

Welcome to this month's edition of the **Porirua City Aquatics** Newsletter. We hope you find our swimming news both an informative and enjoyable read.

May 2011



NOVICE CARNIVAL – MAY 29TH CANNONS CREEK POOL 1pm.
A GREAT OPPORTUNITY FOR THOSE HAVE NOT COMPETED BEFORE
AND/OR ARE NEW TO THE CLUB TO COME ALONG AND
“HAVE A GO”

Porirua City Aquatics is hosting our Annual Novice carnival on Sunday 29th May 2011 at the Cannons Creek Pool. Warm up is at 1pm for a 1.30pm start.

Races at this meet are held in single age groups from 6 years and under up to 11 years and over, over 25m and 50m, in freestyle and backstroke only.

As this is a Novice Carnival there are restrictions on those who can enter. Swimmers under 8 years old as classed as a Novice, while those 8 years and over can only swim if they have not competed in more than three inter-club carnivals and/or have not qualified for the Wellington Championships. This meet is targeting swimmers new to competitive swimming. Every effort will be made by the officials to put swimmers at ease and to ensure they enjoy their first swim meet. The club will appoint a team manager to look after the Porirua City Aquatics team at the meet. The team should sit together with the team manager.

All those competing will receive a 'participant' ribbon. Those winning their heat will receive a 'heat winner' ribbon. Swimmers will swim the each event they enter once, and the times will then be collated to rank the swimmers – in swimming this is known as *timed finals*. Ribbons will be presented to those who place first, second or third overall in each event.

Full details and entry instructions are on the noticeboard. It would be great if our club had the biggest team at the meet. If you have a query about this meet, speak to your child's coach or ring Viv on 234 7071.

LEARN TO SWIM

Our next seven week Learn to Swim course will commence on May 8th and finish on June 26th. Classes are held at 9.30am and 10am. The cost is \$40.00. Swimmers should arrive at least 15minutes before their class and check in at the desk. Lessons will not be held at Queens Birthday weekend. Everyone is Welcome.

Following is a Notice about our AGM.
Please show your support to the club and the committee by attending this meeting.

NOTICE OF MEETING



Notice is hereby given that the 2011 Annual General Meeting of
Porirua City Aquatics Incorporated will be held in the upstairs meeting room at
Te Rauparaha Arena, Porirua
on Tuesday, May 24th, 2011 commencing at 7.00pm.
(Wine and nibbles will be served from 6.30pm)

AGENDA

1. **Welcome**
2. Apologies
3. Minutes of the 2010 Annual General Meeting
4. Matters Arising
5. President's Report
6. Treasurer's and Auditors Report
7. Coaches report
8. Election of Officers – Patron, President, Vice-President, Club Captain, Vice-Club Captain, Secretary, Treasurer, Registrar, Race Secretary, Hon.Auditor.
9. Committee Members. (The committee shall comprise not less than 10 and no more than fifteen persons, including the officers and excluding the Patron and Auditor.)
10. Notices of motion, as notified to the Secretary not less than 21 days prior to the meeting. Remit – to add another clause to rule 11
 "11 (e) No person employed by Porirua City Aquatics (Inc) may be elected to serve as an elected member of the PCA Committee."
 Both SNZ and SW have this same rule in their constitutions to avoid a conflict of interest situation arising.
11. General business.

Note – Only those who have been financial members of Porirua City Aquatics for at least 30 days have voting rights at this meeting. A financial member is entitled to one vote. The voting rights of members under 18yrs may be exercised by that member or the member's parents or guardians. It is expected that the voting rights of members 13yrs and under will be exercised by the members parent or guardian.

Nomination form. I wish to nominate _____ for the position of _____
_____ or as a committee member on PCAs 2010/2011 committee.

I accept nomination _____ (to be signed by the person being nominated.)

Nominated by _____ Seconded _____

Completed nominations forms are to be placed in the black letter box on the wall in the storeroom at Cannons Creek Pool, or given/posted to the Secretary, PCA, Carol Corlett, 44 Gray St., Pukerua Bay Porirua 5026. While nominations will be taken on the night it does speed up proceedings to have advance notice of nominations.

