

Novice Carnival – 22 March:

Porirua City Aquatics will host our Annual Novice Carnival on Sunday 22 March at the Cannons Creek Pool.

Warm up is at 1.30pm for a 2pm start.

This is a great opportunity for those who are new to the club and those who have not competed in may carnivals to come along and **Have-a-go** at this introduction to racing meet.

Races will be held in single age groups from 6 years and under, up to 11 years and over, over 25m and 50m, in freestyle and backstroke only.

This meet is an introduction to racing and is targeting newer club members and swimmers who have not raced in three or more zone or interclub events.

Swimmers who have qualified to swim at the Wellington Champs or have raced 100m in zone or interclub events may not enter.

Every effort will be made by the officials to put swimmers at ease and to ensure they enjoy their first swim meet.

The club will appoint a team manager to look after the Porirua City Aquatics team at the meet. The team should sit together with the team manager.

All those competing will receive a 'participant' ribbon.

Swimmers will swim each event/s they enter once, and the times will be collated to rank the swimmers – in swimming this is known as timed finals. Ribbons will be presented to those who place first, second or third overall in each event.

Full details and entry instructions are on the noticeboard.

It would be great if our club had the biggest team at the meet.

If you have a query about this meet, speak to your child's coach or ring Viv on 234 7071.

Gold Coast Meet – 1 March:

Those who enjoy Club Race Nights should enter the next Gold Coast Meet to be held at Coastlands Aquatic Centre (Paraparaumu) on Sunday 1 March.

Gold Coast Meets run along similar lines to Race night.

Swimmers without a time, race first in each event and those with times are graded slowest to fastest.

The emphasis is on Personal Achievement.

Those achieving a Personal Best (PB) will be rewarded with a ribbon and chocolate!

See the noticeboard to enter, entries close on Friday 20 February

The only charge is the door entry that is paid on the day.

PCA Club Championships:

Session 1 - Friday 27 March

Session 2 – Monday 30 March

6:00 pm warm up for a 6:30pm start for both sessions.

Age as at 27 March. Entries Close 20 March.

The club champs replace all club and squad session on these nights.

Over the years the club has had over fifty cups and trophies donated and these are swum for at our Annual Championships. The Cups and Trophies are in age groups 9yrs and under, 10/11yrs, 12/13yrs, 14/15yrs and Open, cover four strokes, as well as medley, with separate events for boys and girls.

As well as the Cups and Trophies events, 'Age Groups' races are held in individual age groups from 6yrs and under up to 17yrs and over, and the points earned in these races (1st 8, 2nd 5, 3rd 3, and one for all others participating) contributed to the Age Group medals.

Both the Age Group medals and Cups and Trophies will be presented at our Prize Giving. (Further details will follow, re the date, format etc.)

To give our swimmers a chance to record official times these Championships we intend to run these championships as an official meet.

As many of the age group events are the same as the Cups and Trophy events the programme has been streamlined so no one will swim the same distance/stroke twice, but the results from one swim may count for both the Cups and Trophies and the Age Group points. All events will be swum in mixed age groups, graded/scratch, that is, from slowest to fastest (like Gold Coast Meets) with boys and girls swimming separately.

We would like everyone to 'Have a Go' at these Championships – there are many events on the programme, I am sure everyone will find something they are comfortable to swim.

Full details are on the noticeboard.

Obviously we will need help to run these Championships – officials will be called for on the night. As this is an 'official' meet we must have three timekeepers (two of whom must be qualified) on each lane, at least three IOT's at each end of the pool, as well as a qualified referee, stroke inspector, and starter.

All parents and caregivers of those entering must be available to officiate as required.

If there are any queries see Viv Morton or Keri Martin.

SNZ Junior Championships:

PCA have 11 Swimmers who have achieved the qualifying times and have entered the Swimming New Zealand Junior Championships.

The Championship meet is being held at the Wellington Regional Aquatic Centre in Kilbirnie.

The swimmers who have qualified and entered are:

Daniel Baker
Ella Drummond
Max Drummond
Victoria Ferguson
Michaela Jones
Bronson Lloyd
Luke Martin
Gemma Orsman
Georgia Wills
Sophie Wills
Emilie Wilkinson

The Championship runs from Friday 20 February (Heats start at 4:00pm), with two session on Saturday 21 February (Sessions start at 8:00am and 4:00pm) with the final session on Sunday 22 February (Session starts at 8:00am).

