

Congratulations Bronson:

In the September Newsletter we congratulated Bronson Lloyd on winning Swimming NZ's XLR8:swim faster, faster! award for May/June for 12yr old boys.

Since then Bronson has won the Award for July/August – Well done Bronson, a tremendous effort and reward for all your training.

Bronson also broke his NZ Age Group Record for 12yrs 100m medley at the AIMs Games in September.

His time of 1.06.85 broke the time he set at the Wellington Champs and then he swam faster in the final breaking the record again with a time of 1.06.58

Swimming NZ Service Awards:

As we know, PCA members Matt Meehan and Graham Seagull are dedicated to the Sport of Swimming.

They have been officials for many years and are regularly appointed to officiate at National and International Meets.

On a number of occasions Matt, our Patron has been appointed to the 'top' job, that of Meet Director for various National Meets.

At SNZ's recent AGM both Matt and Graham were named along with 16 others from all around NZ as recipients of a SNZ Service Award.

Truly deserved - Congratulations to you both.

Labour Weekend – 24 to 26 October:

There will be no club or squad swimming on the Sunday and Monday of Labour weekend.

Senior Squad Liaison:

The committee is thrilled that Adele Lloyd has agreed to be PCA's Senior Squad Liaison person.

Adele will be happy to answer questions, or find an answer, or point you in the right direction to find out, for any questions/concerns those in the Senior Squad or their families may have.

Adele can often be found poolside during training times.

Swimmers in the Senior Squad should be checking the PCA website for up-coming meets.

At this time of the year it is hoped that all swimmers are familiar with the qualifying times for the Nationals, Div II and the Wellington Champs and have set themselves the goal of qualifying.

PCA is planning on sending a team to Div II in Invercargill.

Officiating:

Unlike rugby that only requires three or four people to control a game, it takes about 40 people to run a swim meet.

It is PCA's expectation that parents of all those entering meets will make themselves to timekeep or do a duty as required. No one will be asked to do something beyond them, but everyone must take their turn.

In recent months our official's co-ordinator has been struggling to fill some positions, and if people constantly refuse to help, the club may have no option but to refuse their entries.

Helpers will not be required to officiate at every meet, but there will be times when they may be 'still working' after their swimmer has finished racing.

In swimming we are fortunate that many of the Senior Officials continue to officiate long after their own swimmers have retired...so when you are thinking how inconvenient it is to stay another half an hour – spare a thought for those who arrive at the pool, alone and are prepared to put time in so your child can race.

Coaching Fees:

Just a reminder that term coaching fees are due for this new term for swimmers in the Penguins, Seals, Tadpoles and the Thursday group.

Those in the Swordfish, Orcas and Senior Squad should be paying their coaching fees monthly.

If you have a query about fees email president@swimporirua.co.nz or ring Viv 2347071.

Junior Squad Coach:

Our hunt for a Junior Coach is proving challenging.

To date PCA's advertisements on both Swimming NZs and the Coaches Assn websites have drawn only one, most unsuitable applicant.

Our shoulder tapping around swimming networks and contacts hasn't given us any leads either.

It is interesting that Alex came to us through 'word of mouth' so if know of anyone who has a swimming background and is keen to take up coaching ask them to ring Viv on 234 7071.

In the meantime we are fortunate that Dennis is providing continuity for our swimmers while our hunt continues. Thank you Dennis.

Seating at meets:

For ease of managing PCA's teams at meets, if there is plenty of seating swimmers should sit in the front and parents are asked to sit in the back rows.

It makes it very difficult for our managers if parents are dotted between swimmers and/or swimmers sit with their parents. When sitting is limited parents may need to sit away from the team.

It should be remembered often the best chairs in the pool are the timekeepers!

At Swim Wellington's Championship meets at Kilbirnie (WRAC) team seating is allocated, with separate allocated areas for spectators. At these meets only the PCA appointed managers and coaches, along with the swimmers may sit in the club's allocated seating.

