



The club is able to operate during Alert Level 2 restrictions as the Council is able to open their pools.

Level 2 restrictions this time are different to the last Level 2 with the requirement for people 12 and over to wear masks (when not swimming), and the requirement to keep physical distance between groups.

New limits on the number allowed in buildings have also been introduced, and these can change while still in the same level. This time staff (pool staff, coaches etc) are not included in this limit.

Due to the size of the Canons Creek building the Council have capped the number of people (irrespective of the actual current building limit set by the Ministry of Health) at 50 to ensure that physical distancing is maintained.

Additional swim lane restrictions are in place when the pools are also being shared with the public. When PCA has the entire pool as we do at Cannons Creek the only restriction that applies is the building limit of 50.

At Cannons Creek swimmers must ensure they check in with the person marking the roll and for Club Lane swimmers please ensure that the session number you are attending is recorded. This is most important at club and squad sessions for contact tracing purposes.

Times for Club Swimming have been altered to ensure that there is time between sessions for swimmers to exit the building before the next group enter, to ensure that there is no mixing of groups.

Swim Meets:

Swim meets including our race nights and In-house League, along with the Gold Coast Meet (17 Oct at Tawa) and any other meets are not able to run under Alert Level 2.

While this is frustrating for everyone, we just need to be patient. Everyone is working towards racing starting up as soon as we are in Alert Level 1.

Communications with Members:

Every month you will receive an email with a link to the monthly newsletter, if you do not receive an email then please contact info@swimporirua.co.nz. Please note

that emails are only sent to email addresses noted on members records, and not to members contacts as shown on the membership form.

The standard method of communicating to members outside of the monthly newsletter emails is by posting on the clubs Facebook and Web Pages as we have found that this is the quickest way to get information out when required.

The newsletter includes a list of contacts on the last page if you need to query something directly.

Learn to Swim:

With school holidays looming up and the building limits required under Covid Alert Levels the decision has been made to cancel the remaining lessons in this term's learn to swim course.

Providing the region has returned to Alert Level one, PCA's term 4 course will start on Sunday 31 October and finish on 12 December, with classes at 9:30am and 10:00am.

For new swimmers the cost will be \$45.00.

Swimmers who had fully paid the \$45.00 fee for term 3 will have \$25.00 of that payment credited to term 4 (or any future course they may wish to attend) to recognise the lessons lost and will only need to pay \$20.00.

Payments, including the swimmers name and L2S, should be made into account no 030547 0205093 01 nearer the time.

We look forward to seeing everyone back on 31st October.

Viv Morton, President PCA.

October School Holidays:

Sunday morning session on 3 October will be run at the normal times.

Sunday 10 and 17 October – there will be just one session from 8:30am to 9:30am

Monday (4 and 11 October) at Cannons Creek Pool will be devoted to distance badge swimming. Club and squad swimmers are welcome to join in.

Swimming on Friday 8 and 15 October is cancelled

In Alert Level Two currently the building limit is 50 – parents should be prepared to leave the building if required - it will help if swimmers came with only one parent and no extras (siblings, grandparents etc).

As many of you know PCA has distance badges swimmers can achieve by completing a distance without stopping, Distances covered are 25m (one length) 50m, 100m, 200m, 400m, 800m, and 1500m. Once a swimmer has completed these distances they can move on to swimming 1 kilometre (40 lengths) for a time. PCA has a range of ribbons available to reward swimmers for times achieved.

The pool is booked until 8:30pm on these two Mondays.

Three lanes will be available from 6:00pm to 6:30pm and then we'll have the whole pool until 8:30pm.

Swimming times

6:00pm for new swimmers and those swimming up to 200m metres.

6:45 for those swimming 400m, 800m and 1500m
7:15pm for timed 1K swimmers

To help these evenings run smoothly our coaches will need help from parents counting laps and/or timing the 1k swimmers.

Please note:

swimmers may need to wait their turn if the lanes are full, to enable everyone the opportunity to achieve their goals.

Parents helping are asked not to continuously interrupt swimmers to update them on their progress or the number of lengths they have to go. Just leave them to get 'on with the job.' Hopefully they are counting themselves anyway!

Tadpoles and Seals.

These groups are welcome to come along and join in distance badge sessions.

Orcas, Sharks, Swordfish holiday timetable has been emailed out.

Ring me if you have a query, just ask.

