

Christmas and New Year Break:



Our committee and coaches would like to wish everyone a very Merry Christmas.

Please buckle up, drive safely, and take care, especially around water. While our members can swim well in the pool, we all know rivers and beaches can be very unforgiving for even the strongest swimmers.

We look forward to seeing you all back at the pool in the New Year.

2019 Start Dates:

Normal club sessions will resume on

- Monday – 28 January
- Friday – 1 February
- Sunday – 3 February

Learn to swim will start on Sunday 24 February.

Technical Officials:

Congratulations to Terry Laws who qualified as a National Starter in November.

Congratulations also to Brent Harris who has been appointed as a Technical Official for the Asia Pacific Games in Samoa in July.

Family Fun Night:

The Family Fun Night was held on Monday 17 December and was the last event of the year for Club Swimmers

Over 80 Swimmers and their parents participated in the events starting with the giant whirlpool then flutter board races, three legged races, piggy back races, family and friends relays and sprint races for the Adults.

To mark the 50th anniversary of the pool opening Porirua Mayor Mike Tana attended to cut the cake with Eileen Adams our longest serving member.



Mayor Mike Tana and Eileen Adams cut the cake



The cake provided by Louise Wills

The evening concluded with a BBQ.

PCA Hardcore Meet:

PCA hosted our Hardcore Meet at the Wellington Regional Aquatic Centre (WRAC) on Saturday 24 November.

Swim Wellington allocates each club one Tier 2 meet each year at WRAC and this was PCA's chance to shine.

Eight clubs took part, 190 swimmers swimming 491 events - slightly down on 2017 but a great opportunity for those entering to swim in the 'big' pool.

The meet was a success thanks to all those who covered the many jobs from running, handing out refreshments, announcing, recording, office duties, timekeeping, inspecting turns, starting and refereeing,

A special thanks goes to all those who provided plates for the officials refreshments – PCA has a reputation for providing great food, and this year was no exception.

Thanks also for those involved with the prep work for the meet – Keri (entries) and Becky and Brent for organising the officials.

The lucky draw at the end of the meet created a lot of interest with four \$50 prizes given away. Well done to PCA's Georgia Wills and Lucy Abbott who were amongst the winners.

New Wellington and Club Records:

Congratulations to Oliver Lei.

Swimming at the Gold Coast Carnival at Naenae on 3 November, just three days before his 10th birthday, Oliver swam 31.83 for 50m freestyle to break the Wellington record of 32.54 set by Noah Ireland-Spicer (Raumati) in January 2017.

He followed this up by swimming 100m freestyle in 1m10.67 to break twenty four year old Wellington record of 1m12.78 set by Alexander Franks in Jan 1994.

These times also broke two of Ben Walsh's long standing club records. In January 2007 Ben had swum 50m freestyle in 33.45 and 100m freestyle in 1m13.87.

Two outstanding swims Oliver – well done

Entering Meets not on the PCA Calendar:

PCA does not place any restriction on what meets members may enter as long as they meet the qualifying criteria of the meet.

If you enter a meet that is not on the PCA calendar please ensure that you provide your entry information to the race secretary so that we have an up to date record of your times for checking records etc.

Arranging Volunteers for Meets:

Meets require a large number of volunteers to be able to be run efficiently (Team Managers, Marshalls, Runners, Timekeepers etc), and in order for times to be official a minimum number of qualified Technical Officials are required.

All of this work is voluntary, including the allocation of volunteers to duties by the PCA Officials Co-ordinator.

When entering meets it is usually a condition of entry that a minimum number of Technical Officials and other volunteers will be provided to support the swimmers entering from each club.

PCA will co-ordinate the allocation of volunteers and Technical Officials to the host club (or region) for meets that are on our calendar. For meets outside of the Wellington Region, swimmers may be required to cover the costs of the attendance of a Team Manager.

Any swimmer who enters a meet that is not in the PCA calendar will be required to source their own volunteers for the meet, which should be co-ordinated with the families of other swimmers also attending the meet.

If any swimmer (or group of swimmers) are unable to assist with the running of a meet, then the entry of that swimmer (or swimmers) may be refused by the host club.

Coaching at Meets:

PCA will only provide coaches for meets that are on the PCA Calendar.

For meets outside of the Wellington Region, swimmers may be required to cover the costs of the attendance of a Coach.

Some clubs require that a registered Coach is available to supervise pool warm-up at swim meets.

It is the responsibility of swimmers who have entered meets not on the PCA calendar to ensure that they meet all the criteria set down by the host club when attending the meet.

Meet Reports:

PCA Hardcore – WRAC – 24 November:

- 190 Swimmers from 8 clubs entered
- 63 PCA swimmers entered 156 events
- 45 new Long Course Times
- 70 new Long Course PB's.

Gold Coast Chocolate Carnival (SC) - Tawa - 2 December:

- 60 PCA Swimmers entered 119 events
- 41 new Short Course Times
- 40 new Short Course PB's

ASA Junior Champs (LC) – Auckland 7 – 9 December:

- 9 PCA Swimmers entered 62 events
- 8 new Long Course Times
- 45 new Long Course PB's



Capital T2 Meet (LC) – WRAC – 8 December:

- 11 PCA swimmers entered 32 events
- 3 new Long Course Times
- 23 new Long Course PB's

Swim Wellington 12 and under Championships, 15 and 16 December at WRAC

PCA was the top club at these Championships, winning the title with 1,736 points with SwimZone Racing second with 1,043 points and Raumati third with 655.4 points.

Congratulations to Suri Sun who won the 9 and Under Age Group for Girls and Charlie Dickison who won the 9 and Under Age Group for Boys.

