

2024 Start Dates:

Normal Club Swimming will resume on:

- Monday - 29 January
- Friday - 2 February
- Sunday - 4 February.

On Sunday 4 February the club session will start at 9:00am until 10:00am and will revert to 8:00am to 9:00am from 11 February.

There will be no swimming on February 6 – Waitangi Day.

Correction - Swim Wellington Summer Champs (LC) – 13 yrs and over:

When listing swimmers who were the fastest at this meet in their age group for some strokes I missed including Holly Sorenson's 50m butterfly.

In this race Holly was actually first equal recording exactly the same time as one of the visitors.

Both girls received a Gold Medal.

I apologise for this omission.

Viv Morton.
President

Petrol Vouchers Raffle:

Congratulations to our raffle winners.

The Gold Prize of \$200 worth of petrol was won by Angus Wood.

Silver, \$60 worth of petrol went to the Thomas Family.

Bronze \$40.00 worth of petrol went to the Luit Family.

A big thank you goes to Karen Graumans and her family for organising this raffle and selling the tickets.

Learn to Swim Term One 2024:

Our next course of lessons will start on 11 February 2024 and finish on 24 March 2024.

Class times are 9:15am and 10:00am with all levels held at each time slot.

On the first day swimmers arrive at least 15 minutes earlier than their class time to complete enrolment process.

The course fee is \$45.00 – payment can be made on the first day -cash only, no eftpos, or deposited into account number 030547-0205093-01. Please use your swimmers name as the reference and include L2ST1.

Please note Swimmers must be at least 5 years old, 1.1m tall and long hair must be tied back.

Cannons Creek Pool is going Cashless:

As from 5 February 2024 the Cannons Creek Pool is not be accepting cash.

Something to remember when your squad swimmer needs to top up their concession card.

Porirua City Aquatics and Tawa Swimming Hardcore Meet:

PCA and Tawa Swimming Club are jointly hosting this meet on Saturday 10 February, at Wellington Regional Aquatic Centre (WRAC) Kilbirnie, 4:30pm warm up 5:00pm start. Entries close on Monday 5 February.

As this meet is a National Qualifying meet (previously known as a Tier 2 meet) times swum will be able to be used as Regional and National qualifying times. The meet will be held long course meaning the pool will be set up with 50m lengths, giving swimmers an opportunity to swim in a big pool. The meet is targeting all club and squad swimmers. Swimmers may enter a maximum of four events. Only two 'no times' are allowed.

As hosts we are expecting to have the biggest team at the meet.

PCA and Tawa will be covering all the duties and will need everyone's support to ensure it is a success.

A draw will be held at the end of the meet and four lucky swimmers will receive \$50 cash. To be eligible for the draw swimmers must have competed in three events and be at the pool to receive their prize.

Gold Coast Chocolate Carnival 18 February:

PCA is hosting this meet at the Tawa pool. Warm up is 4:00pm for a 4:30pm start.

Entries are now open on Swimming New Zealand database (Fastlane).

Entries close on **Saturday 10 February**.

It is an ideal meet for swimmers from the newest club member through to the more experienced who would like to update their times.

There will be PB ribbons and a chocolate bar for all those recording a new or personal best time, it would be great to see a big team from PCA enter.

Porirua City Aquatics Club Champs:

Sunday 17 March 2024 – Tawa Pool

Club Championships are the premier meet on any club calendar and with diving banned at Cannons Creek, and Te Rauparaha Arena pool not measuring a full 25 metres Porirua City Aquatics Club Championships will be held at Tawa's Pool on Sunday 17 May 2024, over two sessions (2:00pm warm up for a 2:30pm start, then 4:30pm warm up for a 5:00pm start). The short break between sessions provides an opportunity to picnic in the park next door – PCA are planning to have a sausage sizzle running. See the flyer on our website and/or noticeboard for full details. By hiring the Tawa Pool our swimmers will be able to dive, if they wish, or they can start in the water. All 25 races will start in the water.

Over the years some sixty-odd cups and trophies have been donated to PCA to be swum for at the Championships. The Cups and Trophies are in age groups 9yrs and under, 10/11yrs, 12/13yrs, 14/15yrs and Open, cover four strokes, as well as medley, with separate events for boys and girls.

As well as the Cups and Trophy events, 'Age Groups' races are held in individual age groups, again with boys and girls separate, from 6yrs and under up to 17yrs and over. Points earned in these races (1st 8, 2nd 5, 3rd 3, and one for all the other swimmers participating) contribute to the Age Group medals.

Both the Age Group medals (that is one Gold, one Silver and one Bronze in each age group) and Cups and Trophies will be presented at our Prize Giving on Sunday 19 May 2024. Full details will be advised later.

As many age group events are the same as the Cups and Trophy events the programme has been streamlined so no one will swim the same distance/stroke twice, but the results from one swim may count for both the Cups and Trophies and the Age Group points. All events will be swum in mixed age groups, graded/scratch, that is, from slowest to fastest, as happens at Gold Coast Meets.

We would like everyone to 'Have a Go' at these Championships – there are many events on the programme. Everyone will be able to find something they are comfortable to swim. Session one is mainly freestyle and backstroke events, with breaststroke and butterfly events in session two.

