

Swimming NZ Short Course:

Congratulations to Georgia Wills, Sophie Wilkinson and Dillon Raimona-Pahetogia who have qualified and will be swimming at the New Zealand Short Course Championships to be held at the Sir Owen G Glenn National Aquatic Centre, Auckland, from 2 October to 6 October.

Congratulations also to Brent Harris who has been appointed as a Referee for the Championships.

Swim Wellington AGM:

The Swim Wellington AGM held on Thursday 20 September was adjourned due to threat of legal action by SwimZone Racing (Eugene Collins, Voting Representative and Chair) should clubs vote to ratify the decisions of the Board while the Board was not legally constituted.

The Board was not legally constituted as four members who should have stood down in 2015 did not do so and the reduction in members required in 2016 did not occur until August this year.

While the Board could have continued with the vote on the resolution, they decided to comply with the demands of SwimZone Racing to avoid legal action which would have been costly in time and money when the Board considers that this time and money would be better spent on the sport of swimming and the swimmers.

As two members (Mark Burge and Greg Forsythe) were required to stand down as they had completed three terms on the board, and SwimZone Racing required that Paul Matson and Allison Yannakis resign to avoid legal action, there were only two members left on the Board, and the Board requires four members to make a quorum.

There will now be a Special General Meeting on Tuesday 23 October to vote in new Board Members and finish the business of the adjourned AGM.

SwimZone Racing assured the Club Representatives at the AGM that this course of action will ensure that SwimZone Racing will not take any legal action against the Board.

Although there is currently no actual Board of Swimming Wellington, the daily work of the Board will continue, although any decisions required to be made by the Board will need to wait until after the Special AGM.

The committee will be kept up to date with any developments between now and the Special General Meeting and will be working to ensure that the interests of swimmers is kept to the forefront of any actions or decisions.

The PCA representatives at the meeting were Viv Morton (President) as Voting Representative and Brent Harris (Vice President).

Labour Weekend 20 – 22 October:

Club and squad swimming is cancelled on the Sunday and Monday of Labour weekend.

Squad October School Holiday Timetable:

With the Cannons Creek Pool closing during the holidays to allow for the re-grouting of the tiles, the timetable below will apply from Sunday 30th Sept.

Day	Times	Squad
Monday	3:30pm – 4:00pm	Eels and Seals
	4:00pm – 5:30pm	Orcas
	5:30pm – 7:00pm	Seniors
Tuesday	3:30pm – 4:30pm	Swordfish
	4:30pm – 5:30pm	Sharks
	5:30pm – 7:00pm	Orcas
Wednesday	3:30pm – 4:00pm	Tadpoles/Penguins
	4:00pm – 5:30pm	Orcas
	5:30pm – 7:00pm	Seniors
Thursday	3:30pm – 4:30pm	Swordfish
	4:30pm – 5:30pm	Sharks
	5:30pm – 7:00pm	Orcas
Friday	3:30pm – 4:30pm	Swordfish
	4:30pm – 5:30pm	Sharks
	5:30pm – 7:00pm	Seniors

Please note:

- All sessions are at Te Rauparaha Arena.
- Three lanes are booked for all sessions.
- All Swimmers must pay door entry charges. Cannons Creek concession cards cannot be used.
- Tadpoles, Eels, Penguins and Seals don't usually swim in the holidays, but have been time tabled in. These squads can also join the Sunday morning sessions.
- Sunday morning sessions on September 30 and 14 October will be dedicated to distance badge swimming. Those swimming 400m or more, plus 1 k for a time should come at 8:00am. New swimmers and those just starting out with badges should come at 9:00am.
- Sunday morning 7 October will be normal swimming with one hour sessions starting at 8:00am and 9:00am. Swimmers can choose which session to attend.

We will be back to Cannons Creek from Monday 15 October.

Club Lane October School Holiday Timetable:

With Cannons Creek Pool being closed in the holidays, three lanes have been booked at Te Rauparaha Arena on Sunday 30 September, 7 and 14 October for club swimming from 8:00am to 10:00am.

Swimmers need to pay the door entry charges.