Situations Vacant

RACE SECRETARY

This year the club is looking for a new Race Secretary. Sarah Tait has held this position for a number of years and is stepping down. Sarah has done a wonderful job and I am sure you'll all appreciate this is a key position in a swimming club. The job comes with a lap top and printer and plenty of help is available while the new person comes to grip with the job. If you wish to know more about the job, give Sarah a ring on 2375588

TREASURER OR ASSISTANT TREASURER

Julie Saunders our current treasurer has moved into town, and while she is happy to continue in the role she is not at the pool every week. To assist Julie, the club is looking for someone to do the banking (at least weekly) and then advise Julie (probably by emailing her a spreadsheet) of the breakdown. Ideally this person would be a committee member, but this could be discussed.

However if there is someone within the club who would be keen to take over the whole job, and become the Treasurer then Julie will step aside. The club owns a lap top for the treasurers use and uses MYOB accounting package. Those interested in either of these position should give Viv a ring 234 7071

QUEENS BIRTHDAY WEEKEND

All swimming at Cannons Creek is cancelled on Sunday June 5th and Monday June 6th



Porirua City Aquatic wishes to Thank
The Lion Foundation
for their support and contribution towards the squad camp

CONGRATULATIONS

- Matisse and Mia Ululelata who were selected to swim in the Wellington Team to swim for the Fairbrother Cup. This is an annual triangular meet, held in Masterton between the Manawatu, Wairarapa and Wellington Regions. Wellington was successful on the day bringing home the Fairbrother Cup.
- Monica Siali has been selected to represent for Samoa at the Commonwealth Games Youth Championships in the Isle of Man in the United Kingdom from the 7th to 13th September. What an opportunity! PCA wishes Monica every success for the meet.
- Well done also to Hamish Trilin (RAGD) and Ben Walsh (TAG) on being selected to attend training camps under the Swimming NZ Age Group Programme. Another great opportunity for our swimmers, and reward for their success at National Age Groups.
- A bit away from swimming now – well done to Daniel Albert (one of our senior swimmers) who has achieved his basketball referee's ticket in the NBL. (National Basketball League) What a tremendous effort. Daniel will also be travelling overseas as part of his duties as a NBL referee.

SUBSCRIPTIONS for 2011/2012 year

PCA's membership year run from 1st July until 30th June. While our subs have not been set for the new year, members should be aware that the committee has decided that the full years subs is to be paid in July. The opportunity to pay some in July, with the balance in February will no longer be an option.

Results:

An explanation that may help those new to swimming to better understand the National competitive programme. February through to April is when SNZ hold their National Championships. To swim at any National meet swimmers must qualify by meeting times set by SNZ. Just to qualify is an achievement and deserves recognition. In February, Junior Nationals was held for those from 10 years and under up to 12yrs old. Results from this meet were covered last month. National Age Groups (NAGs) were held in Wellington in early March. This meet caters for New Zealand's top Age Group Swimmers (13yrs to 18yrs). Generally this is a huge meet with about 500 swimmers taking part in the 5 day competition. Old. Division II is next on SNZ's calendar. This meet covers those 13yrs and over who just missed qualifying for NAGs. This meet was to have been held in Christchurch and will now take part in July in Rotorua. Finally NZ Opens are held for NZ Elite swimmers – this year the meet doubled as the selection meet for the World Champs. As the National programme only covers those who qualify at a high level, many years ago our club recognised that there were many swimmers who just missed out on swimming at a National Meet, and have run Div III ever since. This year nearly 200 took part coming from around the lower North Island.

Div 3 - 19th March

PCA had a great turn out of 22 swimmers in total. There was a morning and an afternoon session, so it was a long day! It was a great day for swimmers to challenge themselves against the strongest swimmers in this division. There were many personal bests and 27 medals in total. Here is the medal tally:

	GOLD	SILVER	BRONZE
Jack Plummer	3	3	
Katie Cameron	2	1	1
Lucy Newton Smith	2	1	
DJ Stapleton	5	1	
Ryan McBride		1	1
Alex Coupe			1
Hannah-Leigh Holford		1	
Jordan Harris		1	
Brooklyn Saunders	1		
Letitia Saunders		1	1

It was great to see so many PCA swimmers on the podium! Many thanks also to all the parents and helpers that gave up their Saturday to help out with this competition. Many swimming families didn't have swimmers at this meet and it was great to see some of the older squad members supporting the younger ones and fulfilling some important roles.

Clare and Alex.

