

Annual Subscriptions:

Annual subscriptions are due for payment by 31 July.

To retain membership privileges of attending swim lessons, squad trainings you must be financial, or have arranged a payment plan with the Treasurer.

To swim at any meets / carnivals you must be financial.

Queries regarding membership should be sent to the Registrar (Brent Harris) at info@swimporirua.co.nz.

Queries regarding setting up a payment plan should be sent to the Treasurer (Murray Pugh) at treasurer@swimporirua.co.nz.

Learn to Swim Term 3:

PCA's next course begins on 1 August and finishes on 12 September.

Swimmers must be at least 5 years old and 1.1m tall to take part. A course of lessons is \$45.

Cash payment can be made at the first day (no eftpos) or on-line into account no 030547 0205093 01 using the child's name and T2S as the reference.

Classes covering all levels are at 9.30 and 10am. Swimmers should arrive at least 15 minutes early on the first day to complete the enrolment process.

PCA does not take advance bookings.

A Note from the Coaches:

Our coaches have noticed some parents distracting their swimmers during training and giving them coaching 'hints and guidance'

Parents are urged to please leave the coaching to the coaches.

You are welcome to share your thoughts with the coach after training.

At times the coach may working on something in particular that is not obvious to those watching and if parents distract the swimmers this will undermine their coaching plan.

It would be helpful if parents watching a session could sit on the grandstand side, rather than pool side or at the end of the pool, so as not to distract their swimmers.

Have-a-Go Race Night - Friday 20 August 2021:

Cannons Creek Pool. 6:00pm warm up, 6:30pm start

Race night is open to all our swimmers, especially those who swim on Friday nights, Monday nights, Sunday morning and/or in the Tadpoles, Seals, Swordfish or Sharks squads.

Entries are taken on the night.

This meet is not about winning - it is about "Having a Go", learning to race, learning race rules, trying new events and establishing a club time.

Times recorded will not be official and can't be used as entry times for other meets.

Because of race night Tadpoles training is cancelled.

Sharks training will be held as normal from 5 to 6pm. Sharks are welcome to join race night after training.

The 200m medley is event 1 on the programme – an event all Sharks should be *Having-a-Go* at.

Any queries, please speak to your child's coach or email president@swimporirua.co.nz

For those keen to race as the next step from Race Night swimmers should be looking to enter the Gold Coast Carnivals. These are very relaxed, official meets, and a great place to learn about racing.

Distance Badge Swims:

Distance badge swimming held on the Monday's of the school holidays proved a great success with many swimmers achieving their goals and much more.

It was great to see so many swim further than they ever expected and along the way surprising their parents!

Special mention for great swims goes to Khaleesi Duncan who swum 25m, 50m, 100m, 200m, 400m, 800m and 1500m (113 lengths in total) all in one night, non-stop with only short breaks between each distance. She was in the water from 6pm to 8.15pm. A remarkable achievement for an 8 year old. Xane Adip also swum the same distance in one night – well done Xane.

A big thank goes to all those who helped count the lengths and time those swimming 1K (40 lengths).

Congratulations to all the swimmers.

Distances

25m, 50m, 100m and 200m – Eli Haran.

The above distances plus 400m – Indigo Eastham, Ruben Kaiwai and Florence Locke-Fearn.

All the above plus 800m – Georgia Cripps, Anya Layfield, Amokura Olsen, Oliver Seavor-Cross, Quinn Spalding and Charlotte Theibaut.

Also all of the above plus 1500m – Xane Adip, Lite Alafea, Khaleesi Duncan, Patrick Reiher and Lincoln Thomas.

200m and 400m Zayne Tongia-Gardiner.

200m, 400m and 800m Julia Wang.

400m and 800m Milan Vos.

800m Grace Dick, Noah Haran, Zarna Parish & Tyler Rutherford.

800m and 1500m Jia Mittal & William Whitehead.

1500m – Annabelle Dick, Indie Spalding, Max Tanatia, Teagan Vos & Logan Wilson.

Well done to those who swam 1k for a time, especially Felix, Daniel and Freddy who swam their 1k straight after completing a 90 minute Orcas training session.

Under 26 min Xane Adip, Molly Percy & Logan Wilson.

Under 25 min Courtney Higham & Marissa Wilson.

Under 24 min Jacob Gibson & Tira Kahurangi Tongia-Gardiner.

Under 23 min Merearihi Gardiner.

