

Welcome to this month's edition of the **Porirua City Aquatics** Newsletter. We hope you find our swimming news both an informative and enjoyable read.

**May 2010**



## **PORIRUA CITY AQUATICS CLUB CHAMPIONSHIPS**

**Friday 21st May & Monday 24<sup>th</sup> May 2010**  
**6pm warm up for a 6.30pm start**  
**Age as at 21st May 2010**

Over the years the club has had over fifty cups and trophies donated and these are swum for at our Annual Championships. The Cups and Trophies are in age groups 9yrs and under, 10/11yrs, 12/13yrs, 14/15yrs and Open, cover four strokes, as well as medley, with separate events for boys and girls.

As well as the Cups and Trophies events, 'Age Groups' races are held in individual age groups from 6yrs and under up to 17yrs and over, and the points earned in these races (1<sup>st</sup> 8, 2<sup>nd</sup> 5, 3<sup>rd</sup> 3, and one for all others participating) contributed to the Age Group medals.

Both the Age Group medals and Cups and Trophies will be presented at our Prize Giving. (Further details will follow, re the date, format etc.)

To give our swimmers a chance to record official times these Championships we intend to run these championships as an official meet.

As many of the age group events are the same as the Cups and Trophy events the programme has been streamlined so no one will swim the same distance/stroke twice, but the results from one swim may count for both the Cups and Trophies and the Age Group points. All events will be swum graded/scratch, that is, from slowest to fastest (like Gold Coast Meets) with boys and girls swimming separately.

Full details are on the noticeboard.

**Entries close on May 17<sup>th</sup> – late entries/entries on the night will not be accepted.**  
**Entries can only be accepted from those who are financial members.**

**See your child's coach if you have a query.**

**The club champs will replace our normal club night.**

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## **CUPS AND TROPHIES**

All Mana Swimco and Porirua Swimming Club's Cup and Trophies are to be returned cleaned and polished to Eileen Adams either at the Cannons Creek Pool or left at her work place, P&Z Decorating in Porirua.

We would like these back on or before the first night of the Club Champs. Please do not leave these at the Porirua Pool.

## NOTICE OF MEETING



Notice is hereby given that the 2010 Annual General Meeting of Porirua City Aquatics Incorporated will be held in the upstairs meeting room at Te Rauparaha Arena, Porirua on Thursday, May 27th, 2010 commencing at 7.00pm. (Wine and nibbles will be served from 6.30pm)

### AGENDA

1. Welcome
2. Apologies
3. Minutes of the 2009 Annual General Meeting
4. Minutes of the Special General Meeting held on 26<sup>th</sup> June 2009
5. Matters Arising
6. President's Report
7. Treasurer's and Auditors Report
8. Coaches report
9. Election of Officers – Patron, President, Vice-President, Club Captain, Vice-Club Captain, Secretary, Treasurer, Registrar, Race Secretary, Hon.Auditor.
10. Committee Members. (The committee shall comprise not less than 10 and no more than fifteen persons, including the officers and excluding the Patron and Auditor.)
11. Notices of motion, as notified to the Secretary not less than 21 days prior to the meeting.
12. General business.

***Note – Only those who have been financial members of Porirua City Aquatics for at least 30 days have voting rights at this meeting. A financial member is entitled to one vote. The voting rights of members under 18yrs may be exercised by that member or the member's parents or guardians. It is expected that the voting rights of members 13yrs and under will be exercised by the members parent or guardian.***

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**Nomination form.** I wish to nominate \_\_\_\_\_ for the position of

\_\_\_\_\_ or as a committee member on PCAs 2010/2011 committee.

I accept nomination \_\_\_\_\_ (to be signed by the person being nominated.)

Nominated by \_\_\_\_\_ Seconded \_\_\_\_\_

**Completed nominations forms are to be placed in the black letter box on the wall in the storeroom at Cannons Creek Pool, or given/posted to Viv Morton, 6 Exploration Way, Whitby, Porirua 5024. While nominations will be taken on the night it does speed up proceedings to have advance notice of nominations.**

## **JUNIOR SQUAD – PENGUINS**

This group is an entry level group coached by our professional coach – Alex Bennett. The group offers an alternative to those wishing to join the club who may find the timing of our Monday and Friday night sessions unsuitable.

Penguins session times are Monday 4.15-5.00pm, Thursday 4.45-5.30pm and Friday 4.15-5.00pm. Penguins are able to attend a *maximum of 2* of the three sessions available.

Swimmers who wish to move from the Monday and/or Friday classes and become a Penguin should speak to Viv – 234 7071.

Swimmers in this group must be Club Members and will be required to pay \$90.00 per term for coaching.

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## **LEARN TO SWIM**

As most of you are aware the club runs a very successful Learn to Swim programme during the school terms at the Cannons Creek Pool on Sunday morning. Each course of lessons runs for 6 or 7 sessions, with the half hour classes being held at 9.30am and 10am.