NZ Age Groups Champs, 1-5 March WRAC

Congratulations goes to all of our team that competed at this years NZ Age Group Champs: who were **Monica Saili(13)**, **Christopher Andrews-Kidd(13)**, **Hamish Trlin(13)**, **Ben Walsh(14)**, **Tamati OHagan (14)**, **Josh Trlin (16)** and **Bronagh Ryan(17)**.

The team represented PCA well gaining many outstanding results.

In total the team won **4 medals** (2 Silver and 2 Bronze), achieved 25 top 10 placings and achieved countless PBs and a number of club records.

Finals results were:

- **Ben Walsh (14): 1 Silver** (100 Breast)
Finalist (200 Breast 4th, 50 Breast 5th)
- **Tamati OHagan (14): 1 Silver** (50 Breast)
Finalist (50 Fly 6th, 100 Fly 7th)
- **Hamish Trlin (13): 2 Bronze** (100 Breast, 200 Breast)
Finalist (50 Back 4th, 50 Breast 4th, 100 Back 5th, 200IM 5th, 200 Back 6th, 50 Fly 7th, 50 Free 10th)
- **Monica Saili (13): Finalist** (100 Breast 9th, 50 Breast 10th).
- **Christopher Andrews (13): Finalist** (50 Breast 5th, 50 Fly 10th).
- **Bronagh Ryan (17): Finalist** (100 Breast 4th, 50 Breast 5th, 200 Breast 5th, 50 Back 7th, 200 IM 9th, 800 Free 9th)

Special thanks to the team managers Rachel Saili and Matt Trlin for staying with and managing the team in Wellington, and to all those who volunteered as officials to assist with running of the meet and undertaking club duties.

FRIDAYS NIGHTS BBQ

On Friday nights at the Cannons Creek Pool there is an opportunity for people to raise money to help with their families swimming expenses. The profits from the sausage sizzles are divided each term, between those who have manned the BBQ. For one nights work people can earn \$40.00 to \$50.00 profit that is held by the club and can be used for entry fees, subs, squads fees, to purchase uniforms etc. Anyone interested in cooking for a night should ring Onolata Little ph 235 5646.

DUTY ROSTER

The club is also looking for volunteers to take 'man' the desk on Monday and Friday nights at Cannons Creek. This includes taking the roll, receipting any money, answering questions, taking enquires etc....and if you haven't got all the answers Viv and Eileen are on pool deck for advice. You would be required to be at the pool by 5.45pm and would finish about 7.30pm on Monday's and 8pm on Friday's. Those interested should ring Onolata Little ph 235 5646.

HOUSEKEEPING

- Swimmers are reminded that the **Race Secretaries Entries Box** at both the Cannons Creek and Porirua Pools is for **race entries and entry fees only**. Occasionally swimmers may be asked to leave permission slips etc in these boxes as well. These boxes are can also now be used for uniform purchase forms. Please ensure race entries and entry fees are placed in the correct box. If you are unsure please check with your coach or the Committee member on duty.
- Newsletter – if you would like to receive the newsletter via email in future please send an email to Carol on secretary@swimporirua.co.nz.
- **PCA Bank Account Details:**
 - Main Account – Subs/Uniforms etc – 03-0547 – 0205093-00
 - Race Secretary – Race Entry Fees – 03-0547 – 0205093-01
 - Squad Account – Squad Fees & Camp Pmts– 03-0547 – 0205093-02

If you are unsure which account you should be using, please contact our Treasurer Julie Saunders on 235 5646.

Upcoming Meets

UPCOMING EVENTS			
DATE	EVENT	VENUE	NOTES
7 May	SWN 24 meet	WRAC	Closed and now cancelled
15 May	Gold Coast Meet Paekakariki Shield Meet combined with a Chocolate Carnival.	Tawa Pool	Flyer on noticeboard. Closes 13 May – This meet is open to all swimmers
20 May	PCA Club Champs Session 1	Cannons Creek	Flyer & entry list on noticeboards. Closes 16 May
21 May	Karori signature meet	WRAC	Flyer to come
23 May	PCA Club Champs Session 2	Cannons Creek	Flyer & entry list on noticeboards. Closes 16 May
29 May	PCA Novice meet	Cannons Creek	Flyer on noticeboard. The committee would appreciate a lot of help with running this meet from senior swimmers and families
4 June	Tawa Signature meet	WRAC	Flyer to come
18 June	Interclub League #2		Flyer to come – watch notice boards
24 June	Club Race night – open to all swimmers	Cannons Creek	6pm warm up 6.15 start – watch the notice board for details
9 July	Interclub League #3		Flyer to come – watch notice boards
13 August	Gold Coast – long course	Naenae Pool	Flyer to come
24 September	Interclub League #4		Flyer to come – watch notice boards
30 October	Gold Coast Ribbon Carnival	Cannons Creek Pool	Flyer to come
27 November	Gold Coast Chocolate Carnival	Raumati Pool	Flyer to come

N.B. If you require a list of your times, please email Sarah Tait - thetait@inspire.net.nz - and they will be sent back to you.

