

Welcome to this month's edition of the **Porirua City Aquatics** Newsletter. We hope you find our swimming news both an informative and enjoyable read.

May 2012



PORIRUA CITY AQUATICS CLUB CHAMPIONSHIPS

Friday 11th May and Monday 14th May 2012.

6pm warm up for a 6.30pm start.

Age as at 11th May 2012.

Over the years the club has had over fifty cups and trophies donated and these are swum for at our Annual Championships. The Cups and Trophies are in age groups 9yrs and under, 10/11yrs, 12/13yrs, 14/15yrs and Open, cover four strokes, as well as medley, with separate events for boys and girls.

As well as the Cups and Trophies events, 'Age Groups' races are held in individual age groups from 6yrs and under up to 17yrs and over, and the points earned in these races (1st 8, 2nd 5, 3rd 3, and one for all others participating) contributed to the Age Group medals.

Both the Age Group medals and Cups and Trophies will be presented at our Prize Giving. (Further details will follow, re the date, format etc.)

To give our swimmers a chance to record official times these Championships we intend to run these championships as an official meet.

As many of the age group events are the same as the Cups and Trophy events the programme has been streamlined so no one will swim the same distance/stroke twice, but the results from one swim may count for both the Cups and Trophies and the Age Group points. All events will be swum in mixed age groups, graded/scratch, that is, from slowest to fastest (like Gold Coast Meets) with boys and girls swimming separately.

The events are listed on the reverse of this sheet

Events 1 to 17 swum on Friday May 11th, with events 18 to 31 being swum on Monday May 14th.

Swimmers will need to take care when doing their entries to be sure they enter all the races they wish to swim and are eligible for. **Entries will close on Friday 4th May – see the noticeboard**, late entries will not be accepted.

We would like everyone to 'Have a Go' at these Championships – there are many events on the programme, I am sure everyone will find something they are comfortable to swim.

Obviously we will need help to run these Championships – officials will be called for on the night. As this is an 'official' meet we must have three timekeepers on each lane, at least two IOT's at each end of the pool, as well as a qualified referee, stroke inspector, and starter.

If there are any queries see Viv Morton or Andy Wilkinson

PRIZE GIVING AND ANNUAL GENERAL MEETING

This combined event will be held on Sunday 27th May 2012 in the upstairs meeting room at the Te Rauparaha Arena commencing at 2pm.

All club members, their families and supporters are welcome.

Our plan for the afternoon!

1. Prizegiving starting at 2pm

This is a time to acknowledge our club champions and reward those who have competed with success at the club champs and during the year. The club has over 50 Cups and Trophies to present, as well as the Age Group Medals and Club Champs Certificates.

This will be followed by

2. Afternoon tea. Club Members are asked to bring a plate of finger food.

Following afternoon tea club members may have a swim. The club will pay the council's door entry charges for club members. Siblings and others will need to cover their own costs.

3. Annual General Meeting. This is expected to take no more than an hour. Please remember that while AGM's are a time to 'give out' the jobs for the coming year, they are also a time to acknowledge the work of the committee and coaches who have given many hours freely to the club and your children over the past 12 months. The committee would appreciate your support at this meeting.

Meeting details are as follows

Notice is hereby given that the 2012 Annual General Meeting of

Porirua City Aquatics Incorporated will be held in the upstairs meeting room at Te Rauparaha Arena, Porirua on Sunday May 27th, 2012 commencing at 3.30pm.

AGENDA

1. **Welcome**
2. Apologies
3. Minutes of the 2011 Annual General Meeting
4. Matters Arising
5. President's Report
6. Treasurer's and Auditors Report
7. Coaches report
8. Election of Officers – Patron, President, Vice-President, Club Captain, Vice-Club Captain, Secretary, Treasurer, Registrar, Race Secretary, Hon.Auditor.
9. Committee Members. (The committee shall comprise not less than 10 and no more than fifteen persons, including the officers and excluding the Patron and Auditor.)
10. Notices of motion, as notified to the Secretary not less than 21 days prior to the meeting.
11. General business.