September 30 and 14 October will be devoted to Distance Badge swimming.

October 7 will be a normal training sessions. Swimmers can choose and either come at 8:00am or 9:00am for an hour long session.

Distance Badge Swimming:

All club members including squad members are invited to swim for Distance badges.

For those new to the club, PCA has distance badges swimmers can achieve by completing a distance without stopping.

The distances covered are 25m (one length) 50m, 100m, 200m, 400m, 800m, and 1500m. Once a swimmer has completed all these distances they move on to swimming 1 kilometre (40 lengths) for a time. The club has various ribbons to reward swimmers for the times achieved.

PCA has the pool booked between 8:00am and 10:00am.

Those swimming up to 400m meters should come at 9:00am, while those swimming longer distances are to come at 8:00am.

To help this event run smoothly our coaches need help from parents counting laps and/or timing the 1k swimmers.

Please note. Swimmers may need to wait their turn if the lanes are full, so everyone has the opportunity to achieve their goals.

Learn to Swim:

PCA's next course of Learn to swim starts on 28 October.

Classes are at 9.30am and 10:00am.

Enrolments are taken on the day.

The cost is \$45.00 for 7 lessons.

Swimmers must be at least 5yrs old and 1.1m tall.

Have-a-Go Race Night - Friday 30 November:

Cannons Creek Pool.
6:00pm warm up, 6:30pm start

Note; swimmers may compete in a maximum of four races only.

Race night is open to all our club members, especially those new to the club, Friday night, Monday night, Sunday morning and/or Tadpoles, Eels, Penguins, Seals, Swordfish swimmers. Entries will be taken on the night.

This meet is not about winning, but is about "Having a Go", learning to race, learning race rules and establishing a club time.

Times recorded at this race night will not be official and therefore can't be used as qualifying times for other meet entries.

Eels and Penguins training will be cancelled on Friday 30th. Sharks training will be held as normal, although these swimmers are welcome to join race night after training if they wish.

Any queries, speak to your child's coach or email president@swimporirua.co.nz

2018 Parumoana Interschools:

Organised by Dash and PCA two exciting sessions of Interschool Sports recently took place at the Cannons Creek Pool.

The noise was loud, the relays very close and exciting and it great to see club mates battling each other to earn points for their schools.

For Years 5 and 6 – Plimmerton were first, Papakowhai, second and Paremata third.

For Years 7 and 8 – A check of the points, after the presentation showed Discovery were the winners, with Papakowhai second and Plimmerton, third.

I would like to apologise for this error and I am sure Plimmerton will be disappointed to hand the Cup back.

A huge thank you goes to the parents who helped out officiating, encouraging their schools, providing transport and doing all those things that go with running two successful events.

Thanks also to Rhonda Graham for refereeing at each session and all the others who came along even though they didn't have children swimming.

On a sad note the Porirua Interschools for Years 5 to 8, that were to take place on the 30 August only attracted entries from four schools and were cancelled. Anyone with children at these schools, I would be keen to hear your thoughts. Clearly something needs to happen to

ensure this event does take place in 2019. Your feedback would be appreciated. Please email Viv at president@swimporirua.co.nz

Meet Reports:

Gold Coast Matson Trophy – 12 August:

Congratulations to all 46 PCA swimmers who took part in the Gold Coast Matson Trophy on 12 August; this was a fun night with most swimmers taking part in the 100m Handicap as well as 50m races and relays.

This was a busy session as those swimmers who entered the 100m Handicap not only swam 50m races but also 100m several times over the course of the evening, or in the relay.

For those wondering how the handicap works, swimmers who are entered swim in heats, those finishing first or second in their heats are then progressed into the semi-finals, the remaining heat swimmers then swim in repechages.

The top swimmers (18 at this meet) from the repechages swim in one of the 3 semi-finals along with those placed 1st or 2nd in the heats. The finalists are those swimmers who place 1st, 2nd or 3rd in the semi-finals plus one lucky fourth placing.