Metro League:

The club has entered two teams into the Metro League for 2015.

The Metro League is an inter club competition for teams of swimmers 12 years and under.

Please note that the session times have been changed and are as follows:

Sunday 15 March (Huia Pool)
Session 1 – Warm-up 12:00pm
Session 2 – Warm-up 2:00pm

Sunday 17 May (Coastlands Aquatic Centre)
Session 1 – Warm-up 9:30am
Session 2 – Warm-up 11:15am

Sunday 31 May (Coastlands Aquatic Centre) – Final
One Session Only – Warm-up 10:30am

Teams have been selected and those swimming have been notified.

Thanks to Murray Pugh for taking the lead in arranging the teams for this competition.

Signature Meet Entry Criteria Changes:

Please note that there are some changes to the Signature Meet Entry Criteria so you will need to ensure that you read the flyer carefully.

The main change is that Signature Meets are now being split based on a swimmers 50m freestyle time.

Swimmers will only be able to enter the Signature Meet where their 50m freestyle time is over or under the specified time, which is currently 34 seconds.

The meet flyer will specify the conditions and we have added a note to our calendar page on the website which meets are +34 or -34.

Club Cups and Trophies:

Club Cups and Trophies awarded last year need to be returned by 15 March so that we can have them sorted and engraved in time for this years prizegiving.

Cups and Trophies should be returned to Eileen Adams at Cannons Creek Pool on Monday or Friday club nights.

Please ensure that the Cups and Trophies have been cleaned and are in a suitable condition to be presented to the next recipient.

Club Calendar (February to June):

Sunday 15 February – Learn to Swim Term 1 Started.

Sunday 15 March – Club Cups and Trophies to be Returned

Sunday 22 March – Novice Carnival

Friday 27 March – Club Champs – Session 1

Sunday 30 March – Club Champs Session 2

Sunday 29 March - Learn to Swim Term 1 Finishes

Friday 3 – Monday 6 April (Easter Weekend) – No Club or Squad Sessions

Tuesday 7 to Sunday 19 April – Holiday Programme for Club and Junior Squads

Monday 20 April – Normal Club Sessions Resume (School Term 2 Commences)

Monday 27 April (ANZAC Holiday) – No Club or Squad Sessions

Sunday 3 May – Learn to Swim Term 2 Starts

Saturday 23 May – Annual Prizegiving and AGM

Sunday 31 May (Queens Birthday Weekend) No Club Sessions

Monday 1 June (Queens Birthday) – No Club or Squad Sessions

Sunday 22 June – Learn to Swim Term 2 ends

Monday 22 June – 100m Handicap

Monday 30 June – Subscription Year Ends, 2015-16 subscriptions to be paid by 31 July

Meet Reports:

Upper Hutt Signature Meet:

The Upper Hutt Signature 2 long course meet was held at Wellington Regional Aquatic Centre on 31 January 2015 and we had a small team of 8 PCA swimmers.

This was the first Signature meet under the new arrangements for 2015 and was open for swimmers with a 50m freestyle time of +34 seconds.

It was a short sharp meet with just 24 races over 14 events. Swimmers were therefore often completing their races and being marshalled to the start area straight away. But our team rose to the challenge and put in some excellent performances.

Overall we had 11 personal best times recorded against entry times from 22 swims.

The parent and family support team and our junior squad coach Alex made all the difference to the lively atmosphere around the PCA benches!

Check out the team photo on our Facebook page!

Murray Pugh
Team Manager

Subscriptions:

The membership year begins on 1 July, and subs for the year are:

\$160 for club swimmers

\$110 for squad swimmers

(those swimming with Nevill in the Senior Squads, or Alex in the Orcas, Swordfish I & II, Penguins and Seals).

Subs can be paid directly into the PCA bank account 030547-0205093-00 – please use the swimmers name as a reference, or can be paid at the duty desk on a Monday or Friday night, or left in a named envelope in the black letterbox on our storeroom door.

Annual Subs are due on 1 July and should be paid as soon as possible.

For new members joining during the year the sub is pro-rated based on the month of joining, and if the swimmer is a squad or competitive swimmer. These rates are available from the Treasurer or the Committee Member on the desk on Monday and Friday club nights.

Swimmers are required to be financial members to enter swim meets and attend training nights (club and squad) and to attend and vote at the AGM or other club meetings.