Porirua City Aquatics Inc. Club Contacts		Phone
President	Viv Morton	234 7071
Secretary	Carol Corlett	239 9766
Treasurer	Julie Saunders	235 5646
Race Secretary	Sarah Tait	237 5588
Club Captain	Onolata Little	235 5646
Squad Liaison	Matt Trlin	233 0934
Officials Contact	Terry Laws	233 0360

PCA WEBSITE

Check out our website – swimporirua.co.nz

PORIRUA CITY AQUATICS CLUB CHAMPIONSHIPS

Friday 20th May and Monday 23rd May 2011.

6pm warm up for a 6.30pm start.

Age as at 20th May 2011.

Over the years the club has had over fifty cups and trophies donated and these are swum for at our Annual Championships. The Cups and Trophies are in age groups 9yrs and under, 10/11yrs, 12/13yrs, 14/15yrs and Open, cover four strokes, as well as medley, with separate events for boys and girls.

As well as the Cups and Trophies events, 'Age Groups' races are held in individual age groups from 6yrs and under up to 17yrs and over, and the points earned in these races (1st 8, 2nd 5, 3rd 3, and one for all others participating) contributed to the Age Group medals.

Both the Age Group medals and Cups and Trophies will be presented at our Prize Giving. (Further details will follow, re the date, format etc.)

To give our swimmers a chance to record official times these Championships we intend to run these championships as an official meet.

As many of the age group events are the same as the Cups and Trophy events the programme has been streamlined so no one will swim the same distance/stroke twice, but the results from one swim may count for both the Cups and Trophies and the Age Group points. All events will be swum graded/scratch, that is, from slowest to fastest (like Gold Coast Meets) with boys and girls swimming separately.

The events are listed on the reverse of this sheet

Events 1 to 17 swum on Friday 20th, with events 18 to 31 being swum on Monday May 23rd. Swimmers will need to take care when doing their entries to be sure they enter all the races they wish to swim and are eligible for. Entries will close on Monday 16th May, late entries will not be accepted.

If you study the events list you will note the comments under each event.

Take event 20, for example – results from this race will contribute to the Age Group points for 6yrs and under, and for 7yr olds.

In event 14, the results contribute to the Age Group points for 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs and 17yrs and over as well as the Thompson Cup for 10/11yrs, the Willis St Driving School Cup for 12/13yrs, the Lydia Robati Cup for 14/15yrs and the Sutherland Cup for Open swimmers.

Sometimes a swimmer may need to swim a stroke twice over different distances if they wish to compete both for the Age Groups medals and the Cups in their Age Group – for example 10yrs girls can swim 50 butterfly in event 26 for their age group points and then swim 100 fly in event 28 to compete for the Painter Cup for 10/11yrs.

We would like everyone to 'Have a Go' at these Championships – there are many events on the programme, I am sure everyone will find something they are comfortable to swim.

Obviously we will need help to run these Championships – officials will be called for on the night. As this is an 'official' meet we must have three timekeepers on each lane, at least two IOT's at each end of the pool, as well as a qualified referee, stroke inspector, and starter.

