

**PORIRUA CITY AQUATICS**  
**FAMILY FUN NIGHT**  
**Monday 12<sup>th</sup> December 2011,**  
**6pm warm-up for a 6.30pm start.**

Traditionally this has been an evening of fun races for the whole family.

The programme includes

- piggy back races
- monster whirlpool
- family relays (teams of three from one family)
- friends relays
- novelty events
- width kicking races for younger family members.
- an adults 50m sprint for those who wish to re-live their swimming days.

It is hoped that most parents will take part. Apart from the 50m sprint, all other events are for non-swimmers. If you can walk in the pool carrying a child on your back – then we need you !!!!

All families are asked to bring a plate of finger food. Sausages for the BBQ and orange drink will be supplied.

For those who swim on Monday and Friday nights and Sunday mornings with Eileen, Viv and/or Peter this will be our final club night for 2011.

Squad swimmers will be advised of their holiday sessions. Normal club nights resume on Monday 30<sup>th</sup> Jan. 2012.