



The club is able to operate during Alert Level 2 restrictions as the Council is able to open their pools.

New limits on the number allowed in buildings have also been introduced, and these can change while still in the same level. This time staff (pool staff, coaches etc) are not included in this limit.

Due to the size of the Cannons Creek building the Council have capped the number of people (irrespective of the actual current building limit set by the Ministry of Health) at 50 to ensure that physical distancing is maintained.

Additional swim lane restrictions are in place when the pools are also being shared with the public. When PCA has the entire pool as we do at Cannons Creek the only restriction that applies is the building limit of 50.

At Cannons Creek swimmers must ensure they check in with the person marking the roll and for Club Lane swimmers please ensure that the session number you are attending is recorded. This is most important at club and squad sessions for contact tracing purposes.

Times for Club Swimming have been altered to ensure that there is time between sessions for swimmers to exit the building before the next group enter, to ensure that there is no mixing of groups.

Times for Club Sessions are:

Monday and Friday nights:

Session 1	6:00pm to 6:45pm
Session 2	7:00pm to 7:45pm
Session 3	7:45pm to 8:30pm

Sunday Morning:

Session 1	8:00am to 9:00am
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Change to Alert Level system:

The recent announcement by the Government of the change from Alert Levels, to a Traffic Light system for restrictions will affect how the club can run its activities.

It is not yet clear exactly how this will work, but the levels are based on any community transmission and the level of vaccinations in the region.

The current information available indicates that anybody who is not vaccinated may not be able to attend some activities, and some activities may be restricted if people who are not vaccinated are able to attend.

The committee will be discussing any changes with the council (who control the pools) what restrictions if any may be in place when this new system starts.

It is probable going forward that in order for swim meets to be held, with the numbers required to make them viable, that only vaccinated swimmers, officials and spectators will be able to attend, but this will need to be decided by each organisation who is running the meet.

Important Dates:

Friday 17 December – PCA's final club night for the year.

Normally we would run Family Fun Night but this will be dependent on the Alert Level and Pool limit rules at the time.

Tentative Dates for Squad Breaks.

Junior Squad will finish the week ending 17 December and resume on Monday 11 January.

Senior Squad will finish on Thursday 23 December (morning session) and resume Monday 4 January.

Subscriptions for 2021/22 Year:

There are still a number of swimmers who have not paid their subscriptions for the current year.

We have not followed this up while we were unable to run our regular club and squad sessions, but now that we are back in the pool, it would be appreciated if any members who have not yet paid their subs do so by the end of the month.

Any swimmer who is still not financial at the end of the month will be sent a reminder email.

Any rebate regarding time lost due to being in Level 3 and 4 will be discussed by the committee when setting the sub for next year, once we know how much time has been lost to members this subscription year.

Please email info@swimporirua.co.nz if you have any queries.

Qualifying Times for National Meets:

For those who are looking to qualify for National Meets, please note that due to the lack of meets available during the qualifying periods for National meets to the end of May 2022, SNZ have decided that any time in the SNZ database gained during the qualifying period can be used as a qualifying time.

This means that times gained at development meets (eg Gold Coast meets) can be used to qualify for these meets.

At this stage it is only for meets that will be held up to the end of May 2022.

Those who are intending to enter National Meets should regularly check the relevant SNZ event pages to ensure that you are aware of any changes to meet entry conditions.

Wellington Junior Champs:

After a number of changes of dates due to Covid alert level changes, finally Wellington's Junior swimmers will be able to take part in the Wellington Junior Championships planned for Coastlands on 20/21 November.

Congratulations to PCA's 42 swimmers who have qualified to swim at the meet. Qualifying to swim at this level is an achievement – well done to you all.

Usually this meet is run over 4 sessions with all age groups having a range of events in each session.

To keep within the building limit only one age group will swim at each session meaning swimmers will need to choose their races carefully as they won't be able to do justice to all their qualified events (for some that may be 10 or more) in one session.

Hopefully our swimmers will have a great meet.

Unfortunately this meet is not open to spectators but parents will be able to follow the result on Meet Mobile.

Distance Badge Swims:

Distance badge swimming held on the Monday's of the school holidays proved a great success with many swimmers achieving their goals and so much more.

It was great to see so many knuckle down and get into it. Most of the newer swimmers swum further than they thought they would, often much to the surprise of their parents!

A big thank goes to all those who helped count the lengths and time those swimming 1K (40 lengths).

Congratulations to all the swimmers.

Distances

25m, 50m, 100m and 200m, 400m - Isabel Dowd, Phineas Horrigan, Melody Liu.