PCA had 3 swimmers make the final these were: Alyssa Dearmer, Izaac Noon and Joe Reiher, this was an exciting final with the team cheering on our swimmers from the sideline; this was a closely swum contest with 2 or our swimmers in the top 3: 1st Place & Matson Trophy went to Joe Reiher, 2nd place to Alyssa Dearmer. Congratulations to all of the finalists!

By the end of the evening the team had 37 SC PBs and 20 new SC times, this was a massive achievement on such a busy night of racing.

Big thanks to Ben for your guidance over the evening, and all the officials, timekeepers, runners, helpers and refreshment people who assisted on the night.

Team managers: Becky Campbell, Elouise Walter, Carl McManaway

Wellington Winter Champs:

These Champs were held over two weekends at the beginning of September. Swimmers needed to qualify to swim at the meet and with 69 swimmers entering, this was our biggest team that I can remember.

Our swimmers certainly did the club proud with huge Personal Bests, top 10 finishes and many medals. It was great to see PCA take a clean sweep of the three medals in a number of 9 yrs and under races.

PCA won the Eycline Cup - Top club for 12 and under with 1,706 points, Swim Zone were 2nd 1,282.50pts, Capital 3rd 711.50pts. This was a first for PCA!

On the overall points table (all ages) PCA was third with 2,173 points- Capital won with 4,305 pts with Swimzone 2nd with 2,303.50 pts. Again a huge step up from our 5th or 6th placings of recent years.

SwimT3 sponsored \$50.00 vouchers for the Swimmers of the Age Groups (top points in each age group) Congratulations to the PCA swimmers who took out prizes – Suri Sun (9 & under girls) Oliver Lei (9 & under boys) and 12 year old Lucy Abbott.

Congratulations to Sophie Wilkinson, 16 years, who set two new club records. 50m backstroke with a time of 31.72, previous record was 31.71. 100m backstroke time 1m07.13 – prev. record 1.07.66.

All those who finished in the top 10 earned points for the club – Congratulations to all

Swimmer	Age Group	Gold	Silver	Bronze	Other Top 10 finish
Riley Bennett	9 & under	-	-	1	7
Travis Carnegie	9 & under	-	-	-	2
Charles Dickison	9 & under	3	3	-	2
Jayden Dickison	9 & under	-	2	7	-
Oliver Lei	9 & under	6	-	-	2
Luke McKee	9 & under	-	-	-	4
Liam Phelps	9 & under	-	-	-	4
Logan Raimona-Pahetogia	9 & under	-	-	-	2
Suri Sun	9 & under	4	3	-	1
Vinnie Tat	9 & under	3	2	-	-
Felix Thomas	9 & under	-	2	-	6
Millie Abbott	10 yrs	-	-	-	3
Alexia Booth	10 yrs	-	2	-	7
Kayne Howat	10 yrs	-	-	-	9
Miya Jiang	10 yrs	4	2	-	-
Sandy Li	10 yrs	-	1	1	5
Sophia Ognjeva	10 yrs	-	-	-	6
Amokura Royal	10 yrs	-	-	-	1
Sunny Zheng	10 yrs	-	-	2	1
Campbell Gollan	11 yrs	-	1	2	8
Joseph Reiher	11 yrs	-	1	-	3
Milla Sutherland	11 yrs	-	-	2	5
Luke Weir-Smith	11 yrs	-	-	-	1
Cameron Wilkinson	11 yrs	1	2	1	4
Lucy Abbott	12 yrs	7	4	-	1
Cody Bennett	12 yrs	-	-	-	8
Ella Drummond	12 yrs	2	2	1	6
Andre Gaulofa	12 yrs	-	2	-	6
Danielle Rule	12 yrs	-	-	-	2
David Zhu	12 yrs	-	-	3	2
Mia Booth	13 yrs	-	-	-	7
Lucy Campbell	13 yrs	-	-	-	1
Jarrold McKee	13 yrs	-	-	1	7
Jed McLachlan	13 yrs	1	-	-	4
Dillon Raimona-Pahetogia	13 yrs	-	3	-	9
James Van der Voort	13 yrs	-	-	-	6
Luke Martin	14 yrs	-	-	-	2
Georgia Wills	14 yrs	-	-	-	11
Ethan Hunter-Day	15 yrs	-	-	-	2
Greer Pugh	15 yrs	-	-	2	1
Troy Hunter-Day	16 yrs	-	-	-	7
Sophie Wilkinson	16 yrs	2	-	-	3
Sophie Wills	16 yrs	-	-	2	5
Seth Wilson	17 yrs	1	1	-	5

A big thank you to our coaches for guiding our swimmers along to reap these rewards - Thank you Nevill, Steven, Ben and Henrietta.