Viv
027 645 1146

Subscriptions:

The membership year begins on 1 July, and subs for the year are:

- \$195.00 for club members. That is, those who swim in the Eels and Tadpoles squads and those who

swim at the club sessions on Friday and/or Monday nights and/or Sunday mornings.

- \$150.00 for squad members, being those in the Senior squad, Orcas, Sharks, Swordfish, Seals, Penguins and those who swim in PCA's Johnsonville squad.

Subs can be paid directly into the PCA bank account 030547-0205093-00 – please use the swimmers name as a reference, or can be paid at the duty desk on a Monday or Friday night, or left in a named envelope in the black letterbox on our storeroom door.

Annual Subs are due on 1 July and should be paid as soon as possible.

For new members joining during the year the sub is pro-rated based on the month of joining, and if the swimmer is a squad or competitive swimmer. These rates are available from the Treasurer or the Committee Member on the desk on Monday and Friday club nights.

Swimmers are required to be financial members to enter swim meets and attend training nights (club and squad) and to attend and vote at the AGM or other club meetings.

Some leeway will be provided for the attendance at training as long as the annual sub is paid by 31 July, within four weeks of joining if a new member, or are on an agreed payment plan and no payments have been missed.

There is no leeway for entering swim meets or being able to vote at club meetings. You must be a paid up member to participate in swim meets and club meetings.

Any family wishing to spread their payments should contact our treasurer on 021-247-7730 or e-mail treasurer@swimporirua.co.nz to make an arrangement.

Duty Roster:

The club is also looking for volunteers to staff the desk on Monday and Friday nights at Cannons Creek.

You will need to report at 5:45pm to set up for a 6:00pm session start and stay until the start of the final session at 7:30pm.

Those interested should contact Becky Campbell on 021-044-8794 or email beckygrnz@hotmail.com.

BBQ Roster:

On Club Nights, and Sunday Mornings during Club and Lean to Swim Sessions at Cannons Creek Pool there is an opportunity for parents to raise money to help with their club expenses.

The money raised from each sausage sizzle (or whatever else you would like to cook on the BBQ) less

any direct expenses is kept by the club and allocated to the family who did the BBQ.

The purchase of some items (sausages, bread etc) is required at the time.

The money raised can be used for entry fees, subs, squad fees, to purchase uniforms etc.

Anyone interested in cooking for a night should contact Viv Morton e-mail president@swimporirua.co.nz or phone 234-7071 for further information.

PCA Swimming Caps:

New members will be given a cap on receipt of their first subscription payment.

Caps are replaced free of charge if they split, on presentation of the damaged cap.

The cost of caps are \$10 each if a swimmer requires another cap.

It would not normally be expected that any swimmer would need more than 1 or 2 caps each year.

Caps can be obtained from the sign-in desk at Monday and Friday night club sessions (at Cannons Creek) or the Team Manager at swim meets.

Club Uniform:

The club orders uniform items several times a year based on the demand. The items that are available for order (and order forms) are on the notice board at Cannons Creek Pool and on the Website.

Items ordered must be paid for before the items will be included in an order sent to our supplier.

The delivery of any order we place takes about eight weeks from the time of ordering.

We also have a limited amount in stock of PCA uniform hoodies with zips, T shirts and shorts in various ages.

Please contact Veronica Rule on 021-0255-3366 or e-mail uniforms@swimporirua.co.nz if you would like to purchase any PCA uniform items - see the web site for details, order form and bank details.

Bank Account Details:

Subs/Uniforms etc	03-0547-0205093-00
Sunday Learn to Swim	03-0547-0205093-01
Squad Fees	03-0547-0205093-02

If you are unsure which account you should be using, please contact our Treasurer, Murray Pugh, at treasurer@swimporirua.co.nz

Upcoming Events:

There are currently no confirmed events until we are at Alert Level 1.

Report of Best Times:

If you require a list of your times, please email Haiou Wang the Race Secretary at race@swimporirua.co.nz and they will be sent back to you.

Club Contacts:

President (Viv Morton)04-234-7071
Vice-President (Brent Harris)027-489-1120
Secretary (Elouise Thomas)022-140-5068
Treasurer (Murray Pugh)021-247-7730
Race Secretary (Haiou Wang)022-045-7793
Squad Liaison	
Junior Squad (Viv Morton)04-234-7071
Senior Squad (Janet Thomson)027-442-0961
Johnsonville Squad (Novia Guo)021-869-669
Officials Co-ordinator (Elouise Thomas)022-140-5068
Uniforms (Veronica Rule)021-0255-3366
Newsletter e-mail info@swimporirua.co.nz