

Cancellations:

The following training sessions are cancelled.

Sunday 28 March - As our club champs are to be held at Tawa on 28 March, there will be no Sunday morning club swimming. The 8:00am and 8:45am sessions are cancelled but learn to swim will be held as normal.

Good Friday, Easter Sunday and Easter Monday (2 to 5 April) – all club and squad sessions are cancelled.

Learn to Swim:

There will be no Learn to Swim Session on Easter Sunday 4 April.

The last Learn to Swim Session will be held on 11 April to make up for the Sunday session cancelled due to Alert Level 2.

NZ Community Trust – Grant:

Porirua City Aquatics recent grant application to the NZ Community Trust has been successful and this money will go towards the cost of hiring the Cannons Creek Pool.



School Holiday Club Swimming:

Monday 19 April and Friday 30 April club sessions will be devoted to distance badge swimming only.

PCA has distance badges swimmers can achieve by completing a distance without stopping. Distances covered are 25m (one length) 50m, 100m, 200m, 400m, 800m, and 1500m. Once a swimmer has completed all these distances they move on to swimming 1 kilometer (40 lengths) for a time. The club has various ribbons to reward swimmers for the times achieved.

PCA has the pool booked until 8.30pm. Three lanes will be available from 6pm to 6.30pm and then we'll have the whole pool until 8.30pm. New swimmers should arrive at 6pm, 200m and/or 400m swimmers should come at 6.30pm. Those swimming longer distances are to come at 7pm. To help this evening run smoothly coaches will need help from parents counting laps and/or timing the 1k swimmers.

Please note:

- swimmers may need to wait their turn if the lanes are full, to enable everyone the opportunity to achieve their goals.
- Parents helping are asked not to interrupt swimmers to update them on their progress or the number of lengths they have to go. Please leave them to get 'on with the job.' Hopefully they are counting themselves anyway.

Tadpoles, Seals, Eels and Penguins

As these groups do not train over the school holidays, swimmers should come along and swim for the distance badges.

Orcas, Sharks and Swordfish will be emailed their holiday timetable

Porirua City Aquatics Div III Meet:

1 May 2021 Tawa Pool.

Session one 9:00 am warm up for a 9:30 start. Session 2 1:30pm warm up for a 2:00pm start.

This meet is open to all developing swimmers, meaning swimmers who have qualified for the 2021 National Div II meet, National Age Groups and/or Opens, and swimmers who finished either first, second or third in an individual race (excluding the kick race) at the 2021 Junior Festival in January 2021 may not enter. The purpose of this meet is to give developing swimmers a chance to shine, medal and gain finalist ribbons.

This is PCA's meet and we will be expecting to have the biggest team there – it is a club fundraiser, and we also be expecting to see swimmers from all around the region, including Manawatu to enter as they have done in the past.

Entries, via Fastlane, close at midnight on 26 April.

It is the PCA's expectation that our National swimmers (in club uniform) will help at the meet in return for the support they have received from the club to attend Nationals.

For full details, see the flyer on the noticeboard or website.

Meet Reports:

Capital Classic – WRAC – 20 February:

Firstly, Eric Yuan had an amazing race in the 12yr Boys 50m Fly with a new Wellington Record of 29.00. The previous record was 29.98.



Congratulations Eric!!

Both sessions went extremely well for the swimmers - it was a self marshalling meet, and all the swimmers did a great job of getting to the correct heat and lane in plenty of time.

We asked the older swimmers to help ensure our youngest members were in the right lanes and give them any tips for the race ahead - thanks you guys! the younger Club members look up to them and don't often get to interact so I think they all enjoyed getting to know each other.

All the swimmers turned up on time for warm-up with the exception of 1, so we spoke with the parent to remind them of the importance in being there in time to warmup.

We had loads of PBs in both sessions - well done everyone!! There were quite a few swimmers who hadn't swum, or have only done 1, Long Course Meet so it was great to see so many PBs!