All the above plus 800m – Reid Byres, Colin Lang, Bede Mills, Amelia Powell.

Also all of the above plus 1500m – Iris Chen, Ashley Liu, Maddy Powell.

800m - Indigo Eastham, Zayne Tongia-Gardiner, Kyla Thompson.

1500m – Amokura Olsen, Oliver Seavor-Cross, Milan Vos.

Well done to those who swum 1k for a time.

It was great to have Joe Reiher and Cameron Wilkinson from our Senior Squad join in as they weren't rostered to train on these nights. Under level 2 only 8 of the 14 senior squad members can train each session due to lane limits.

Under 29 min Jia Mittal.

Under 28 min Livvy Andrews.

Under 27 min Linclon Thomas.

Under 26 min Michael Winton.

Under 24 min lite Afaifae, Trinaya Bharath, Amokura Olsen, Abigail Parker, Teagan Vos.

Under 23 min Courtney Higham, Nathaniel Wood.

Under 22 min Jackson Crawford, Patrick Reiher, Lawrence Wang.

Under 21 min Finn O'Donnell, Oliver Seavor Cross, Allan Wong.

Under 19 min Andrey Chew, Jayden Ng, Indie Spalding.

Under 18 min Raymond Wong.

Under 17 min Lauren Crawford, Charlotte Cripps, Jed O'Donnell.

Under 16 min Lewis Parker.

Under 15 min Justin Wang.

Under 14 min Cameron Wilkinson.

Under 13 min Joe Reiher

Club Records:

PCA have a number of club records, both short course and long course, covering many strokes and distances for all age groups from 9 years and under through to Open records.

These can be found on PCA's website under 'about us'.

With changes recently set by Swimming NZ to the way meets are officiated (SNZ Policy 007), club record swims will only be recognized if the times have been swum at meets that are Officiated to the Designated Meets standard, that is any meet where a full complement of qualified officials are 'working' on pool deck, and swimmers are disqualified for any rule infringements.

Club Championship, Regional Championship and National Championship Meets as well as Interclub Meets (Tier 1 and 2) meet this criteria.

Gold Coast meets, PCA Race nights and similar meets will not count for club record purposes.

Meet Reports:

Gold Coast Meet – Tawa – 17 October:

Thirty six swimmers from PCA along with 6 from Otaki Titans and 11 from Tawa swam at this meet, which was quite different than any meet the Gold Coast had run before.

With only 75 allowed in the building there were no spectators, limited team management and all the adults were officiating.

Masks were required by those 12 and over, 2m social distancing applied to officials and 1m to swimmers.

Thanks to our team manager Rose Crawford, and Coaches Todd Morton and Steven Zhu who ensured the PCA team were well cared.

For many this was the first meet they had swum in for months.

Gold Coast Meets are now classed as Development meets with times recorded only allowed to be used as qualifying times for meets up to and including Regions Championships, but not SNZ National Meets (13 years and over).

As a Development meet the number of officials required is minimal – just one timekeeper per lane, a starter, a marshall, runner/s and no referees or Inspectors of turns.

A big thank you to our officials, starter Matt Harrison, timekeepers Darryl, Carnegie, Nathan Thomas and Menaka Wijetunge, Brent Harris, marshall Novia Guo, and Viv Morton in the office.

Tawa won the personal best trophy with 77% of their swimmers recording a best time. PCA was second on 65% and Otaki Titans third on 55%.

Only one swimmer on our team didn't record a PB (but when you go as fast as David Zhu you can't do PB's all the time!) and everyone in our team recorded at least one and many recorded three PB's.

Congratulations to you all – lite Alaifea, Ovin Angamma, Mackenzie and Travis Carnegie, Cody Chen, Jackson Crawford, Charlotte Cripps, Jonathan Cui, Justin Feng, Charlotte and Emma Harrison, Oscar Hodge, Jasper and Nathan Hu, Jade Lin, Freddy Mills, Jayden Ng, Sam Olliver, Oliver Seavor-Cross, Dora Shen, Holly Sorenson, Indie Spalding, Vinnie Tat, Charlotte Thiebaut, Asher, Felix and Lincoln Thomas, Lawrence Wang, Eric Yuan, Rebecca and Victor Yu, Sunny Zheng, Camille Zhou, Karmen Zhou and David Zhu.

A special mention goes to Mackenzie, Charlotte H, Freddy (2), Sam, Holly, Charlotte T, Asher, Felix, Justin, Lawrence who all recorded short course PBs of more than 10 seconds. Amazing!

