

Porirua City Aquatics

PCA PCA News

April 2023

Dennis Smith Scholarship:

PCA has a limited amount money set aside in this scholarship fund thanks to the generosity of Dennis Smith who coached for PCA.

The fund is to assist swimmers/families who may be struggling financially with swimming costs.

Two scholarship are offered each year and they could cover squad fees, entry fees, club membership fees and/or equipment fees.

If you would like further details please contact Viv either at the pool or on $\underline{president@swimporirua.co.nz}$. All enquiries will be treated in confidence.

Coaching:

This week PCA welcomed Gerusio Matonse to our coaching team.

Gerusio will take over many of Todd Morton's hours and while Todd will continue to be involved in the club, his own business Easyswim Swim School is particularly busy requiring more of his time.

Introducing Gerusio

He was born and raised in Mozambique, where he grew up playing different sports and excelled in football/soccer and swimming.



As a swimmer he was an age group record holder in many events, and represented his country at World Youth Games 1998, Commonwealth Games 2002, FINA World Cups 2004 & 2005.

In 2004 he participated in the Athens Olympic Youth Camp, an event run alongside the Olympics. At this camp all activities were directed towards building new friendships and giving participants a feeling of the Olympic Spirit. At the same Olympics he got to watch his brother race in the 100m Freestyle, both the Camp ad Olympics are events he will remember forever. In 2009 he swam his last international meet, the FINA World Championships 2009 in Rome, and along with his brother swum a relay setting two Mozambican National Records.

As an undergraduate he studied Human and Social Studies and followed that up with a Masters in Sports Management.

He has been coaching in NZ for a number of years, coaching swimmers to National Age Groups, Div II and NZ Short Course Champs qualification both at the Aquablaz Club in Taranaki and Otumoetai Club in Tauranga. He won Taranaki Development Swimming Coach of the Year award for the 2020 to 2021 season.

We welcome Gerusio to PCA.

Prizegiving and Annual General Meeting:

This combined event will be held in the Lecture Theatre (upstairs) at the Te Rauparaha Arena on Sunday 21 May 2023 commencing at 3:00pm.

Full notice and information is attached to this newsletter.

Change of Date for Race Night:

Please note your diaries that the next PCA Race Night is now Friday 30 June.

Meet Reports:

2023 Swimming Waikato Junior Championship (Hamilton).

While most of our swimmers were swimming at PCA's Club Champs on 26 March, Jasper Hu, Nathan Hu and Rebecca Yu were in Hamilton swimming at Swimming Waikato Junior Championships.

This was a designated meet which meant times swum could be used to break Wellington records, when our









champs was a development meet, meaning times can only be used for qualifying for regional champs.

This was a smart move by these families as the meet offered a full range of events and was just before some of these swimmers birthdays.

As the results show the swimmers had an extremely successful meet.

Jasper Hu, 9 and Under, won Gold medals in 50m Free, 100m Free, 50m Breast, 100m Breast and 50m Butterfly, and a Silver medal in 50m backstroke.

Nathan Hu, 10 years, won gold medals in 50m Free, 50m Butterfly, 100m Breast, 200m Backstroke, 200m Freestyle and 100 Backstroke, and set new Wellington records in all of these events except the 100m backstroke. What an outstanding achievement.

Rebecca Yu, 10 years, won Gold Medals in 50m Free, 50m Butterfly, 100m Butterfly, 200m Butterfly. She also set new Wellington records in all of these events except the 200m butterfly.

Congratulations – clearly PCA was to the fore at the meet!

SNZ National Age Groups (NAGs):

NAGs is Swimming NZs pinnacle Championship Meet for swimmers from 13-18 years and this year was held in the new pool in Hastings from 12 to 16 April.

To swim at the meet swimmers must meet tough qualifying times.