Prizes of chocolate were awarded to the top three point scorers in each age group. While this list is not complete Congratulations to Vinnie Tat 2nd place in her age group, and third placegetters Kazia Phelps, Jared Wu and Jed O'Donnell.

All of the swimmers represented PCA extremely well both in and out of the water - I enjoyed the day immensely and felt that all of them were engaged, polite, respectful and seemed to have a great time and encouraged each other.

What a great group of kids!!

Thanks to Veronica and Rose for also assisting - definitely helps having 2 TMs and makes it more fun.

Thanks to the Coaches, Nevill, Steven, Todd & Dennis, and to all the other helpers, officials and parents.

Jacqui O'Donnell – Team Manager

Swim Wellington Harbour Challenge – 27 February:

PCA had a team of 11 swimmers enter the Wellington Harbour Challenge on 27th February.

Most of the swimmers had never raced in the Harbour before and it was impressive that all 3 girls entered did not to wear wetsuits!

It was a beautiful morning and early enough for a magnificent sunrise, not a breath of wind. The team included Danielle Rule, Lucy Campbell, Jade Lin, James van der Voort, Joe Reiher, Ben Reiher, Dillon Raimona-Pahetogia, Luke Martin, Eric Yuan, David Zhu, Sunny Zheng and all raced in the 1.25k swim in the Wellington Harbour.

Congratulations to everyone who swam, you had a great attitude.

An impressive team with the following medals:

Mens 12-15yr medals

1st James

2nd Joe

3rd Ben

Mens 16-34yr medals

1st Dillon

2nd Luke

Females 12-15yr medals

3rd Lucy Campbell



Woollahra Trophy – Coastlands - 14 March:

PCA's team of just eleven swimmers did very well at this meet with 70% of their swims being a Personal Best. Congratulations to everyone, especially those trying new events.

The relays were the highlight of the meet with teams swimming twice. Firstly in the heats to establish a time and then in a handicapped final. Any team breaking their heat time by more than two seconds in the final was disqualified, this avoids teams swimming a slow heat to win the final.

In the very close final PCA's 12 and under teams swam a very well judged race. Our A team were first – well done to Freddy Mills, Justin Wang, Indie Spalding and Lewis Parker. Our B team placed second just 0.46 second behind and only 0.19 second ahead of Tawa. Congratulations to Jackson Crawford, Lily-Ann Alderson, Piper Lang and Abigail Parker.

Unfortunately PCA didn't have enough swimmers to enter a 13 and over relay team. This was another really close final with Raumati's two teams disqualified for swimming too fast leaving lower placed Tawa to win. In the overall result (PB results added to relay points) Tawa was the overall winner with 90 points, PCA was second with 85 and Raumati third. A big thank you goes to our officials, especially those who didn't have swimmers taking part and those who answered the call "more time keepers are needed". Thanks also to our team manager and coach.

Subscriptions:

The membership year begins on 1 July, and subs for the year are:

- \$195.00 for club members. That is, those who swim in the Eels and Tadpoles squads and those who swim at the club sessions on Friday and/or Monday nights and/or Sunday mornings.
- \$150.00 for squad members, being those in the Senior squad, Orcas, Sharks, Swordfish, Seals, Penguins and those who swim in PCA's Johnsonville squad.

Subs can be paid directly into the PCA bank account 030547-0205093-00 – please use the swimmers name as a reference, or can be paid at the duty desk on a Monday or Friday night, or left in a named envelope in the black letterbox on our storeroom door.

Annual Subs are due on 1 July and should be paid as soon as possible.

For new members joining during the year the sub is pro-rated based on the month of joining, and if the swimmer is a squad or competitive swimmer. These rates are available from the Treasurer or the Committee Member on the desk on Monday and Friday club nights.

Swimmers are required to be financial members to enter swim meets and attend training nights (club and squad) and to attend and vote at the AGM or other club meetings.