Note – Only those who have been financial members of Porirua City Aquatics for at least 30 days have voting rights at this meeting. A financial member is entitled to one vote. The voting rights of members under 18yrs may be exercised by that member or the member's parents or guardians.

It is expected that the voting rights of members 13yrs and under will be exercised by the members parent or guardian.

Please complete the form below if you wish to nominate someone for the committee.

Nomination form. I wish to nominate _____ for the position of

_____ or as a committee member on PCAs 2010/2011 committee.

I accept nomination _____ (to be signed by the person being nominated.)

Nominated by _____ Seconded _____

Completed nominations forms are to be placed in the black letter box on the wall in the storeroom at Cannons Creek Pool, or given/posted to the Secretary, PCA, Carol Corlett, 44 Gray St., Pukerua Bay Porirua 5026. While nominations will be taken on the night it does speed up proceedings to have advance notice of nominations.

40th REUNION

To celebrate 40 Years of Swimming Club at Cannons Creek Pool we are having a dinner at the Petone Working Mens Club, Udy Street, Petone on Saturday 7th July 2012.

We welcome all past and current members, swimmers and families – 15 years and over.

5.30pm Mix and mingle
7.30pm Dinner and Dance
12.30am finish

\$40 per head (drinks not included) – limited tickets

To obtain a registration for please email

- Sarah Tait – thetait@inspire.net.nz
- Linda George – george-family@xtra.co.nz
- See Eileen Adams on club nights at Cannons Creek Pool
- Or go to www.swimporirua.co.nz
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All registrations and payment required by 15 June 2012

To be followed by a 40th Anniversary family fun carnival – free for all ages at Cannons Creek Pool, Sunday 8th July 2012 – registrations on the day. Warm up from 1pm.

NOVICE CARNIVAL – MAY 20TH CANNONS CREEK POOL 1.30pm.
A GREAT OPPORTUNITY FOR THOSE WHO ARE NEW TO THE CLUB AND THOSE WHO HAVE
NOT COMPETED IN MANY CARNIVALS
Come along and “HAVE A GO” – an introduction to racing

Porirua City Aquatics is hosting our Annual Novice carnival on Sunday 20th May 2012 at the Cannons Creek Pool. Warm up is at 1.30pm for a 2pm start.

Races at this meet are held in single age groups from 6 years and under up to 11 years and over, over 25m and 50m, in freestyle and backstroke only.

As this is a Novice Carnival there are restrictions on those who can enter. All swimmers under 8 years old as classed as a Novice, while those 8 years and over can only swim if they

have not competed in more than three inter-club carnivals and/or have not qualified for the Wellington Championships. This meet is targeting swimmers new to competitive swimming. Every effort will be made by the officials to put swimmers at ease and to ensure they enjoy their first swim meet. The club will appoint a team manager to look after the Porirua City Aquatics team at the meet. The team should sit together with the team manager.

All those competing will receive a 'participant' ribbon. Those winning their heat will receive a 'heat winner' ribbon. Swimmers will swim the each event/s they enter once, and the times will be collated to rank the swimmers – in swimming this is known as *timed finals*. Ribbons will be presented to those who place first, second or third overall in each event. Full details and entry instructions are on the noticeboard. It would be great if our club had the biggest team at the meet. If you have a query about this meet, speak to your child's coach or ring Viv on 234 7071.

CUPS AND TROPHIES – please return these NOW

Everyone who won cups and trophies last year are asked to return them now. We also ask that you give them a good clean and polish before dropping them off.

If you do not return your cups they can not be presented to this years recipients at the upcoming prize giving.

Cups and Trophies can be returned to the Cannons Creek Pool on Monday or Friday nights, or left with Eileen Adams at P&Z Decorating (Porirua Town Centre) during working hours.