This year PCA's team of David Zhu, Joe Reiher, Eric Yuan, Freddy Mills and Felix Thomas achieved some tremendous results finishing 38th equal of 69 teams on the teams point table – a tremendous result for a small team.

Heats were held each mornings and finals at night, which required much focus over five days.

A big thank you to Elouise Thomas who managed and coached the team and Brent Harris who assisted with the team and officated every session at the five day meet. Thanks also to Rong Yuan and Tracey Reiher for their support over the week.

Following is Elouise's summary of the meet and results

A great 5 days in Hawkes Bay for these boys.

- A gold and silver and bronze for David in the 200, 50 and 100 Fly respectively, plus a pb in 50 Fly.
- A bronze for Freddy along with two pb's in his 50
- Eric made the finals for all three of his races, placing 9th, 6th and an extremely close 4th for 50, 100 and 200 Fly respectively - pbing twice in his 200 Fly.

- Joe also made the finals for all three of his races, placing 9th, 6th and 6th his 200, 100 and 50 breast with pbs in both the 100 and 50.
- Felix had a bad start with illness, but recovered well swimming within a second of his pbs for the 50 Fly and 50 Free.



Big thanks to Brent for officiating the entire meet (including 2 days as Referee) and transportation and management of the kids, to Rong Yuan for Team Managing at poolside, transportation, mini golf, a delicious meal out, donuts and general support throughout the week (especially the coffees!) - much appreciated - and to Tracey for all the advice and support along the way.

A lovely group of kids to take away - Well Done!

Novice Carnival – 2 April:

Eighty four swimmers entered PCA'S 2023 Novice Carnival. Thirty five represented PCA and the rest came from swimming clubs and swimmer schools in the Wellington region.

The meet was run at a slower pace than normal to put the new swimmers at ease.

Each swimmer received a lucky lane prize and a participant ribbon. Those finishing 1st, 2nd or 3rd in each event received place ribbons with those finishing 4th to 6th a finalist ribbon. Many podium photos were taken by proud parents and clubs as swimmers enjoyed their moment of fame.

PCA is very grateful to Wholly Bagels, the meet's major sponsor for donating a number of lucky lane vouchers. Please remember their support deserves your support – they have shops in Thorndon and Lower Hutt. Thank you to the many committee members who also secured lucky lane prizes.

PCA is appreciative of the huge number of people who helped out on the day. Each area required two or three people for the meet to run smoothly, which it did. Thank you goes to those who set the pool up, manned the door, cooked the sausages, marshalled the swimmers, gave









out the lucky lanes, ran the presentation area, PCA's team managers Megan and Jasmine, those who officiated the meet, the runners, referee, starter and all the timekeepers and PCA's office 'staff'.

Congratulations to Julia Wang, winner of the officials raffle and Maddy Lister who won the giant chocolate rabbit (door raffle).

An extra big thank you goes to Nathan Thomas for being such a great announcer always encouraging and guiding the swimmers so meet ticked along smoothly.

It was great to see a number of Juniors and Senior squad swimmers helping out. At PCA we have always encouraged 'a give back attitude' from our swimmers and this year they really stepped up.

Thank you.



PCA winners in the Girls 7yrs 25 backstroke, 1st Quinn Spalding 2nd Lucy Press and 3rd Charlotte Jackson.

PCAs results are noted in the attachment to this newsletter

DIV III Meet – 23 April:

PCA hosted Div III, our annual fundraising meet at the Tawa Pool on 23 April.

The meet attracted 110 swimmers, just over 40 were from PCA, and they were joined by others from Dannevirke, Ice Breaker Aquatics (Palmerston North) Masterton Carterton, Levin and most Wellington clubs including Pirates, Capital, Tawa, Otaki, Swimzone Racing and Nga Tai Tuatea a Taraika

Running a meet with 102 events, over two sessions is a huge undertaking but pleasingly all went well and the feedback from our guests has been fantastic.