Subscriptions:

The membership year begins on 1 July, and subs for the year are:

- \$195.00 for club members. That is, those who swim in the Eels and Tadpoles squads and those who swim at the club sessions on Friday and/or Monday nights and/or Sunday mornings.
- \$150.00 for squad members, being those in the Senior squad, Orcas, Sharks, Swordfish, Seals, Penguins and those who swim in PCA's Johnsonville squad.

Subs can be paid directly into the PCA bank account 030547-0205093-00 – please use the swimmers name as a reference, or can be paid at the duty desk on a Monday or Friday night, or left in a named envelope in the black letterbox on our storeroom door.

Annual Subs are due on 1 July and should be paid as soon as possible.

For new members joining during the year the sub is pro-rated based on the month of joining, and if the swimmer is a squad or competitive swimmer. These rates are available from the Treasurer or the Committee Member on the desk on Monday and Friday club nights.

Swimmers are required to be financial members to enter swim meets and attend training nights (club and squad) and to attend and vote at the AGM or other club meetings.

Some leeway will be provided for the attendance at training as long as the annual sub is paid by 31 July, within four weeks of joining if a new member, or are on an agreed payment plan and no payments have been missed.

There is no leeway for entering swim meets or being able to vote at club meetings. You must be a paid up member to participate in swim meets and club meetings.

Any family wishing to spread their payments should contact our treasurer on 021-247-7730 or e-mail treasurer@swimporirua.co.nz to make an arrangement.

Duty Roster:

The club is also looking for volunteers to staff the desk on Monday and Friday nights at Cannons Creek.

You will need to report at 5:45pm to set up for a 6:00pm session start and stay until the start of the final session at 7:30pm (7:45pm while at Level 2).

Those interested should contact Veronica Rule on 021-0255-3366 or email veronicarule77@gmail.com.

BBQ Roster:

On Club Nights, and Sunday Mornings during Club and Lean to Swim Sessions at Cannons Creek Pool there is an opportunity for parents to raise money to help with their club expenses.

The money raised from each sausage sizzle (or whatever else you would like to cook on the BBQ) less any direct expenses is kept by the club and allocated to the family who did the BBQ.

The purchase of some items (sausages, bread etc) is required at the time.

The money raised can be used for entry fees, subs, squad fees, to purchase uniforms etc.

Anyone interested in cooking for a night should contact Viv Morton e-mail president@swimporirua.co.nz or phone 234-7071 for further information.

PCA Swimming Caps:

New members will be given a cap on receipt of their first subscription payment.

Caps are replaced free of charge if they split, on presentation of the damaged cap.

The cost of caps are \$10 each if a swimmer requires another cap.

It would not normally be expected that any swimmer would need more than 1 or 2 caps each year.

Caps can be obtained from the sign-in desk at Monday and Friday night club sessions (at Cannons Creek) or the Team Manager at swim meets.

Club Uniform:

The club orders uniform items several times a year based on the demand. The items that are available for order (and order forms) are on the notice board at Cannons Creek Pool and on the Website.

Items ordered must be paid for before the items will be included in an order sent to our supplier.

The delivery of any order we place takes about eight weeks from the time of ordering.

We also have a limited amount in stock of PCA uniform hoodies with zips, T shirts and shorts in various ages.

Please contact Veronica Rule on 021-0255-3366 or e-mail uniforms@swimporirua.co.nz if you would like to purchase any PCA uniform items - see the web site for details, order form and bank details.

Bank Account Details:

Subs/Uniforms etc	03-0547-0205093-00
Sunday Learn to Swim	03-0547-0205093-01
Squad Fees	03-0547-0205093-02

If you are unsure which account you should be using, please contact our Treasurer, Murray Pugh, at treasurer@swimporirua.co.nz

Upcoming Events:

6 November – SWN T1 Meet – WRAC – Entries Close 31 October

20 – 21 November – SWN Junior Champs (SC) – Coastlands - Entries Close 14 November

Report of Best Times:

If you require a list of your times, please email Haiou Wang the Race Secretary at race@swimporirua.co.nz and they will be sent back to you.

Club Contacts:

President (Viv Morton)	04-234-7071
Vice-President (Brent Harris)	027-489-1120
Secretary (Elouise Thomas)	022-140-5068
Treasurer (Murray Pugh)	021-247-7730
Race Secretary (Haiou Wang)	022-045-7793
Squad Liaison	
Junior Squad (Viv Morton)	04-234-7071
Senior Squad (Janet Thomson)	027-442-0961
Johnsonville Squad (Novia Guo)	021-869-669
Officials Co-ordinator (Elouise Thomas)	022-140-5068
Uniforms (Veronica Rule)	021-0255-3366
Newsletter	e-mail info@swimporirua.co.nz