Meet Reports:

In-House League 21st September:

The racing was exciting, the atmosphere was electrifying, both the swimmers and the supporters loud, what a night!

The team leaders did an excellent job managing their teams, and it was good to see swimmers prepared to 'have-a-go'.

The leader board changed several times during the evening as teams worked on various strategies to maximise their points. In the end Team 5 won with 189 points, Team 2 are second with 185, 3rd Team 3 167, 4th equal Teams 1 and 4 165 and 6th Team 6 149.

Some teams were let down by those who didn't show up. Some scratchings were notified, thank you. It is hoped that the others had genuine reasons for not coming and just didn't forget – your team needs you every meet.

Thanks to all the parents/supporters who helped run the meet.

Swim Wellington Relay Meet:

The annual swim Wellington Relay Meet was held on 10 October at Naenae pool.

PCA put together age group teams and what fun the swimmers had running from one end of the pool to the other.

Out of 21 swimmers we had 12 teams.

On the morning of the event we had a couple of sick calls (this happens) and we called on families to help.

Thank you to the Daly and McLaughlan family for putting up their children. We also had a couple of no shows – oops. As the team managers we then had to think quick who could we swim that was not already in the pool. Thank you Ella and Angus for swimming and the swim Wellington relay managers for allowing the late changes.

The event was a success for all the swimmers through fun and laughter.

Two teams were in the medals the 13 and under medley (silver) and freestyle (gold) teams; Sophie Wilkinson, Bronson Lloyd, Gemma Orsman and Max Drummond.

Great job to all teams.

As usual we had to fill our quota of officials, thank you for all the support and hands to the deck.

One of the roles we had was to marshall the event. This is where we put the swimmers in the correct lane. Usually there is only 1 swimmer but at relays there are four members. Thank you to the team who undertook this job; Phil and Angela Reiher, Adele Lloyd and Louise Wills, there was not a glitch in getting the teams down.

Pool side support is really important at these events, which was undertaken by Debbie Drummond and Rebecca Easterbrook – thank you for keeping our swimmers at the correct ends and stroke.

Thank you to everyone who came along to participate and support the teams it was a great meet.

Kind regards
Rebecca Ferguson

SwimZone Signature Meet:

Sat 17 November was the SwimZone Long Course Meet.

Long course is swum in a 50 metre pool vs short course 25 metre.

This was a big meet with some events having 100 plus swimmers.

PCA had a small team attending but this did not stop the PB's (personal bests) a total of 29!

Great swimming by all.

Long course gives swimmers a chance to stretch their arms and legs and give the coaches an opportunity to see where they need to add in some distance work.

Regards
Rebecca Ferguson

In-house League 19th October:

This, the second meet in the series of three turned out to be another great night with exciting racing, an awesome atmosphere, and spirited competition between all the teams.

Team two started the night in front. Team three soon came to the fore and the lead see-sawed through out the night.

The third meet on November 23rd promises to be another great night.

Final points after the second meet were Team 3 422points, Team 2 408, Team 5 384, team 1 353 and team 6 324.

Thanks to all the helpers and officials, and to the swimmers and parents who supported and encouraged everyone.

Subscriptions:

The membership year begins on 1 July, and subs for the year are:

\$160 for club swimmers

\$110 for squad swimmers
(those swimming with Nevill in the Senior Squads, or Alex in the Orcas, Swordfish I & II, Penguins and Seals).

Subs can be paid directly into the PCA bank account 030547-0205093-00 – please use the swimmers name as a reference, or can be paid at the duty desk on a Monday or Friday night, or left in a named envelope in the black letterbox on our storeroom door.

Annual Subs are due on 1 July and should be paid as soon as possible.

For new members joining during the year the sub is pro-rated based on the month of joining, and if the swimmer is a squad or competitive swimmer. These rates are available from the Treasurer or the Committee Member on the desk on Monday and Friday club nights.

Swimmers are required to be financial members to enter swim meets and attend training nights (club and squad) and to attend and vote at the AGM or other club meetings.