A big thank you to everyone who helped out, the officials, all the other helpers like the announcer, marshalls, office staff, BBQ cooks, refreshment ladies, runners, door people, team managers and medal presenters.

Thanks to Mat who organised donated bread, and the Mills and St Just families for transporting the podium to and from Tawa. Thanks also to all our families who provided a plate of food for the officials. Those on the time chairs were certainly fed well!

It was great to see PCA swimmers who didn't meet the criteria to race, helping out – Thanks Dannielle, Bronagh, Dora, Eric, David and Joe.

The PCA team did very well and our swimmers were often on the podium.

Well done to our medallists.

9 years and under

Dominic Dai 1 Silver. Indigo Eastham 1G. Oscar Feng 1S, 2B. Anna Han 1G, 1S. Emma Ng 1B. Sebastian Pyne 1S, 1B. Chao Wang 3G, 1B. Julia Wang 1G, 2B. Michael Winton 3G, 2S,1B.

10 years

Justin Feng 5 Golds. Ashley Liu 1S. Max Seefa 1G. Charlotte Thiebaut 1G, 1S, 3B.

11 years

Iris Chen 1 Gold. Jackson Crawford 4B. Emma Harrison 1S, 2B. Zarna Parish 1G, 1S, 2B.

12 years

Lite Alaifea, 3 Gold medals, 2 Silvers 1 Bronze. Cody Chen 1G, 4S, 1B. Patrick Reiher 1S, 4B. Indie Spalding 2S, 2B. Justin Wang 5G.

13 years

Lily-Ann Alderson 2 Silvers. Audrey Chew 2G, 1S. Lauren Crawford 4G, 1S. Charlotte Harrison 2G, 2B. Freddy Mills 2G, 1S. Jayden Ng 3G, 1S. Pippa Percy 2S, 3B. Daniel Turetsky 1G, 1S.

14 years and over

Jade Lin 1 Gold, 3 Silvers and a Bronze.

Also to swim well were Jackson Ellis, Melody Liu, Jessica Macrae, Bede Mills, Jia Mittal, Amokura Olsen, Addison Parish, Abigail Parker, Quinn Spalding and Maddy St Just.

All those finishing in the top seven received a Finalists Ribbon.









Subscriptions:

The membership year begins on 1 July, and subs for the year are:

- \$195.00 for club members. That is, those who swim in the Eels and Tadpoles squads and those who swim at the club sessions on Friday and/or Monday nights and/or Sunday mornings.
- \$150.00 for squad members, being those in the Senior squad, Orcas, Sharks, Swordfish, Seals and those who swim in PCA's Johnsonville squad.

Subs can be paid directly into the PCA bank account 030547-0205093-00 – please use the swimmers name as a reference, or can be paid at the duty desk on a Monday or Friday night, or left in a named envelope in the black letterbox on our storeroom door.

Annual Subs are due on 1 July and should be paid as soon as possible.

For new members joining during the year the sub is prorated based on the month of joining, and if the swimmer is a squad or competitive swimmer. These rates are available from the Treasurer or the Committee Member on the desk on Monday and Friday club nights.

Swimmers are required to be financial members to enter swim meets and attend training nights (club and squad) and to attend and vote at the AGM or other club meetings.

Some leeway will be provided for the attendance at training as long as the annual sub is paid by 31 July, within four weeks of joining if a new member, or are on an agreed payment plan and no payments have been missed.

There is no leeway for entering swim meets or being able to vote at club meetings. You must be a paid up member to participate in swim meets and club meetings.

Any family wishing to spread their payments should contact our treasurer (Anna Armstrong) on 021-768-054 or e-mail treasurer@swimporirua.co.nz to make an arrangement.

Duty Roster:

The club is also looking for volunteers to staff the desk on Monday and Friday nights at Cannons Creek.

You will need to report at 5:45pm to set up for a 6:00pm session start and stay until the start of the final session at 8:00pm on a Monday and 7:30pm on a Friday.

