

We are looking for a Treasurer:

Sadly our treasurer has resigned and PCA is looking for a new treasurer to take over immediately.

If you have an interest in our club and experience in bookkeeping then we would be keen to hear from you.

I know the thought of chasing people up for money may be off putting but Brent Harris who looks after our membership database looks after the membership fees and I follow up squad fees.

The Treasurer is responsible for the finances involved with the day-to-day running of the club and preparing the annual accounts. PCA uses Xero. Experience with Xero would be helpful, although training is available in all aspects of the club accounts.

As with all PCA committee positions this is a voluntary role.

If you are interested or need further information speak to Viv either at the pool or by phoning 0276451146 or email president@swimporirua.co.nz

Thank you

Viv Morton.

Parumoana Inter-school Swimming Sports:

Dates are (both are morning sessions):

- Years 5 and 6 – Tuesday 22 August 2023
- Years 7 and 8 – Thursday 24 August 2023

Planning is underway for these 2023 meets – please mark your diaries now.

School's in the Parumoana cluster are Rangikura, Papakowhai, Paremata, Postage, Pauatahanui, Discovery, Adventure, Whitby Collegiate (years 7 and 8) St Therasas, Plimmerton and Pukerua Bay.

The schools should organise their teams as well as timekeepers and team managers. If you don't hear from your school in the next few weeks, can you please follow them up and encourage them to enter a team – these meets are always very exciting.

For those new to interschools these meets have been held successfully for a number of years and are jointly organised by Porirua City Council/Dash Swim School, Porirua City Aquatics and Easyswim Swim School.

Lastly if your school doesn't have a school swim cap – please encourage your swimmer to wear their PCA cap – after all our swimmers are our best advertisements!

Newly Qualified Official:

Congratulations to Janine Sorenson who qualified as an IOT (Inspector of Turns) at this meet.

PCA is constantly looking for keen people to take up these roles. If you are interested contact our officials coordinator Blair St Just who can explain the requirements.

Blair's email is officials@swimporirua.co.nz

Child Protection Advocate:

Under Swimming NZ's Members Protection Policy, club's are required to appoint an independent person who is available deal with any issues members may have in relation to this policy.

In recent years PCA's Child Protection Advocate has been Terry Laws and now Carla Spalding will step into the role. Her contact no is 021 191 6262.

PCA would like to Thank Terry for being available to our club members, and Carla for agreeing to take this role on.

Bank Accounts:

PCA has three bank accounts as mentioned towards the back of every newsletter.

To reduce our volunteers work load it would be helpful if payments could be made into the correct bank account.

Main Account 03-0547-0205093-00 (membership fees, uniforms, deposits for National meets – basically any monies that don't fit in belong in our 01 or 02 accounts)

Learn to Swim account 03-0547-205093-01 (learn to swim fees)

Squad account 03-547-2025093-02 (squad fees)

When making payments please ensure that you enter the name of who the payment is for in the Reference Field, and the reason for the payment (eg Subs, Uniform) in the Particulars Field.

Distance Badges:

A number of swimmers surprised themselves over the holidays by swimming nonstop for distance badges and achieving distances far beyond what they and their parents thought was possible.

Congratulations to everyone who took part, and a big thank you goes to all the parents and coaches who counted the lengths.

25m, 50m, 100m, 200m and 400m. Malloy Brown, Orion Kallahar, Ethan Purchase, Grace Turner, Marnie Whitaker.

25m, 50m, 100m, 200m, 400m and 800m. Scarlett Cevik Lachlan Graumans, Hannah McMaster, Sienna Suhr, Monty Suhr.

25m, 50m, 100m, 200m, 400m, 800m and 1500m. Oakley Estall, Ashley Jackson, Charlotte Jackson, Blake Kinvig.

200m, 400m and 800m Parik Perla, **1500m.** Jackson Ellis, Jessica Macrae, Luca McMaster, Jorja Teirney.

When swimmers have completed all the distances up to 1500m/60 lengths they swim 1kilometer for a time. PCA has a range of ribbons to reward these swimmer's achievements.

Well done to the following;

Under 29 minutes. Jackson Ellis, **Under 27 minutes.** Grace Aveiulu, **Under 26 minutes.** Quinn Spalding, **Under 23 minutes.** Ashley Jackson, **Under 16 minutes.** Indie Spalding.

PCA In-House League:

21 August, 28 August and 18 September (All Monday nights).

Cannons Creek Pool, 6:00pm Warm Up – 6:30pm Start

**** Entries close Wednesday 14th August ****

Three Fun Nights – Open to All Club Members

This event replaces all club and squad training on these dates.