Results:

NZ Age Groups Champs, 6-10 March WRAC

Congratulations goes to all of our team that competed at this years NZ Age Group Champs: who were **Matisse Uluilata (13)**, **Monica Saili (14)**, **Christopher Andrews-Kidd(14)**, **Hamish Trlin(14)**, **Ben Walsh(15)**, and **Bronagh Ryan(18)**.

The team represented PCA well gaining many outstanding individual and team results.

In total the team won **3 individual medals** (3 gold), **3 regional relay medals** (1 gold, 2 silver), achieved **19 top 10 national placings**, achieved countless PBs and a number of club records. Overall the team placed 28th out of the 78 teams attending the meet.

Meet highlights included:

- **3 golds** won by **Ben Walsh (15)** in the 50, 100 and 200 breast strokes. Each of these swims set new **wellington records**.
- **Bronagh Ryan (18)** setting a **Wellington record** in the 50 Back (placing 4th nationally).
- **Bronagh Ryan** being selected for the Wellington Womens 18& U regional relay teams (freestyle and medley), and winning **gold** in a very close final for the 4x50 medley relay in a **Wellington record** time.
- **Ben Walsh and Christopher Andrews-Kidd** being selected for the Wellington Mens 15& U regional freestyle relay team and winning **silver**
- **Ben Walsh and Hamish Trlin** being selected for the Wellington Mens 15& U regional medley relay team and also winning **silver**.

Finals results were:

Swimmer	Individual Results	Regional Relay results
Ben Walsh (15)	Finalist Gold 50 Breast , Wellington Record Gold 100 Breast, Wellington Record Gold 200 Breast, Wellington Record	Silver 15&U Boys 4 x 50 freestyle Wellington region relay team (1 st leg)

	50 Fly 6 th <u>Other swims</u> 200 Back 8 th (prelim), 100 Free 16 th , 100 Back 18 th , 100 fly 16 th ,	Silver 15&U Boys 4 x 50 Medley Wellington region relay team (Backstroke leg)
Hamish Trlin (14)	Finalist 200 IM 4 th , 200 Back 5 th , 200 Breast 6 th , 100 Breast 6 th , 100 Back 7 th , 50 Breast 8 th , 50 Back 8 th , 50 Fly 9 th <u>Other swims</u> 50 Free 23 rd	Silver 15&U Boys 4 x 50 Medley Wellington region relay team (Butterfly leg)
Monica Saili (14)	50 Fly 15 th , 50 Breast 20 th , 50 Free 30 th , 200 Free 32 nd ,	
Christopher Andrews-Kidd (14)	Finalist 50 Free 7 th , 100 Breast 8 th , <u>Other swims</u> 50 Breast 11 th , 100 Free 13 th , 50 Fly 26 th , 200IM 29 th	Silver 15&U Boys 4 x 50 freestyle Wellington region relay team (3rd leg)
Bronagh Ryan (18)	Finalist 50 Back 4 th , Wellington Record 100 Breast 6 th , 200 Breast 7 th , 50 Breast 7 th , 50 Free 9 th <u>Other swims</u> 100 Free 16 th , 200IM 16 th	Gold 18&U Womans 4 x 50 Medley Wellington region relay team (Backstroke leg) Wellington Record 18&U Womans 4 x 50 Freestyle Wellington region relay team (3rd leg) 4 th
Matisse Uluilata (13)	50 Fly 20 th	

Special thanks to those who volunteered as officials to assist with running of the meet and undertaking club duties.

Div II meet: Dunedin 11 - 14th April 2012

Emily Laws was PCA's sole representative at the national Division 2 champs that was run in Dunedin recently.

We were fortunate that Emily was able to join up with the team from the Tawa Swim Club who happily took her under their wing for the entire meet.

Emily swam in the 15 year old girls division and was also selected for the girls 15 and over Wellington regional relay team for both the medley and the freestyle relays.