Those interested should contact Karen Johnston on 027-322-6540 or email crakars@hotmail.com.

BBQ Roster:

On Club Nights, and Sunday Mornings during Club and Lean to Swim Sessions at Cannons Creek Pool there is an opportunity for parents to raise money to help with their club expenses.

The money raised from each sausage sizzle (or whatever else you would like to cook on the BBQ) less any direct expenses is kept by the club and allocated to the family who did the BBQ.

The purchase of some items (sausages, bread etc) is required at the time.

The money raised can be used for entry fees, subs, squad fees, to purchase uniforms etc.

Anyone interested in cooking for a night should contact Viv Morton e-mail president@swimporirua.co.nz or phone 234-7071 for further information.

PCA Swimming Caps:

New members will be given a cap on receipt of their first subscription payment.

Caps are replaced free of charge if they split, on presentation of the damaged cap.

The cost of caps are \$10 each if a swimmer requires another cap.

It would not normally be expected that any swimmer would need more than 1 or 2 caps each year.

Caps can be obtained from the sign-in desk at Monday and Friday night club sessions (at Cannons Creek) or the Team Manager at swim meets.

Club Uniform:

The club orders uniform items several times a year based on the demand. The items that are available for order (and order forms) are on the notice board at Cannons Creek Pool and on the Website.

Items ordered must be paid for before the items will be included in an order sent to our supplier.

The delivery of any order we place takes about eight weeks from the time of ordering.

We also have a limited amount in stock of PCA uniform hoodies with zips, T shirts and shorts in various ages.

Please contact Veronica Rule on 021-0255-3366 or e-mail <u>uniforms@swimporirua.co.nz</u> if you would like to purchase any PCA uniform items - see the web site for details, order form and bank details.









Bank Account Details:

 Subs/Uniforms etc
 03-0547-0205093-00

 Sunday Learn to Swim
 03-0547-0205093-01

 Squad Fees
 03-0547-0205093-02

If you are unsure which account you should be using, please contact our Treasurer, Anna Armstrong, at treasurer@swimporirua.co.nz

Upcoming Events:

16 - 20 May - SNZ DIV II - WRAC - Entries Close 2 May

21 May - Prizegiving and Annual General Meeting

11 June - Gold Coast Matson Trophy

23 – 25 June – Swim Wellington Winter Champs, Coastlands – Open to Eligible Swimmer. Check out the eligibility report on our calendar page.

30 June - PCA Race Night - Cannons Creek.

Report of Best Times:

If you require a list of your times, please email Haiou Wang the Race Secretary at race@swimporirua.co.nz and they will be sent back to you.

Club Contacts:

President (Viv Morton)	027-645-1146
Vice-President (Brent Harris)	027-489-1120
Secretary (Elouise Thomas)	022-140-5068
Treasurer (Anna Armstrong)	021-768-054
Race Secretary (Haiou Wang)	022-045-7793
Squad Liaison	
Junior Squad (Viv Morton)	027-645-1146
Senior Squad (Rose Crawford)	021-701-109
Johnsonville Squad (Novia Guo)	021-869-669
Officials Co-ordinator (Elouise Thoma	s).022-140-5068
Uniforms (Veronica Rule)	021-0255-3366
Newsletter e-mail info@	swimporirua.co.nz