This is a team competition, run over three Monday nights. Everyone entering is put into one of six teams. Each team is managed by older swimmers who organise their team into races while trying to ensure all swimmers have a similar number of swims. For the series, it is age as at 21 August – swimmers having a birthday during the series, will continue to swim in the age group they were on the first night.

Everyone swimming earns points for their team – first 6 points, 2nd 5 points, etc, down to 6th place one point. Individual events on the programme are over 25m and

50m in various strokes with a number of age and open relays in various strokes.

While swimmers will not be asked to swim anything they aren't capable of, we will expect them to come along with a 'have a go attitude' thinking 'I'll give it a go for the good of the team'. Teams do much better when with swimmers in each race, rather than someone being fussy about what they swim.

It is expected that those entering make a commitment to attend each meet. Every effort will be made to ensure teams have a similar spread of age and ability groups to give a balanced competition. We appreciate that at times things do crop up and missing a league night may be unavoidable, but swimmers who just forget or don't turn up are letting their team down.

We will need help on the night with judging the finishes, a starter, referee, judge of stroke, and recorders. Timekeepers are not required.

To enter, please enter your name on the entry sheet on the noticeboards at Cannons Creek, or by emailing Viv Morton at president@swimporirua.co.nz please include your age as at 21 August in your email.

Meet Reports:

Tier One Meet – 8 July:

Thirteen swimmers competed at Swim Wellington Tier 1 meet held at Coastlands on 8 July.

Only those 12 years and over may enter Tier one meets which are designated meet, meaning the meet is fully officiated and times swum maybe be used as entry times for National Meets.



PCA swimmers achieved 14 best times and two new times from their 42 swims. Congratulations to Madison D'oliveria who swum PB's in all her three races.

Thanks to all the officials and team managers Rose Crawford Matt Rule who supported our team.

Hawkes Bay / Poverty Bay Short Course Champs:

It was great to have a team of 12 PCA swimmers compete at the Hawkes Bay Poverty Bay Short Course Champs in Hastings on the first weekend of the school holidays.

The event was run over 3 days with heats in the morning and age group finals for the 50m and 100m events in the afternoon sessions.

The longer events were swum as time finals. The experience of swimming in a different region, at a different pool and against different swimmers was invaluable for our swimmers.

All our swimmers made finals and often finishing in the top 3 across all age groups, with most swimming Personal Best times which was great to see.

Thanks to Elouise Thomas for coaching and Team Managing, to Rose Crawford for Team Managing and finally to Brent Harris for travelling to HB to officiate at 3 sessions.

PCA Results were:

Name	Age Group	Gold	Silver	Bronze	Other Top 10 finishes
Lawrence Wang	9yrs and under	7	1		
Lincoln Thomas	9yrs and under	1	4		
Julia Wang	9yrs and under	2	1		
Emma Ng	9yrs and under	2	2		
Charlotte Thiebaut	10yrs	1	3		
Asher Thomas	12yrs	2		1	2
Jayden Ng	13yrs	4		1	1
Justin Wang	13yrs		2	1	3
Holly Sorenson	13yrs	2	2	1	1
Lauren Crawford	13yrs	2	1	2	1
Felix Thomas	14yrs	1	2		1
Dannielle Rule	16yrs and over				6

NZ Secondary School Championships:

These Championships, run by Swimming NZ were held at the Wellington Regional Aquatic Centre (WRAC) over 4 days/6 sessions from 20 to 23 July.

The meet attracted over 500 swimmers from all around NZ and while swimmers represented their schools, club ties were strong with most PCA swimmers sitting together and supporting their club mates.

PCA swimmers did very well. Congratulations.

Those swimming were:

Tawa College Lily-Ann Alderson, Nathaniel Wood (a Bronze medal).

Aotea College; Lauren Crawford (3 top 10 finishes) Charlotte Harrison, Freddy Mills (5 top 10 finishes)

Lewis Parker, Joe Reiher (3 Bronze medals), Dannielle Rule, Jordan Spark, Felix Thomas (2 Top 10 finishes), and they were helped by Tawa Swimming Club members (Alexia Booth, Mia Booth and Savannah Brown) who also go to Aotea College to win three Silver relay medals.

Newland College; Jayden Ng.

St Orans; Holly Sorenson (6 top 10 finishes).

Scots College; Eric Yuan (3 bronze medals, 1 other top 10 finish).

Queen Margarets; Karmen Zhou (4 top 10 finishes).

Wellington College; Victor Yu (a Bronze medal), David Zhu (a Gold medal, a Bronze and a 4th place). David was also in his school's medal winning relays teams.

A big thank you to all those who did the door duty and officiated, especially Brent who was 'working' for every session, and those who organised their school's entries and managed their teams.

