

## **Club Swimming as from Monday 13 September, under Delta level 2**

In working with PCC to do the best for our swimmers we now have new rules for Sunday, Monday and Friday club swimming. While there will be a building limit of 50 that must be adhered to, lanes will not be limited. Social distancing applies especially around the pool and in the changing rooms.

Swimmers must contact trace as they enter the pool and must be ticked off on the roll at the table.

To keep under 50 in the building there is to be no spectators.

Sessions times will be as follows;

NOTE, there will be 15 minutes between each session for the building to clear...so no long showers or chats in the changing rooms.

6pm as normal (you can arrive at the pool from 5.45pm – no earlier)

6.45pm swimmers will start at 7pm – arrive no earlier than 6.45pm

7.30pm swimmers will swim from 8 to 8.45pm – please arrive at the pool no earlier than 7.45pm.  
Spectators will probably be ok at this session.

On Friday night Seals will be swimming 5.45 to 6.30, and Tadpoles 6.30 to 7pm.

As per an earlier notice Sunday sessions will be 8am, 8.45am and 9.30am