This was a huge meet and our thanks go to all the parents and supporters, and especially all those who officiated, team managed and took on duties. Special thanks to Beckie Duffy, our officials co-ordinator who worked tirelessly to ensure we had four Team Managers for each session as well as covering the timekeepers and IOT positions. Proudly PCA can say we did everything that was required of us – Thanks Beckie

Congratulations to Kirsten Giebel and Jack Lei who passed their Regional IOT (Inspector of Turns) assessments during the meet and are now qualified Regional IOT's.

Meets of this size never happen without those who continue to officiate at meets long after their own children have retired - Thanks to Matt Meehan, Terry Laws, Viv Morton and Brent Harris for the hours you put in at the pool.

Well done PCA

New Zealand Secondary School Champs 2018:

PCA had a fantastic four days in the pool representing their schools at NZ Secondary School Champs. The meet was extremely well organised by Swimming New Zealand and supported by Swimming Wellington. I particularly enjoyed Saturday night where there were very tired athletes, a bit of dancing and an amazing atmosphere, we were even visited by the TV3 The Project team.

Representing Aotea College was: Sophie Wilkinson, Sophie Wills, Greer Pugh, Georgia Wills, Emilee Wilkinson and Jarrod McKee. Georgia swam an amazing 200 Fly earning her the bronze medal and well as gaining another qualifying time to NZ Short Course for her 100 IM.

Representing Wellington College was: Dillon Raimona-Pahetogia and Jed McLachlan. Dillon had a fantastic champs earning bronze in the 50 Back, silver in the 100 Free, silver in the 50 Fly, bronze in the 100 Fly and bronze in the 50 free. Dillon qualified for five events at NZ Short Course, what an awesome effort!! One of my favourite races was watching Dillon and Jed competing side by side in the 100 Back - wow that was close.

Representing: Hutt International Boys School: was Seth Wilson and Luke Martin, both achieving 100% PBs.

Representing Wellington Girls College: Amy Lin who also achieved 100% PBs.

Our PCA parents supported our swimmers at this meet by filling crucial officials positions throughout the meet, without this support these opportunities would not be available to our swimmers:

Senior Officials from PCA at the meet were Brent Harris, (Referee, Starter, JOS, IOT) and Matt Meehan (Starter).

Officials and Other Duties were provided by:

- Henrietta Latham, in the office and also PCA swimmer support
- Jack Lei and Robin Cowan, IOT
- Recorder desk, Murray Pugh
- Runner, Ryan Pugh
- Time Keepers: Michelle McKee, Josie Raimona, Keri Martin, Sarah Brazil
- Door: Andy Wilkinson and Josie Raimona
- Team Managers: Yvonne Pugh, Louise Wills and Andrew Wills

And a big thanks to Beckie Duffy for organising PCA's officials for the event.

Subscriptions:

The membership year begins on 1 July, and subs for the year are:

\$175 for club swimmers

\$120 for squad swimmers

(those swimming with Nevill in the Senior Squads, or Ben in the Orcas, Swordfish, Sharks, Penguins and Seals).

Subs can be paid directly into the PCA bank account 030547-0205093-00 – please use the swimmers name as a reference, or can be paid at the duty desk on a Monday or Friday night, or left in a named envelope in the black letterbox on our storeroom door.

Annual Subs are due on 1 July and should be paid as soon as possible.

For new members joining during the year the sub is pro-rated based on the month of joining, and if the swimmer is a squad or competitive swimmer. These rates are available from the Treasurer or the Committee Member on the desk on Monday and Friday club nights.