Some leeway will be provided for the attendance at training as long as the annual sub is paid by 31 July, within four weeks of joining if a new member, or are on an agreed payment plan and no payments have been missed.

There is no leeway for entering swim meets or being able to vote at club meetings. You must be a paid up member to participate in swim meets and club meetings.

Any family wishing to spread their payments should contact our treasurer on 021-247-7730 or e-mail treasurer@swimporirua.co.nz to make an arrangement.

Duty Roster:

The club is also looking for volunteers to staff the desk on Monday and Friday nights at Cannons Creek. Times: 5:45pm (for 6:00pm session start) ending 7:30pm on a Monday and until 8:00pm on a Friday.

Those interested should contact Onolata Little on 235-5646 or e-mail o_g.saunders@xtra.co.nz.

BBQ Roster:

On Club Nights, and Sunday Mornings during Club and Lean to Swim Sessions at Cannons Creek Pool there is an opportunity for parents to raise money to help with their club expenses.

The money raised from each sausage sizzle (or whatever else you would like to cook on the BBQ) less any direct expenses is kept by the club and allocated to the family who did the BBQ.

The purchase of some items (sausages, bread etc) is required at the time.

The money raised can be used for entry fees, subs, squad fees, to purchase uniforms etc.

Anyone interested in cooking for a night should contact Onolata Little e-mail o_g.saunders@xtra.co.nz or phone 235-5646 for further information.

PCA Swimming Caps:

New members will be given a cap on receipt of their first subscription payment.

Caps are replaced free of charge if they split, on presentation of the damaged cap.

The cost of caps are \$10 each if a swimmer requires another cap.

It would not normally be expected that any swimmer would need more than 1 or 2 caps each year.

Caps can be obtained from the sign-in desk at Monday and Friday night club sessions (at Cannons Creek) or the Team Manager at swim meets.

Club Uniform:

The club orders uniform items several times a year based on the demand. The items that are available for order (and order forms) are on the notice board at Cannons Creek Pool and on the Website.

Items ordered must be paid for before the items will be included in an order sent to our supplier.

The delivery of any order we place takes about eight weeks from the time of ordering.

We also have a limited amount in stock of PCA uniform hoodies with zips, T shirts and shorts in various ages.

Club togs are also available (supplied by a local firm so can be ordered and delivered anytime). They are produced by Spank and are black with PCA logo on them.

They come in the following sizes:

Style	Size	Price
Girls	6 – 14 years	\$46
Boys	6 – 14 years	\$50
Women	10 – 18	\$60
Men	14 – 18	\$60

Please contact Libby Lucas on 021-057-5197 or e-mail libbylucas34@gmail.com, if you would like to purchase any PCA uniform items - see web site for details, order form and bank details.

Bank Account Details:

Subs/Uniforms etc	03-0547-0205093-00
Meet Entry Fees	03-0547-0205093-01
Squad Fees	03-0547-0205093-02

If you are unsure which account you should be using, please contact our Treasurer, Murray Pugh, at treasurer@swimporirua.co.nz

Upcoming Events:

7 November – PCA Signature Meet (LC) – WRAC – Entries Close 27 October

15 November – Gold Coast Chocolate Carnival (SC) – Cannons Creek – Entries Close 10 November

21 November – Capital Signature Meet (LC) – WRAC – Entries Close TBA

23 November – PCA In-House League #3

Report of Best Times:

If you require a list of your times, please email Keri Martin the Race Secretary at race@swimporirua.co.nz and they will be sent back to you.

Club Contacts:

President (Viv Morton)	234-7071
Secretary (Libby Lucas)	021-057-5197
Treasurer (Murray Pugh)	021-247-7730
Race Secretary (Keri Martin)	021-150-0063
Club Captain (Terry Laws)	233-0360
Squad Liaison	
Junior Squad (Richard Peterson)	236-5406
Senior Squad (Hiria Pointon)	478-9265
Officials Co-ordinator (Rebecca Ferguson)	
Uniforms (Libby Lucas)	021-057-5197
Newsletter	e-mail info@swimporirua.co.nz