Under 22 min Ethan Gibson.

Under 21 min Pippa Percy.

Under 20 min Indie Spalding, Lawrence Wang, Conor Wilson, Sienna Wilson & Allan Wong.

Under 19 min Logan Raimona-Pahetogia & Daniel Turetsky.

Under 18 min Freddy Mills.

Under 16 min Felix Thomas & Raymond Wong.

Under 15 min Dillon Raimona-Pahetogia.

Big efforts were made by Cassidy Hatten, Sierra Hatten, Lily Nalder and Michael Winton who completed 40 lengths just over the time required for a ribbon.

Parumoana Inter-School Swimming Sports:

Dates (both are morning sessions)

Year 5 and 6 – Tuesday 14 September

Years 7 and 8 – Thursday 16 September

Planning is underway for these meets. Please mark your diaries now, as we will need help from our PCA parents to run these meets.

For those new to 'interschools' these meets have been running successfully for a number of years and are jointly run by Porirua City Council/Dash Swim School, Porirua City Aquatics and Easyswim Swim School.

Meet Reports:

Hawkes Bay / Poverty Bay Winter Champs:

The postponement of the Wellington Winter Champs must have been frustrating for more than a few, especially for a couple of our ORCAs squad, as they were chasing qualifying times for AIMS games in September and quickly running out of time.

With no local events before qualifying cut off, Freddy and Travis accompanied by Mackenzie headed over to Hastings for the Hawkes Bay Poverty Bay Winter Champs.

All 3 kids had an absolute blast making new friends from other clubs, and getting to experience a meet with heats and finals.

Freddy had an outstanding meet with lots of PBs and attaining more qualifying times for AIMS. He achieved a Gold medal in the u11 50m Back and Silver medals in the 100m Medley, 100m Breast and 50m Free. Congratulations Freddy.

Travis competed in the U12 200m Free as a straight final and finished in third place with a PB going under 2.30 for the first time and achieving his AIMS qualification. Congratulations Travis.

Mackenzie had the bonus of being dragged along by her big brother which turned out as a real positive. Swimming in the U10 50m Breast and Backstroke she PB'd in both events making the finals of both and also getting two more qualifying times for the September U12 champs. Well done Mackenzie.



Tawa Meet – 25 July:

Wellington Swimming's competitive calendar was disrupted when the Wellington Region were forced into Covid Alert level 2 in June.

This meant the Wellington Winter Champs for all age groups that were to be held at Kilbirnie over the weekend of 25/27 June were cancelled.

With the Kilbirnie Pool now closed for maintenance unfortunately the best Swim Wellington could do was re-schedule and move the Winter Champs to the Coastlands pool for those 12 years and over at the beginning of August.

Many of our younger swimmers had hoped to qualify for the AIMs games (an event for immediate age swimmers) at these champs, and while PCA were prepared to run time trails to cater for them, the Tawa Club saw the need and took the lead by running a 12 and under Meet on July 25th.

Well done to Tawa club, and especially Vicki Gibbs their Race Secretary.

Thanks to the PCA parents who stepped up and helped with timekeeping at the meet. It was great to see with a combined effort, and limited pre-planning local swimmers were still given the opportunity to compete and achieve.

Well done to all our swimmers – everyone either achieved at least one new time or a personal best.

Our team was Audrey Chew, Charlotte Harrison, Emma Harrison, Oscar Hodge, Eden Jackson, Piper Lang, Frederick Mills, Finn O'Donnell, Molly Percy, Pippa Percy, Logan Simmons, Holly Sorenson, Maddy St Just, Charlotte Thiebaut, Milan Vos, Reagan Vos, Justin Wan, Lawrence Wang and Will Whitehead.

Thanks to the team managers Gayle Harrison and Dennis Wang.

Subscriptions:

The membership year begins on 1 July, and subs for the year are:

- \$195.00 for club members. That is, those who swim in the Eels and Tadpoles squads and those who swim at the club sessions on Friday and/or Monday nights and/or Sunday mornings.
- \$150.00 for squad members, being those in the Senior squad, Orcas, Sharks, Swordfish, Seals, Penguins and those who swim in PCA's Johnsonville squad.

Subs can be paid directly into the PCA bank account 030547-0205093-00 – please use the swimmers name as a reference, or can be paid at the duty desk on a Monday or Friday night, or left in a named envelope in the black letterbox on our storeroom door.