Some leeway will be provided for the attendance at training as long as the annual sub is paid by 31 July, within four weeks of joining if a new member, or are on an agreed payment plan and no payments have been missed.

There is no leeway for entering swim meets or being able to vote at club meetings. You must be a paid up member to participate in swim meets and club meetings.

Any family wishing to spread their payments should contact our treasurer on 021-184-6134 or e-mail treasurer@swimporirua.co.nz to make an arrangement.

Duty Roster:

The club is also looking for volunteers to staff the desk on Monday and Friday nights at Cannons Creek. Times: 5:45pm (for 6:00pm session start) ending 7:30pm on a Monday and until 8:00pm on a Friday.

Those interested should contact Onolata Little on 235-5646 or e-mail o_g.saunders@xtra.co.nz.

BBQ Roster:

On Club Nights, and Sunday Mornings during Club and Learn to Swim Sessions at Cannons Creek Pool there is an opportunity for parents to raise money to help with their club expenses.

The money raised from each sausage sizzle (or whatever else you would like to cook on the BBQ) less any direct expenses is kept by the club and allocated to the family who did the BBQ.

The purchase of some items (sausages, bread etc) is required at the time.

The money raised can be used for entry fees, subs, squad fees, to purchase uniforms etc.

Anyone interested in cooking for a night should contact Onolata Little e-mail o_g.saunders@xtra.co.nz or phone 235-5646 for further information.

PCA Swimming Caps:

New members will be given a cap on receipt of their first subscription payment.

Caps are replaced free of charge if they split, on presentation of the damaged cap.

The cost of caps are \$10 each if a swimmer requires another cap.

It would not normally be expected that any swimmer would need more than 1 or 2 caps each year.

Caps can be obtained from the sign-in desk at Monday and Friday night club sessions (at Cannons Creek) or the Team Manager at swim meets.

Club Uniform:

The club orders uniform items several times a year based on the demand. The items that are available for order (and order forms) are on the notice board at Cannons Creek Pool and on the Website.

Items ordered must be paid for before the items will be included in an order sent to our supplier.

The delivery of any order we place takes about eight weeks from the time of ordering.

We also have a limited amount in stock of PCA uniform hoodies with zips, T shirts and shorts in various ages.

Club togs are also available (supplied by a local firm so can be ordered and delivered anytime). They are produced by Spank and are black with PCA logo on them.

They come in the following sizes:

Style	Size	Price
Girls	6 – 14 years	\$46
Boys	6 – 14 years	\$50
Women	10 – 18	\$60
Men	14 – 18	\$60

Please contact Libby Lucas on 021-057-5197 or e-mail libbylucas34@gmail.com, if you would like to purchase any PCA uniform items - see web site for details, order form and bank details.

Bank Account Details:

Subs/Uniforms etc	03-0547-0205093-00
Meet Entry Fees	03-0547-0205093-01
Squad Fees	03-0547-0205093-02

If you are unsure which account you should be using, please contact our Treasurer, Andrew Wills, at treasurer@swimporirua.co.nz

Upcoming Events:

1 March – Gold Coast Woolahara Trophy (Coastlands Aquatic Centre) – Entries Close 20 February.

7 March – SWN Qualifier Meet (WRAC) – Entries Close 23 February.

15 March – SWN Metro League (Huia) – Team Selected.

22 March – PCA Novice Carnival (Cannons Creek) – Entries Close 12 March.

27 March – PCA Club Champs (Cannons Creek) – Entries Close 20 March.

30 March - PCA Club Champs (Cannons Creek) – Entries Close 20 March.

Keep an eye on the calendar page of our web site for any updates.

Report of Best Times:

If you require a list of your times, please email Keri Martin the Race Secretary at race@swimporirua.co.nz and they will be sent back to you.

Club Contacts:

President (Viv Morton)	234-7071
Secretary (Libby Lucas)	021-057-5197
Treasurer (Andrew Wills)	021-184-6134
Race Secretary (Keri Martin)	021-150-0063
Club Captain (Andy Wilkinson)	021-986-533
Squad Liaison	
Junior Squad (Rebecca Easterbrook)	235-5678
Senior Squad (Hiria Pointon)	478-9265
Officials Co-ordinator (Terry Laws)	233-0360
Uniforms (Libby Lucas)	021-057-5197
Newsletter	e-mail info@swimporirua.co.nz