PCA Results – Novice Carnival 2 April 2023

Name	Age	25 freestyle	50 freestyle	25 backstroke	50 backstroke
Ashley Jackson	12	4 th	6 th	5 th	
Leila Steyne	12	5 th			4 th
Florence Locke-Fearon	12		3 rd		3 rd
Elliot Kerr	12			1 st	1 st
Seven Li	12	1 st			
Murdoch Richardson	12	3 rd	2 nd	2 nd	2 nd
Emily Love	10	5 th	5 th	7 th	4 th
Alyssa Brown	10	6 th equal		6 th	
Arabella Locke-Feardon	10	8 th			
Jia Mittal	10	11 th	8 th	11 th	7 th
Anamitra Dhayanithi	10	13 th	13 th	12 th	11 th
Esmee Locke-Fearon	10	14th			
Max Seefa	10	1 st		1 st	
Nova Parsons	9	3 rd		3 rd	
Seb Pyne	9	1 st	1 st	1 st	1 st
Noah McGee	9	4 th	3 rd	2 nd	2 nd
Charlie Cheung	9	8 th		8 th	
Luca McMaster	9	11 th	9 th	14 th	8 th
Jackson Ellis	9	12 th	12 th	11 th	
Cam Andrews	9	14th	11 th	13 th	
Emma Ng	8	3 rd	1 st	2 nd	1 st
Aanya Agnew	8	5 th	4 th	1 st	2 nd
Maddy Lister	8	7 th	5 th	6 th	4 th
Melody Liu	8	8 th	9 th	10 th	9 th
Addison Parish	8	9th	12 th	9 th	10 th
Hunter Press	8	1 st	1 st	1 st	3 rd
Archer Thompson	8	2 nd	2 nd	2 nd	2 nd
Bede Mills	8	3 rd	3 rd	3 rd	4 th
Isaac Jackson	8	5 th	6 th	5 th	5 th
Quinn Spalding	7	1 st	8 th	1 st	8 th
Lucy Press	7	2 nd	10 th equal	2 nd	7 th
Charlotte Jackson	7	3 rd	10 th equal	3 rd	11 th
Matilda McGee	7	4 th		4th	
Carter Higham	7	1 st		1 st	1 st
Caleb Jackson	6	1 st	7 th	1 st	6th

Prize Giving and Annual General Meeting



This combined event will be held on Sunday 21 May 2023 in the Lecture Theatre (upstairs) at the Te Rauparaha Arena commencing at 3:00pm.

All club members, their families and supporters are welcome.

Three things will be covered off during the afternoon.

The Prizegiving - a time to acknowledge our club champions and reward those who have competed with success at the club champs and during the year. The club has over 50 Cups and Trophies to present, as well as Age Group Medals and Club Champs Certificates.

Afternoon tea. Club Members are asked to bring a plate of finger food.

Annual General Meeting. This usually takes no more than an hour and is a time to acknowledge the work of the committee and coaches who have given many hours to the club and your children over the past 12 months, as well as an opportunity for new people to join the committee for the next 12 months. The committee would appreciate your support at this meeting. (If you are thinking of joining the committee and wish to know more about the commitment required, please give Viv a ring, 027-645-1146)

Meeting details are as follows

ANNUAL GENERAL MEETING AGENDA

- 1. Welcome
- 2. Apologies
- 3. Minutes of the 2022 Annual General Meeting
- 4. Matters Arising
- 5. President's Report
- 6. Treasurer's and Auditors Report
- 7. Coaches report
- 8. Election of Officers Patron, President, Vice-President, Club Captain, Vice-Club Captain, Secretary, Treasurer, Registrar, Race Secretary, Hon.Auditor.
- 9. Committee Members. (The committee shall comprise not less than 10 and no more than fifteen persons, including the officers and excluding the Patron and Auditor.)
- 10. Notices of motion, as notified to the Secretary not less than 21 days prior to the meeting.
- 11. General business.

Note – Only those who have been financial members of Porirua City Aquatics for at least 30 days have voting rights at this meeting. A financial member is entitled to one vote. The voting rights of members under 18yrs may be exercised by that member or the member's parents or guardians. It is expected that the voting rights of members 13yrs and under will be exercised by the members parent or guardian.

Completed nominations forms are to be placed in the black letter box on the storeroom door at Cannons Creek Pool, or given to Viv Morton, or email to secretary@swimporirua.co.nz While nominations can be taken at the meeting it does speed up proceedings to have advance notice of nominations.