Other top three finishes in the Age Groups were

Vinnie Tat	Second	9 and Under Girls
Felix Thomas	Second	9 and Under Boys
Miya Jiang	Third	10 Year Girls
Oliver Lei	Second	10 Year Boys
Jayden Dickison	Third	10 Year Boys
Cameron Wilkinson	Second	11 Year Boys
Campbell Gollan	Third	11 Year Boys
Lucy Abbott	Second	12 Year Girls

What a fantastic result and a credit to our coaches Ben and Steven for all their guidance in bringing our swimmers up to speed, and speedy they were! Some PBs were huge!

Thanks to all the officials, team managers, those who covered our duties, plus our many more senior officials who continue to 'work' at these meets long after their own swimmers have retired.

Thanks also to the many PCA swimmers who helped Viv out by holding the medal cushion.

Subscriptions:

The membership year begins on 1 July, and subs for the year are:

\$175 for club swimmers

\$120 for squad swimmers

(those swimming with Nevill in the Senior Squads, or Ben in the Orcas, Swordfish, Sharks, Penguins and Seals).

Subs can be paid directly into the PCA bank account 030547-0205093-00 – please use the swimmers name as a reference, or can be paid at the duty desk on a Monday or Friday night, or left in a named envelope in the black letterbox on our storeroom door.

Annual Subs are due on 1 July and should be paid as soon as possible.

For new members joining during the year the sub is pro-rated based on the month of joining, and if the swimmer is a squad or competitive swimmer. These rates are available from the Treasurer or the Committee Member on the desk on Monday and Friday club nights.

Swimmers are required to be financial members to enter swim meets and attend training nights (club and squad) and to attend and vote at the AGM or other club meetings.

Some leeway will be provided for the attendance at training as long as the annual sub is paid by 31 July, within four weeks of joining if a new member, or are on an agreed payment plan and no payments have been missed.

There is no leeway for entering swim meets or being able to vote at club meetings. You must be a paid up member to participate in swim meets and club meetings.

Any family wishing to spread their payments should contact our treasurer on 021-247-7730 or e-mail treasurer@swimporirua.co.nz to make an arrangement.

Duty Roster:

The club is also looking for volunteers to staff the desk on Monday and Friday nights at Cannons Creek.

You will need to report at 5:45pm to set up for a 6:00pm session start and stay until the start of the final session (8:00pm on Monday, and 7:20pm on Friday).

Those interested should contact Matt Hall by e-mail at matthewhall@xtra.co.nz.

BBQ Roster:

On Club Nights, and Sunday Mornings during Club and Lean to Swim Sessions at Cannons Creek Pool there is an opportunity for parents to raise money to help with their club expenses.

The money raised from each sausage sizzle (or whatever else you would like to cook on the BBQ) less any direct expenses is kept by the club and allocated to the family who did the BBQ.

The purchase of some items (sausages, bread etc) is required at the time.

The money raised can be used for entry fees, subs, squad fees, to purchase uniforms etc.

Anyone interested in cooking for a night should contact Viv Morton e-mail president@swimporirua.co.nz or phone 234-7071 for further information.

PCA Swimming Caps:

New members will be given a cap on receipt of their first subscription payment.

Caps are replaced free of charge if they split, on presentation of the damaged cap.

The cost of caps are \$10 each if a swimmer requires another cap.

It would not normally be expected that any swimmer would need more than 1 or 2 caps each year.

Caps can be obtained from the sign-in desk at Monday and Friday night club sessions (at Cannons Creek) or the Team Manager at swim meets.

Club Uniform:

The club orders uniform items several times a year based on the demand. The items that are available for order (and order forms) are on the notice board at Cannons Creek Pool and on the Website.

Items ordered must be paid for before the items will be included in an order sent to our supplier.

The delivery of any order we place takes about eight weeks from the time of ordering. We also have a limited amount in stock of PCA uniform hoodies with zips, T shirts and shorts in various ages.

Club togs are also available (supplied by a local firm so can be ordered and delivered anytime). They are produced by Spank and are black with PCA logo on them.

They come in the following sizes:

Style	Size	Price
Girls	6 – 14 years	\$46
Boys	6 – 14 years	\$50
Women	10 – 18	\$60
Men	14 – 18	\$60

Please contact Becky Campbell on 021-044-8794 or e-mail uniforms@swimporirua.co.nz if you would like to purchase any PCA uniform items - see the web site for details, order form and bank details.

Bank Account Details:

Subs/Uniforms etc	03-0547-0205093-00
Squad Fees	03-0547-0205093-02

If you are unsure which account you should be using, please contact our Treasurer, Murray Pugh, at treasurer@swimporirua.co.nz

Upcoming Events (2019):

12 – 13 January – SNZ Open Water – Taupo – Entries Close 18 December 2018

19 – 21 January – Swim Wellington Summer Champs (LC) – WRAC – Entries Close 13 January

9 February – Wairarapa Meet (SC) – Masterton – Entries Close 1 February

15 – 17 February - SNZ Junior Festival All Stars Zone (SC) – WRAC – Entries Close 29 January

24 February - Gold Coast Ribbon Carnival (SC) – Tawa – Entries Close TBC

Report of Best Times:

If you require a list of your times, please email Keri Martin the Race Secretary at race@swimporirua.co.nz and they will be sent back to you.

Club Contacts:

President (Viv Morton)	234-7071
Vice-President (Brent Harris)	027-489-1120
Secretary (Janet Thomson)	027-442-0961
Treasurer (Murray Pugh)	021-247-7730
Race Secretary (Keri Martin)	021-150-0063
Squad Liaison	
Junior Squad (Natasha Abbott)	021-154-1378
Senior Squad (Andrew Wills)	021 238 8417
Officials Co-ordinator (Beckie Duffy)	027-282-6383
Uniforms (Becky Campbell)	021-044-8794
Newsletter	e-mail info@swimporirua.co.nz