If there are any queries see Viv Morton or Sarah Tait

FRIDAY 20th MAY – SESSION 1

- 1 Girls 11 & Over 200 Freestyle**
Brown Cup - Open
- 2 Men 11 & Over 200 Freestyle**
Byrne Cup - Open
- 3 Girls 10 & Under 50 Freestyle**
Adams Trophy 9yrs and under
Age Groups 8yrs, 9yrs, 10yrs.
- 4 Boys 10 & Under 50 Freestyle**
Ropata Trophy 9yrs and under
Age Groups 8yrs, 9yrs, 10yrs.
- 5 Mixed 16 & Over 50 Freestyle**
Aotea Painting and Decorating Cup
- 6 Girls 7 & Under 25 Freestyle**
Age Groups 6yrs and under, 7yrs
- 7 Boys 7 & Under 25 Freestyle**
Age Groups 6yrs and under, 7yrs.
- 8 Girls 10 & Over 100 Freestyle**
Age Gr. 11y,12y,13y,14y,15y,16y 17&O
Hunter Cup 10/11yrs,
Roberts Photography Cup 12/13yrs,
Church Cup 14/15yrs
- 9 Boys 10 & Over 100 Freestyle**
AGs 11y,12y,13y,14y,15y,16,17&O
10/11yrs Hunter Cup
12/13yrs Ascot Park Cup
14/15yrs Judd Cup
- 10 Girls 10 & Under 50 Backstroke**
9yrs and under Mills Cup
AGs 8yrs, 9yrs, 10yrs
- 11 Boys 10 & Under 50 Backstroke**
9yrs and under Morton Cup
AGs 8yrs, 9yrs, 10yrs.
- 12 Girls 7 & Under 25 Backstroke**
AGs 6yrs and under, 7yrs.
- 13 Boys 7 & Under 25 Backstroke**
AGs 6yrs and under, 7yrs.
- 14 Girls 10 & Over 100 Backstroke**
AGs 11y,12y,13y,14y,15y,16,17&O
10/11 Thompson Cup,12/13 Willis St
Driving Sch.Cup, 14/15 L.Robati Cup
Open Sutherland Cup
- 15 Boys 10 & Over 100 Backstroke**
AGs 11y,12y.13y.14y,15y,16y,17&O
10/11 Ryan Coom Trophy, 12/13 Willis
St Driving Sch.Cup, 14/15 Wall Cup
Open Skinner Cup
- 16 Girls 10 & Over 200 IM**
Four Mana Swimco Cups - one each
10/11y, 12/13y, 14/15y and Open
- 17 Boys 10 & Over 200 IM**
Four Mana Swimco Cups - one each for
10/11y, 12/13y, 14/15y and Open

MONDAY 23rd MAY – SESSION 2

- 18 Girls 10 & Under 50 Breaststroke**
9yrs and under Matthews Cup
AGs 9yrs, 10yrs.
- 19 Boys 10 & Under 50 Breaststroke**
9yrs and under Curd Cup
AGs 9yrs, 10yrs.
- 20 Girls 8 & Under 25 Breaststroke**
AGs 7yrs and under, 8yrs.
- 21 Boys 8 & Under 25 Breaststroke**
AGs 7yrs and under, 8yrs.
- 22 Girls 10 & Over 100 Breaststroke**
AGs 11y,12y.13y.14y,15y,16y,17&Over
10/11 P&Z Decorating Cup, 12/13 yrs
Reader/Gordon Cup, 14/15 Maraku Cup
Open Clare Cup
- 23 Boys 10 & Over 100 Breaststroke**
AGs 11y,12y,13y,14y,15y,16y,17&Over
10/11 Clinch Cup, 12/13 Post Cup,
14/15 Maraku Cup
Open McCarron Cup
- 24 Girls 9 & Under 25 Butterfly**
AGs 8yrs and under, 9yrs.
- 25 Boys 9 & Under 25 Butterfly**
AGs 8yrs and under, 9yrs.
- 26 Girls 13 & Under 50 Butterfly**
9yrs and under Camille Coom Trophy
AGs 10yrs,11yrs,12yrs,13yrs.
- 27 Boys 13 & Under 50 Butterfly**
9yrs and under Roberts Cup
AGs 10yrs, 11yrs, 12yrs, 13yrs.
- 28 Girls 10 & Over 100 Butterfly**
AGs 14y, 15y, 16y, 17y & over
10/11 Whitby Cup, 12/13 Willis St
Driving Sch Cup, 14/15 Fozard Cup
Open Janssen Trophy.
- 29 Boys 10 & Over 100 Butterfly**
AGs 14y, 15y, 16y, 17y & Over
10/11 Painter Cup, 12/13 Willis St
Driving Sch Cup, 14/15 Morton Cup
Open Berryman Cup
- 30 Girls 7 & Over 100 IM**
9yrs and under Mana Swimco Cup
AGs 9 years and under, 10yrs, 11yrs,
12y, 13y, 14y, 15y, 16y, 17& over
- 31 Boys 7 & Over 100 IM**
9yrs and under Mana Swimco Cup
AGs 9yrs and under, 10yrs, 11yrs
12y, 13y, 14y, 15y, 16y, 17 & Over