Swimmers are required to be financial members to enter swim meets and attend training nights (club and squad) and to attend and vote at the AGM or other club meetings.

Some leeway will be provided for the attendance at training as long as the annual sub is paid by 31 July, within four weeks of joining if a new member, or are on an agreed payment plan and no payments have been missed.

There is no leeway for entering swim meets or being able to vote at club meetings. You must be a paid up member to participate in swim meets and club meetings.

Any family wishing to spread their payments should contact our treasurer on 021-247-7730 or e-mail treasurer@swimporirua.co.nz to make an arrangement.

Duty Roster:

The club is also looking for volunteers to staff the desk on Monday and Friday nights at Cannons Creek.

You will need to report at 5:45pm to set up for a 6:00pm session start and stay until the start of the final session (8:00pm on Monday, and 7:20pm on Friday).

Those interested should contact Matt Hall by e-mail at matthewhall@xtra.co.nz.

BBQ Roster:

On Club Nights, and Sunday Mornings during Club and Lean to Swim Sessions at Cannons Creek Pool there is an opportunity for parents to raise money to help with their club expenses.

The money raised from each sausage sizzle (or whatever else you would like to cook on the BBQ) less any direct expenses is kept by the club and allocated to the family who did the BBQ.

The purchase of some items (sausages, bread etc) is required at the time.

The money raised can be used for entry fees, subs, squad fees, to purchase uniforms etc.

Anyone interested in cooking for a night should contact Viv Morton e-mail president@swimporirua.co.nz or phone 234-7071 for further information.

PCA Swimming Caps:

New members will be given a cap on receipt of their first subscription payment.

Caps are replaced free of charge if they split, on presentation of the damaged cap.

The cost of caps are \$10 each if a swimmer requires another cap.

It would not normally be expected that any swimmer would need more than 1 or 2 caps each year.

Caps can be obtained from the sign-in desk at Monday and Friday night club sessions (at Cannons Creek) or the Team Manager at swim meets.

Club Uniform:

The club orders uniform items several times a year based on the demand. The items that are available for order (and order forms) are on the notice board at Cannons Creek Pool and on the Website.

Items ordered must be paid for before the items will be included in an order sent to our supplier.

The delivery of any order we place takes about eight weeks from the time of ordering.

We also have a limited amount in stock of PCA uniform hoodies with zips, T shirts and shorts in various ages.

Club togs are also available (supplied by a local firm so can be ordered and delivered anytime). They are produced by Spank and are black with PCA logo on them.

They come in the following sizes:

Style	Size	Price
Girls	6 – 14 years	\$46
Boys	6 – 14 years	\$50
Women	10 – 18	\$60
Men	14 – 18	\$60

Please contact Becky Campbell on 021-044-8794 or e-mail uniforms@swimporirua.co.nz if you would like to purchase any PCA uniform items - see the web site for details, order form and bank details.

Bank Account Details:

Subs/Uniforms etc	03-0547-0205093-00
Squad Fees	03-0547-0205093-02

If you are unsure which account you should be using, please contact our Treasurer, Murray Pugh, at treasurer@swimporirua.co.nz

Upcoming Events:

24 September – PCA In-House League (SC) - Cannons Creek

2 – 6 October – SNZ Short Course Champs (SC) – Auckland

27 October – SZR T2 Meet (SC) Naenae – Entries Close 20 October

29 October – PCA In-House League (SC) – Cannons Creek

Club Contacts:

President (Viv Morton)	234-7071
Vice-President (Brent Harris)	027-489-1120
Secretary (Janet Thomson)	027-442-0961
Treasurer (Murray Pugh)	021-247-7730
Race Secretary (Keri Martin)	021-150-0063
Squad Liaison	
Junior Squad (Natasha Abbott)	021-154-1378
Senior Squad (Andrew Wills)	021 238 8417
Officials Co-ordinator (Beckie Duffy)	027-282-6383
Uniforms (Becky Campbell)	021-044-8794
Newsletter	e-mail info@swimporirua.co.nz