

# PORIRUA CITY AQUATICS 2024 CLUB CHAMPIONSHIPS



TAWA POOL

SUNDAY 17 MARCH 2024

Session 1 - Warm up 2pm Start 2.30pm  
Session 2 - Warm up 4.30 pm Start 5.00pm

Open to all Porirua City Aquatics financial members.

Those recording a PB or New time will receive a PB ribbon. Everyone will receive a Participant ribbon.

Session 1 - Warm up 2.00pm 2.30pm start					
Ev no.		Events	Ages eligible for Age Groups Points	Cups and Trophies	
G	B			Girls	Boys
1	2	Open 200m Freestyle		Brown Cup - Open	Byrne Cup - Open
3	4	10 & under 50m Freestyle	8yrs, 9yrs and 10 yrs	Adams Trophy 9/U	Ropati Trophy 9&U
5		Mixed 16 & Over 50 Freestyle		Aotea Painting and Decorating Cup 16&O Mixed	
6	7	7 & Under 25 Freestyle	6yrs and under, 7yrs	No cup/trophy	
8	9	10 & over 100m Freestyle	11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs 17 & O	Hunter Cup 10/11 Roberts Cup 12/13 Church Cup 14/15	Hunter Cup 10/11 Ascot Park Cup 12/13 Judd Cup 14/15
10	11	10 & under 50m Backstroke	8yrs, 9yrs and 10 yrs	Mills Cups 9/U	Morton Cup 9/U
12	13	7 & under 25m Backstroke	6yrs and under, 7yrs	No cup/trophy	
14	15	10 & over 100m Backstroke	11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs 17 & O	Thompson Cup 10/11 Willis Street Driving School Cups 12/13 (two cups) Lydia Robati Cup 14/15 Sutherland Cup Open	Ryan Coom Trophy 10/11 Wall Cup 14/15 Skinner Cup Open
16	17	10 & over 200m Medley		Mana Swimco Cups 4 for Girls / 4 for Boys 10/11yrs, 12/13yrs, 14/15 yrs and Open	

Session 2 - Warm up 4.30 pm Start 5.00pm					
Ev no.		Events	Ages eligible for Age Groups Points	Cups and Trophies	
G	B			Girls	Boys
18	19	10 & under 50m Breaststroke	9yrs, 10yrs	Matthews Cup 9/U	Curd Cup 9/U
20	21	8 & under 25m Breaststroke	7yrs and under, 8yr	No cup/trophy	
22	23	10 & over 100m Breaststroke	11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs 17 & O	P&Z Decorating Cup 10/11 Reader/Gordon 12/13 Maraku Cup 14/15 Clare Cup Open	Clinch Cup 10/11 Post Cup 12/13 Maraku Cup 14/15 McCarron Cup Open
24	25	13 & under 50m Butterfly	10yrs, 11yrs, 12yrs, 13yrs	Camille.Coom Trophy 9/U	Roberts Cup 9/U
26	27	9 & under 25m Butterfly	8yrs and under, 9yrs	No cup/trophy	
28	29	10 & over 100 Butterfly	14yrs, 15yrs, 16yrs, 17 & Over	Whitby Cup 10/11 Willis Street Driving School Cups 12/13 (two cups) Fozard Cup 14/15 Janssen Trophy Open	Painter Cup 10/11 Morton Cup 14/15 Berryman Cup Open
30	31	Open 100m Medley	9yrs & U, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17 & Over	Mana Swimco Cup 9/U	Mana Swimco Cup 9/U

See below for an explanation of the events.

3/02/2024

## Age Groups Points

Points (8 for first, 5 for second, 3 for third and one to all other participants) are awarded in age groups from 6 yrs & under (separate age groups) through to 17yrs & over. Points accumulate and the top three boys and top three girls will receive age group medals. All age groups have an age group race in each stroke, plus a medley. Events available for age group points/races are shown in the column 'Ages eligible for Age Group Points'.

**Cups and Trophies** cover four strokes plus a medley in the double age groups shown. For most age groups there are five cups – four strokes plus a medley.

**Important. The events as listed will be swum as timed finals with many events counting for the cups & trophies as well as age group points. For example – Results from Ev 22 Girls 100m breaststroke count towards the age group points for 11yrs, 12yrs, 13yrs, 14yrs, 15yrs 16yrs and 17yrs and over as well as the cups as listed.**

**The 25m event are eligible for age group points only.**

## MEET CONDITIONS

- Meet is open to all financial members of Porirua City Aquatics.
- All events will be marshalled and swum as timed finals. (mixed ages, from slowest to fastest)
- Age is at the date of the meet.
- Warm Up; Entry to the pool during warm-up will be feet first only except at the start (deep) end in Lanes one and seven. These lanes will be available for diving and sprints for the duration of the warm up. There is to be no diving at the shallow end. **ALL 25M RACES WILL START IN THE WATER AT THE SHALLOW END**
- Entries will be via the SNZ Database. Entries close at midnight on Sunday 10 March 2023.
- There will be no entry fees, or door charges
- The Organisers will not be liable for any loss or damage at this meet.
- All participants must agree to comply with the Sports' Anti-Doping Rules.
- Strapping of muscles/joints is not permitted unless supported by a doctor or physio certificate and sighted by the Technical Director prior to the start of the session where strapping is applied.
- The Organisers reserve the right to amend the program if necessary, and to restrict entries.
- Meet will be run according to SNZ/World Aquatics and local rules. DQ's will be issued for rule infringements. This meet is not classed as a National Qualifying meet but will be officiated as such. Times achieved may be used as qualifying times for Regional Championships. Times may be used to break PCA short course records.
- By entering this meet participants agree to allow images (e.g. photography, video, etc.) to be taken by accredited media approved by Swimming Wellington. Images are only to be used for legitimate purposes by Swimming Wellington or PCA in accordance with the SNZ Member Protection Policy.
- Parents of entrants must be available to assist at the meet as required.
- Technical director/Meet referee Brent Harris 027 489 1120. Meet organiser Viv Morton ph 027 645 1146

**PCA has shortened the break between the sessions.**

**Our suggestion is you bring a picnic.**

**BBQ sausages will be available - \$2.00 each**

**Further details will follow regarding the Prize Giving where the Cups and Trophies, Age Group Medals and Certificates will be presented.**