Annual Subs are due on 1 July and should be paid as soon as possible.

For new members joining during the year the sub is pro-rated based on the month of joining, and if the swimmer is a squad or competitive swimmer. These rates are available from the Treasurer or the Committee Member on the desk on Monday and Friday club nights.

Swimmers are required to be financial members to enter swim meets and attend training nights (club and squad) and to attend and vote at the AGM or other club meetings.

Some leeway will be provided for the attendance at training as long as the annual sub is paid by 31 July, within four weeks of joining if a new member, or are on an agreed payment plan and no payments have been missed.

There is no leeway for entering swim meets or being able to vote at club meetings. You must be a paid up member to participate in swim meets and club meetings.

Any family wishing to spread their payments should contact our treasurer on 021-247-7730 or e-mail treasurer@swimporirua.co.nz to make an arrangement.

Duty Roster:

The club is also looking for volunteers to staff the desk on Monday and Friday nights at Cannons Creek.

You will need to report at 5:45pm to set up for a 6:00pm session start and stay until the start of the final session at 7:30pm.

Those interested should contact Becky Campbell on 021-044-8794 or email beckygrnz@hotmail.com.

BBQ Roster:

On Club Nights, and Sunday Mornings during Club and Lean to Swim Sessions at Cannons Creek Pool there is an opportunity for parents to raise money to help with their club expenses.

The money raised from each sausage sizzle (or whatever else you would like to cook on the BBQ) less any direct expenses is kept by the club and allocated to the family who did the BBQ.

The purchase of some items (sausages, bread etc) is required at the time.

The money raised can be used for entry fees, subs, squad fees, to purchase uniforms etc.

Anyone interested in cooking for a night should contact Viv Morton e-mail president@swimporirua.co.nz or phone 234-7071 for further information.

PCA Swimming Caps:

New members will be given a cap on receipt of their first subscription payment.

Caps are replaced free of charge if they split, on presentation of the damaged cap.

The cost of caps are \$10 each if a swimmer requires another cap.

It would not normally be expected that any swimmer would need more than 1 or 2 caps each year.

Caps can be obtained from the sign-in desk at Monday and Friday night club sessions (at Cannons Creek) or the Team Manager at swim meets.

Club Uniform:

The club orders uniform items several times a year based on the demand. The items that are available for order (and order forms) are on the notice board at Cannons Creek Pool and on the Website.

Items ordered must be paid for before the items will be included in an order sent to our supplier.

The delivery of any order we place takes about eight weeks from the time of ordering.

We also have a limited amount in stock of PCA uniform hoodies with zips, T shirts and shorts in various ages.

Please contact Veronica Rule on 021-0255-3366 or e-mail uniforms@swimporirua.co.nz if you would like to purchase any PCA uniform items - see the web site for details, order form and bank details.

Bank Account Details:

Subs/Uniforms etc	03-0547-0205093-00
Sunday Learn to Swim	03-0547-0205093-01
Squad Fees	03-0547-0205093-02

If you are unsure which account you should be using, please contact our Treasurer, Murray Pugh, at treasurer@swimporirua.co.nz

Upcoming Events:

31 July to 1 August – Swim Wgtn Winter Champs (SC) – Coastlands – Entries Closed.

2 August – PCA In-House League 1 (SC) – Cannons Creek.

8 August – Gold Coast Matson Trophy (SC) – Coastlands – Entries Close 1 August.

17 – 21 August – SNZ Short Course – Auckland – Entries Close 3 August.

20 August – PCA Race Night (SC) – Cannons Creek.

30 August – PCA In-House League 2 (SC) – Cannons Creek.

Report of Best Times:

If you require a list of your times, please email Haiou Wang the Race Secretary at race@swimporirua.co.nz and they will be sent back to you.

Club Contacts:

President (Viv Morton)	04-234-7071
Vice-President (Brent Harris)	027-489-1120
Secretary (Elouise Thomas)	022-140-5068
Treasurer (Murray Pugh)	021-247-7730
Race Secretary (Haiou Wang)	022-045-7793
Squad Liaison	
Junior Squad (Viv Morton)	04-234-7071
Senior Squad (Janet Thomson)	027-442-0961
Johnsonville Squad (Novia Guo)	021-869-669
Officials Co-ordinator (Elouise Thomas)	022-140-5068
Uniforms (Veronica Rule)	021-0255-3366
Newsletter	e-mail info@swimporirua.co.nz