The instructors at these lessons are a mixture of our club volunteer coaches, various adults and ex-swimmers, all volunteers, who are passionate about teaching Learn to Swim and a number of our older swimmers.

Anyone, 15 years and over, who would like to join our group of helpers should speak to Eileen Adams. Initially new instructors will work alongside an experienced teacher until they are confident to work alone. The club encourages all our instructors to undertake a SNZ Assistant Swim Teacher course. These day long courses are held regularly, usually on a Sunday through the year. The minimum age for this course is 16 years.

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## **DUTY TABLE - HELP REQUIRED**

Currently our Committee, along with a few valued Club parents, are rostered on the Duty Table at the Cannons Creek Pool for our Monday and Friday Club swimming nights during term time. This involves marking off the roll as swimmers arrive, receipting any payments, handing out newsletters etc. We would appreciate further assistance with this.

For those who are at the pool on either Monday or Friday nights and would be happy to help could you please contact Onolata Little on 235 5646 or o\_g.saunders@xtra.co.nz. Depending on numbers, assistance may only be required once or twice each term.

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## HOUSEKEEPING

- **Note that for security reasons no cash is held at the pool.** We certainly welcome cash payments but would appreciate it if the correct amount could be arranged. We also welcome payments by direct credit. Bank account details are noted below.
- **There will be no club swimming at Queens Birthday weekend on either Sunday 6th or Monday 7<sup>th</sup> June.**
- Parents and swimmers are reminded that as the club does not hire the pool on Monday and Friday nights until 6.00pm club swimmers should not “have a swim” before 6.00pm, even if parents are present and supervising, unless they pay the public door entry charge to the pool staff.
- **Newsletter Distribution** – In an effort to ensure that all Club Members receive their Newsletters, and are up to date with upcoming events etc, we would like to email these to as many members as possible. If you would be happy to receive your Newsletter by email, please forward your details to [tossandfloss@xtra.co.nz](mailto:tossandfloss@xtra.co.nz). Each month a laminated copy of the Newsletter will be available for viewing on the noticeboard at both Cannons Creek Pool and TPAC.
- Swimmers are reminded that the **Race Secretaries Entries Box** at both the Cannons Creek and Porirua Pools is for **race entries and entry fees only**. Occasionally swimmers may be asked to leave permission slips etc in these boxes as well. Please ensure race entries and entry fees are placed in the correct box. If you are unsure please check with your coach or the Committee member on duty.
- **PCA Bank Account Details:**
  - Main Account – Subs/Uniforms etc – 03-0547 – 0205093-00
  - Race Secretary – Race Entry Fees – 03-0547 – 0205093-01
  - Squad Account – Squad Fees & Camp Pmts – 03-0547 – 0205093-02

If you are unsure which account you should be using, please contact our Treasurer Sandra Marks on 234 8949.

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## FOR SALE

The items listed below are currently available for sale:

1 x Biz Collection Black/White Polo Shirt - Child Size 10	\$25.00
1 x Qtee Quick Dry Black T Shirt with Grey Trim – Child Size 8	\$22.50
1 x Dri Gear Black/White T Shirt – Size 12-14 yrs	\$25.00
1 x Mens Calica Sport Quick Dry Black with Grey Trim T Shirt – Size S	\$22.50
1 x Dri Gear Black/White Polo Shirt – Child Size 8-10	\$25.00
1 x JB’s Black/White Warm Up Jacket – Child Size 12	\$45.00
1 x Podium Black/White Warm Up Jacket – Child Size 12	\$45.00
1 x Biz Collection Black/White Warm Up Jacket – Child Size 10	\$45.00
1 x Biz Collection Back/White Warm Up Jacket – Child Size 10	\$45.00

These will be in the storeroom at Cannons Creek Pool if you would like to have a look or try them on. Note that these items don’t have the club logo.

## **RESULTS**

### **PCA Division 3**

#### **24<sup>th</sup> April 2010 – Wellington Regional Aquatic Centre**

We had a great turnout with an early start. The individuals who competed were very keen and didn't hold back in the number of races entered! Swimmers were pushing for medals and personal bests as well as trying out distances they hadn't entered ever before!

The team comprised of Prajna Baskar, Katie Cameron, Charlie Cooling, Kaitlin Corlett, Alex Coupe, Bailey Coupe, Jordan Harris, Charlotte Hollywood, Kate Jenkins, Rose Jenkins, Abby Laws, Kate Laws, Emily Laws, Anais Lucas, Saasha Marsters, Brett McBride, Ryan McBride, Molly Newton Smith, Lucy Newton Smith, Jordana Pointon-Haimona, Brooklyn Saunders, Keely Saunders, DJ Stapleton, Nathan Tregear-Watts, Hayley Wilkins and Sophie Wilkinson.

There were **15** medals won in total and **65** PB's were achieved in total. It was great to see the fantastic club representation on the podium!