As with most meets entries must be done on-line through Swimming NZ's database. For newer swimmers this is easy to do providing you have your log-in. If you are unsure about your log-in contact Brent Harris on info@swimporirua.co.nz Entries close on 10 March 2024 – late entries will not be accepted.

For those new to on-line entries full details are on our website under 'Meets – how to enter'. All costs for hiring the pool, door entry etc will be covered by the club.

We will need help to run these Championships. Timekeepers will be called for at each session. With seven lanes we must have three timekeepers on each lane to run the meet. We will also need at least three or four IOT's at each end of the pool, as well as a qualified referee, stroke inspector, and starter.

All parents and caregivers of those entering must be available to officiate as required.

If there are any queries see Viv Morton president@swimporirua.co.nz or Elouise Thomas our race secretary, email: race@swimporirua.co.nz

Subscriptions:

The membership year begins on 1 July, and subs for the year are:

- \$195.00 for club members. That is, those who swim in the Eels and Tadpoles squads and those who swim at the club sessions on Friday and/or Monday nights and/or Sunday mornings.
- \$150.00 for squad members, being those in the Senior squad, Orcas, Sharks, Swordfish, Seals and those who swim in PCA's Johnsonville squad.

Subs can be paid directly into the PCA bank account 030547-0205093-00 – please use the swimmers name as a reference, or can be paid at the duty desk on a Monday or Friday night, or left in a named envelope in the black letterbox on our storeroom door.

Annual Subs are due on 1 July and should be paid as soon as possible.

For new members joining during the year the sub is pro-rated based on the month of joining, and if the swimmer is a squad or competitive swimmer. These rates are available from the Treasurer or the Committee Member on the desk on Monday and Friday club nights.

Swimmers are required to be financial members to enter swim meets and attend training nights (club and squad) and to attend and vote at the AGM or other club meetings.

Some leeway will be provided for the attendance at training as long as the annual sub is paid by 31 July, within four weeks of joining if a new member, or are on an agreed payment plan and no payments have been missed.

There is no leeway for entering swim meets or being able to vote at club meetings. You must be a paid up member to participate in swim meets and club meetings.

Any family wishing to spread their payments should contact our president at treasurer@swimporirua.co.nz to make an arrangement.

Duty Roster:

The club is also looking for volunteers to staff the desk on Monday and Friday nights at Cannons Creek.

You will need to report at 5:45pm to set up for a 6:00pm session start and stay until the start of the final session at 8:00pm on a Monday and 7:30pm on a Friday.

Those interested should contact Karen Johnston on 027-322-6540 or email crakars@hotmail.com.

BBQ Roster:

On Club Nights, and Sunday Mornings during Club and Lean to Swim Sessions at Cannons Creek Pool there is an opportunity for parents to raise money to help with their club expenses.

The money raised from each sausage sizzle (or whatever else you would like to cook on the BBQ) less any direct expenses is kept by the club and allocated to the family who did the BBQ.

The purchase of some items (sausages, bread etc) is required at the time.

The money raised can be used for entry fees, subs, squad fees, to purchase uniforms etc.

Anyone interested in cooking for a night should contact Viv Morton e-mail president@swimporirua.co.nz or phone 027-645-1146 for further information.

PCA Swimming Caps:

New members will be given a cap on receipt of their first subscription payment.

Caps are replaced free of charge if they split, on presentation of the damaged cap.

The cost of caps are \$10 each if a swimmer requires another cap.

It would not normally be expected that any swimmer would need more than 1 or 2 caps each year.

Caps can be obtained from the sign-in desk at Monday and Friday night club sessions (at Cannons Creek) or the Team Manager at swim meets.

Club Uniform:

The club orders uniform items several times a year based on the demand. The items that are available for order (and order forms) are on the notice board at Cannons Creek Pool and on the Website.

Items ordered must be paid for before the items will be included in an order sent to our supplier.

The delivery of any order we place takes about eight weeks from the time of ordering.

We also have a limited amount in stock of PCA uniform hoodies with zips, T shirts and shorts in various ages.

Please contact Jessie Guo on 021-232-1533 or e-mail uniforms@swimporirua.co.nz if you would like to purchase any PCA uniform items - see the web site for details, order form and bank details.

Bank Account Details:

Sunday Learn to Swim	03-0547-0205093-01
Squad Fees	03-0547-0205093-02
Everything Else	03-0547-0205093-00

If you are unsure which account you should be using, please contact treasurer@swimporirua.co.nz.

Upcoming Events:

10 February – PCA/Tawa Hardcore Dash for Cash – WRAC – Entries Close 5 February

18 February – Gold Coast Chocolate Carnival – Tawa – Entries Close 10 February

Report of Best Times:

If you require a list of your times, please email Elouise Thomas the Race Secretary at race@swimporirua.co.nz and they will be sent back to you.

Club Contacts:

President (Viv Morton)	027-645-1146
Vice-President (Brent Harris)	027-489-1120
Secretary (Yvonne Macrae)	021-177-1916
Treasurer (Vanya Pyne)	e-mail
Race Secretary (Elouise Thomas)	022-140-5068
Squad Liaison	
Junior Squad (Viv Morton)	027-645-1146
Senior Squad (Rose Crawford)	021-701-109
Johnsonville Squad	
Officials Co-ordinator (Blair St Just)	021-782-591
Uniforms (Jessie Guo)	021-232-1533
Newsletter	e-mail info@swimporirua.co.nz