports Anti-Doping Rules
- SNZ Scratching Rule 3.1 and Rule 3.2 apply and will be enforced
- No refunds for withdrawals (including medical) after psych sheets published.
- Age is at the first day of championships – 4TH FEBRUARY 2011. Entries via Team Manager CL file accompanied by a Swimmers Entry Report. **SHORT COURSE TIMES ONLY.** No times will not be accepted. (Converted times acceptable), Times to be obtained between Feb 4th 2010 – Jan 25th 2011
- **Swim Wairarapa Duty Clubs** To be advised
- Events 39 & 40: Champion of Champions (7 fastest swimmers from events 33 & 34 compete) Trophy is awarded to first Wairarapa Swimmer. (If an outside of the region swimmers wins, they shall be awarded a medal for 1st place.)
- **All Events TIMED FINALS**
- A 10 minute break will be held half way through each session
- Results will be published in Age Group format: 9yrs & under, 10 & 11yrs, 12 & 13yrs, 14 & 15yrs, 16 and over. Medals will be presented to the 1st, 2nd and 3^d place getters in each age group. 4th – 7th placing's will receive a ribbon. A same gender representative may stand in to collect a medal if the recipient is unavailable. Medals may be collected prior to the presentation time if the swimmer is leaving the complex.
- Swimming Wairarapa reserves the right to alter the programme and to limit entries should the need arise.
- Time Trials (\$10.00 fee) may be accepted at the discretion of the Meet Director. Applications will be acknowledged before the beginning of each session.
- **Liability Disclaimer:** Swimming Wairarapa, its representatives, officials or its contractors will not accept any liability for any accident, loss, damage or injury to swimmers, spectators, officials or any other person or property caused by their negligence, breach of contract or in any other way whatsoever
- Pysch sheets & Results will be emailed to Club Race Secretary.

Enquiries: email: rsecwairarapa@gmail.com