Subscriptions:

The membership year begins on 1 July, and subs for the year are:

\$195.00 for club members. That is, those who swim in the Eels and Tadpoles squads and those who swim at the club sessions on Friday and/or Monday nights and/or Sunday mornings.

\$150.00 for squad members, being those in the Senior squad, Orcas, Sharks, Swordfish, Seals and those who swim in PCA's Johnsonville squad.

Subs can be paid directly into the PCA bank account 030547-0205093-00 – please use the swimmers name as a reference, or can be paid at the duty desk on a Monday or Friday night, or left in a named envelope in the black letterbox on our storeroom door.

Annual Subs are due on 1 July and should be paid as soon as possible.

For new members joining during the year the sub is pro-rated based on the month of joining, and if the swimmer is a squad or competitive swimmer. These rates are available from the Treasurer or the Committee Member on the desk on Monday and Friday club nights.

Swimmers are required to be financial members to enter swim meets and attend training nights (club and squad) and to attend and vote at the AGM or other club meetings.

Some leeway will be provided for the attendance at training as long as the annual sub is paid by 31 July, within four weeks of joining if a new member, or are on an agreed payment plan and no payments have been missed.

There is no leeway for entering swim meets or being able to vote at club meetings. You must be a paid up member to participate in swim meets and club meetings.

Any family wishing to spread their payments should contact our treasurer (Anna Armstrong) on 021-768-054 or e-mail treasurer@swimporirua.co.nz to make an arrangement.

Duty Roster:

The club is also looking for volunteers to staff the desk on Monday and Friday nights at Cannons Creek.

You will need to report at 5:45pm to set up for a 6:00pm session start and stay until the start of the final session at 8:00pm on a Monday and 7:30pm on a Friday.

Those interested should contact Karen Johnston on 027-322-6540 or email crakars@hotmail.com.

BBQ Roster:

On Club Nights, and Sunday Mornings during Club and Lean to Swim Sessions at Cannons Creek Pool there is an opportunity for parents to raise money to help with their club expenses.

The money raised from each sausage sizzle (or whatever else you would like to cook on the BBQ) less any direct expenses is kept by the club and allocated to the family who did the BBQ.

The purchase of some items (sausages, bread etc) is required at the time.

The money raised can be used for entry fees, subs, squad fees, to purchase uniforms etc.

Anyone interested in cooking for a night should contact Viv Morton e-mail president@swimporirua.co.nz or phone 234-7071 for further information.

PCA Swimming Caps:

New members will be given a cap on receipt of their first subscription payment.

Caps are replaced free of charge if they split, on presentation of the damaged cap.

The cost of caps are \$10 each if a swimmer requires another cap.

It would not normally be expected that any swimmer would need more than 1 or 2 caps each year.

Caps can be obtained from the sign-in desk at Monday and Friday night club sessions (at Cannons Creek) or the Team Manager at swim meets.

Club Uniform:

The club orders uniform items several times a year based on the demand. The items that are available for order (and order forms) are on the notice board at Cannons Creek Pool and on the Website.

Items ordered must be paid for before the items will be included in an order sent to our supplier.

The delivery of any order we place takes about eight weeks from the time of ordering.

We also have a limited amount in stock of PCA uniform hoodies with zips, T shirts and shorts in various ages.

Please contact Jessie Guo on 021-518-967 or e-mail uniforms@swimporirua.co.nz if you would like to purchase any PCA uniform items - see the web site for details, order form and bank details.

Bank Account Details:

Sunday Learn to Swim	03-0547-0205093-01
Squad Fees	03-0547-0205093-02
Everything Else	03-0547-0205093-00

If you are unsure which account you should be using, please contact our Treasurer, Anna Armstrong, at treasurer@swimporirua.co.nz

Upcoming Events:

21 August – In-House League (SC) Cannons Creek – Entries Close 14 August

26 August – SWN Distance Champs (SC) – Coastlands – Entries Close 20 August

28 August - In-House League (SC) Cannons Creek – Entries Close 14 August

Report of Best Times:

If you require a list of your times, please email Elouise Thomas the Race Secretary at race@swimporirua.co.nz and they will be sent back to you.

Club Contacts:

President (Viv Morton)	027-645-1146
Vice-President (Brent Harris)	027-489-1120
Secretary (Yvonne Macrae)	021-177-1916
Treasurer (Anna Armstrong)	021-768-054
Race Secretary (Elouise Thomas)	022-140-5068
Squad Liaison	
Junior Squad (Viv Morton)	027-645-1146
Senior Squad (Rose Crawford)	021-701-109
Johnsonville Squad (Novia Guo)	021-869-669
Officials Co-ordinator (Blair St Just)	021-782-591
Uniforms (Jessie Guo)	021-518-967
Newsletter	e-mail info@swimporirua.co.nz