#### **Special Medal mentions go to:**

Emily Laws – 4 golds and 2 silvers  
Saasha Marsters – 3 silvers and 1 bronze  
Katie Cameron – 1 gold and 1 bronze  
Hayley Wilkins – 3 silvers

There were some other highly placed individuals who just missed out on medals but got finalist ribbons for their awesome achievements too! There was a great team atmosphere with many familiar faces supporting the meet from PCA families both around the poolside and in the presentation area. We even had dancing! Thanks to all.

Event Team Managers: Onolata Little, Clare Newton Smith  
Event Coach: Alex Bennett

### **“24” Meet**

#### **1<sup>st</sup> May 2010 – Wellington Regional Aquatic Centre**

Held at WRAC on 1<sup>st</sup> May, this was a new meet introduced by SW designed to be fast, fun and loud! Limited to 10 teams of 24 members only. Each team of 24 had to be made up of 4 males and 4 females from three age groups (11&under, 12/13 and 14&over).

Our team members were:

Females: Hayley Andrews, Dannielle Gualofa, Holly Jenkins, Kate Jenkins, Emily Laws, Paris Lee-Fairbrother, Brooke Marsters, Saasha Marsters, Lucy Newton-Smith, Nicole Tait, Mia Uluilata and Matisse Uluilata.

Males: Daniel Albert, Bailey Coupe, Jordan Harris, Grant Hawthorne, Liam Hawthorne, Alex Hooft, David Sheppard, Michael Sheppard, Oliver Smith, DJ Stapleton, Ben Turner and Dalton Wilkins.

The meet was loud and lots of fun. The team showed great club spirit. The 24 person flying squadron was an amazing race!

Thanks to Dee Andrews for team managing.

### **12 & Under Interclub League**

Interclub League has started. There are 8 teams in the league and after the first meet PCA Black is in 1<sup>st</sup> place and PCA Turquoise is in 5<sup>th</sup>...well done!

PCA Black members are: Terina-Teawai Andrews-Sio, Katie Cameron, Cheyne Copeland, Saasha Marsters, Lucy Newton-Smith, Jordana Pointon-Haimona, Brooklyn Saunders, Keely Saunders, Bailey Coupe, Jordan Harris, Liam Kenedy and Dalton Wilkins.

PCA Turquoise members are: Olivia Aunoa, Jessica Beddow, Laura Cameron, Kaitlin Cortlett, Alex Coupe, Grace Feite, Tasmin Kennedy, Murphy Lee-Fairbrother, Amelia Radley, Molly Newton-Smith, Sophie Wilkinson and David Sheppard.

Good luck with the next meet on 23<sup>rd</sup> May.

### **Novice Carnival**

#### **Sunday 16<sup>th</sup> May – Cannons Creek Pool**

Many thanks to the officials and all others who assisted to make this event a success. A full report will be provided in next month's newsletter.

## UPCOMING EVENTS

DATE	EVENT	VENUE	NOTES
Friday 21 <sup>st</sup> May	PCA Club Champs	Cannons Creek Pool	Flyer on noticeboard. <b>Closes Monday 17<sup>th</sup> May.</b>
Saturday 22 <sup>nd</sup> May	Karori Meet		Flyer on noticeboard. <i>Entries closed.</i>
Sunday 23 <sup>rd</sup> May	Interclub League (2 <sup>nd</sup> Meet)	Cannons Creek Pool	
Monday 24 <sup>th</sup> May	PCA Club Champs	Cannons Creek Pool	Flyer on noticeboard. <b>Closes Monday 17<sup>th</sup> May.</b>
Thursday 27 <sup>th</sup> May	PCA AGM	Meeting Room at Te Rauparaha Arena	6.30pm Wine & Cheese for 7.00pm Start
Sunday 13 <sup>th</sup> June	Interclub League (3 <sup>rd</sup> Meet)	Cannons Creek Pool	
Saturday 19 <sup>th</sup> June	Raumati Meet		Flyer to come. Watch the noticeboards.
Sunday 20 <sup>th</sup> June	Interclub League (4 <sup>th</sup> and Final Meet)	Cannons Creek Pool	
Saturday 26 <sup>th</sup> June	SW Relay Champs		Flyer to come.
Saturday 17 <sup>th</sup> July	SW Long Distance Meet		Flyer to come.

N.B. If you require a list of your times, please email Sarah Tait - [thetait@inspire.net.nz](mailto:thetait@inspire.net.nz) - and they will be sent back to you.

Porirua City Aquatics Inc. Club Contacts		Phone
President	Viv Morton	234 7071
Secretary	Vacant	
Treasurer	Sandra Marks	234 8949
Race Secretary	Sarah Tait	237 5588
Club Captain	Onolata Little	235 5646
Squad Liaison	Matt Trlin	233 0934
Officials Contact	Marion Bunckenburg	477 0277

### PCA WEBSITE

Check out our website – [swimporirua.co.nz](http://swimporirua.co.nz)