Emily had a great meet particularly in the backstroke events. She came away with 3 medals as follows:

Gold: 100m backstroke (PB time of 1.13.14)

Silver: 50m backstroke (PB time of 34.23)

Bronze: Wellington relay team 4 x 50m medley team. Emily led the Wellington team off with the backstroke leg and lowered her PB time to 33.68.

Many thanks must go to the Tawa Swim Club and Div 2 team for looking after Emily. In particular, a special big thank you to the Tawa team manager, Maxine Gordon and the Tawa coach, Jason McPhee.

Terry Laws

FRIDAYS NIGHTS BBQ

On Friday nights at the Cannons Creek Pool there is an opportunity for people to raise money to help with their families swimming expenses. The profits from the sausage sizzles are divided each term, between those who have manned the BBQ. For one nights work people can earn \$40.00 to \$50.00 profit that is held by the club and can be used for entry fees, subs, squads fees, to purchase uniforms etc. Anyone interested in cooking for a night should ring Onolata Little ph 235 5646.

DUTY ROSTER

The club is also looking for volunteers to take 'man' the desk on Monday and Friday nights at Cannons Creek. This includes taking the roll, receipting any money, answering questions, taking enquires etc....and if you haven't got all the answers Viv and Eileen are on pool deck for advice. You would be required to be at the pool by 5.45pm and would finish about 7.30pm on Monday's and 8pm on Friday's. Those interested should ring Onolata Little ph 235 5646.

HOUSEKEEPING

- Swimmers are reminded that the **Race Secretaries Entries Box** at both the Cannons Creek and Porirua Pools is for **race entries and entry fees only**. Occasionally swimmers may be asked to leave permission slips etc in these boxes as well. These boxes are can also now be used for uniform purchase forms. Please ensure race entries and entry fees are placed in the correct box. If you are unsure please check with your coach or the Committee member on duty.
- Newsletter – if you would like to receive the newsletter via email in future please send an email to Carol on secretary@swimporirua.co.nz.
- **PCA Bank Account Details:**
 - Main Account – Subs/Uniforms etc – 03-0547 – 0205093-00
 - Race Secretary – Race Entry Fees – 03-0547 – 0205093-01
 - Squad Account – Squad Fees & Camp Pmts– 03-0547 – 0205093-02

If you are unsure which account you should be using, please contact our Treasurer Julie Saunders on 389 5907 or treasurer@swimporirua.co.nz

Upcoming Meets

UPCOMING EVENTS			
DATE	EVENT	VENUE	NOTES
5 May	Karori Signature Meet	WRAC	Closed
11 May	PCA Club Champs	Cannons Creek	Details on notice board
14 May	PCA Club Champs	Cannons Creek	Details on notice board
19 May	SWN Relay Champs	WRAC (sc)	Details on notice board and website. Closes 7 May
20 May	PCA Novice Carnival	Cannons Creek	Details on notice board and website. Closes 10 May
26 May	Interclub League round 2	Huia	Details to come.
1-3 June	Neptune Queens Birthday meet	Moana Pool, Dunedin	Details on website. Closes 11 May
9 June	SWN Long Distance Meet	Huia	Details on website. Closes 25 May
11 June	PCA 100m Handicap	Cannons Creek	PCA Members only
24 June	Gold Coast Paekakariki Shield & Chocolate Carnival	Cannons Creek	Details to come
N.B. If you require a list of your times, please email Andy Wilkinson – andyandnicola@gmail.com - and they will be sent back to you.			

Porirua City Aquatics Inc. Club Contacts		Phone
President	Viv Morton	234 7071
Secretary	Carol Corlett	239 9766
Treasurer	Julie Saunders	389 5907
Race Secretary	Andy Wilkinson	233 6016
Club Captain	Onolata Little	235 5646
Senior Squad Liaison	Hiria Pointon	478 9265
Junior Squad Liaison	Ondine Souter	233 0625
Officials Contact	Terry Laws	233 0360

PCA WEBSITE

Check out our website – swimporirua.co.nz