Some leeway will be provided for the attendance at training as long as the annual sub is paid by 31 July,

within four weeks of joining if a new member, or are on an agreed payment plan and no payments have been missed.

There is no leeway for entering swim meets or being able to vote at club meetings. You must be a paid up member to participate in swim meets and club meetings.

Any family wishing to spread their payments should contact our treasurer on 021-247-7730 or e-mail treasurer@swimporirua.co.nz to make an arrangement.

Duty Roster:

The club is also looking for volunteers to staff the desk on Monday and Friday nights at Cannons Creek.

You will need to report at 5:45pm to set up for a 6:00pm session start and stay until the start of the final session (8:00pm on Monday, and 7:20pm on Friday).

Those interested should contact Becky Campbell on 021-044-8794 or email beckygrnz@hotmail.com.

BBQ Roster:

On Club Nights, and Sunday Mornings during Club and Lean to Swim Sessions at Cannons Creek Pool there is an opportunity for parents to raise money to help with their club expenses.

The money raised from each sausage sizzle (or whatever else you would like to cook on the BBQ) less any direct expenses is kept by the club and allocated to the family who did the BBQ.

The purchase of some items (sausages, bread etc) is required at the time.

The money raised can be used for entry fees, subs, squad fees, to purchase uniforms etc.

Anyone interested in cooking for a night should contact Viv Morton e-mail president@swimporirua.co.nz or phone 234-7071 for further information.

PCA Swimming Caps:

New members will be given a cap on receipt of their first subscription payment.

Caps are replaced free of charge if they split, on presentation of the damaged cap.

The cost of caps are \$10 each if a swimmer requires another cap.

It would not normally be expected that any swimmer would need more than 1 or 2 caps each year.

Caps can be obtained from the sign-in desk at Monday and Friday night club sessions (at Cannons Creek) or the Team Manager at swim meets.

Club Uniform:

The club orders uniform items several times a year based on the demand. The items that are available for order (and order forms) are on the notice board at Cannons Creek Pool and on the Website.

Items ordered must be paid for before the items will be included in an order sent to our supplier.

The delivery of any order we place takes about eight weeks from the time of ordering.

We also have a limited amount in stock of PCA uniform hoodies with zips, T shirts and shorts in various ages.

Please contact Veronica Rule on 021-0255-3366 or e-mail uniforms@swimporirua.co.nz if you would like to purchase any PCA uniform items - see the web site for details, order form and bank details.

Bank Account Details:

Subs/Uniforms etc	03-0547-0205093-00
Squad Fees	03-0547-0205093-02

If you are unsure which account you should be using, please contact our Treasurer, Murray Pugh, at treasurer@swimporirua.co.nz

Upcoming Events:

28 March – PCA Champs (SC) – Tawa – Entries Closed

5 – 10 April – SNZ Opens (LC) – Auckland – Entries Closed

11 April – PCA Novice Carnival – Cannons Creek – Entries Close 4 April

19 – 23 April – SNZ National Age Groups (LC) – Entries Close 30 March

1 May – PCA Div III (SC) – Tawa – Entries Close 26 April

Report of Best Times:

If you require a list of your times, please email Keri Martin the Race Secretary at race@swimporirua.co.nz and they will be sent back to you.

Club Contacts:

President (Viv Morton)	04-234-7071
Vice-President (Brent Harris)	027-489-1120
Secretary (Janet Thomson)	027-442-0961
Treasurer (Murray Pugh)	021-247-7730
Race Secretary (Keri Martin)	021-150-0063
Squad Liaison	
Junior Squad (Viv Morton)	04-234-7071
Senior Squad (Janet Thomson)	027-442-0961
Johnsonville Squad (Novia Guo)	021-869-669
Officials Co-ordinator (Elouise Thomas)	022-140-5068
Uniforms (Veronica Rule)	021-0255-3366
Newsletter	e-mail info@swimporirua.co.nz