

Porirua City Aquatics

PCA PCA News

April 2024

Learn to Swim – Term 2:

Our next course of lessons will start on 5 May 2024 and finish on 23 June 2024.

Please note that there will be no session on Sunday 2 June being Kings Birthday weekend.

Class times are 9:15am and 10:00am with all levels held at each time slot.

On the first day swimmers arrive at least 15 minutes earlier than their class time to complete enrolment process.

The course fee is \$45.00 – payment can be made on the first day -cash only, no eftpos, or deposited into account number 030547-0205093-01. Please use your swimmers name as the reference and include L2ST2.

Please note Swimmers must be at least 5 years old, 1.1m tall and long hair must be tied back.

Sunday Morning Club Session Times:

Please note that the Sunday Morning Club session time reverts back to 8:00am to 9:00am from 5 May when Learn to Swim Sessions start.

Annual General Meeting:

Our Annual General Meeting will be held in the Theatre room at Te Rauparaha Arena on Sunday 19 May commencing at 3:00pm.

Please see the note at the end of this newsletter.

Annual Prizegiving:

Please note that the Annual Prizegiving will be held at the conclusion of the Annual General Meeting on Sunday 19 My.

Details in the notice at the end of this newsletter.

Subscriptions 2024/25:

Due to Swimming New Zealand (SNZ) and Swimming Wellington (SWN) increasing their affiliation fees the committee has decided in a modest increase to the annual club subscription.

The last increase for the annual subscription (which includes the SNZ and SWN affiliation fees) was July

2022 for Club members and July 2019 for Squad members.

The subscription rates effective from 1 July 2024 will be as follows:

- \$200.00 for club members. That is, those who swim in the Eels and Tadpoles squads and those who swim at the club sessions on Friday and/or Monday nights and/or Sunday mornings.
- \$160.00 for squad members, being those in the Senior squad, Orcas, Sharks, Swordfish, Seals and those who swim in PCA's Johnsonville squad.

Upcoming Meets:

Gold Coast Meet at Tawa Pool – 12 May.

This is an ideal meet for those new to the club and especially those who enjoyed PCA's Novice Carnival.

The emphasis at Gold Coast Meet is around swimming personal best times – it is not about winning or how you place in a race. Those recording a PB receive a ribbon. Races are swum slowest to fastest, all age swim together with first timers who don't have a time swimming in the first heats. Entries through FASTLANE close on Sunday 5 May.

PCA Race Night Friday 14 June.

Open to all swimmers and especially those who swim on Sunday mornings, and Monday and Friday nights. Race nights are about Having-a-Go and gaining racing experience. Further details will follow.

Meet Reports:

Coastlands Classic – 23 March:

This National Qualifier meet attracted 25 PCA swimmers with a number trying to gain national times for the upcoming National Meets.

Of their 62 swimmers 18 were swum in a personal best time – congratulation to all those swimmers.

This was a particularly long and drawn out meet with a number of 9 and 10 years old (not from PCA) swimming the 400m freestyle and 400m medley for the first time.

When entering parents should remember that just because a swimmer can swim longer events doesn't mean they can RACE it!









At Wellington Champs level 400m races are not encouraged until swimmers are 11 or 12 and then swimmers must meet the qualifying time.

At Gold Coasts meets we have set criteria that won't allow new swimmers to swim these distances.

Swimmers considering entering these longer distance should talk to their coach first.

A big thank you goes to the PCA manager and officials who assisted at this event.

Novice Carnival – 2 April:

Forty eight swimmers entered PCA'S 2024 Novice Carnival.

Twenty one represented PCA, with others representing Ally Tod and Easyswim Swim Schools, Johnsonville Squad, Capital, Nga Tai Tuatea a Taraika and Tawa Swimming Clubs.

The meet was run at a slower pace than normal to put the new swimmers at ease.

Each swimmer received a lucky lane prize and a participant ribbon.

Those finishing 1st, 2nd or 3rd in each event received place ribbons with those finishing 4th to 6th a finalist ribbon.

Many podium photos were taken by proud parents and clubs as swimmers enjoyed their moment of fame.

Check out the photos on the PCA Facebook page.

PCA's results were:

		Freestyle Backstroke			
Name	Age	25	50	25	50
Alyssa Brown	11	1 st	1 st	2 nd	
Max Seefa	11	1 st	1 st	1 st	1 st
Perla Parik	11	5 th	3 rd	5 th	4 th
Ella Au	10	1 st	1 st	1 st	1 st
Peixin Tian	10	2 nd	2 nd	4 th	4 th
Grace Turner	10	3 rd	3 rd	5 th	5 th
Heidi Chen	10	4 th	4 th	3 rd	3 rd
Harper Luamanu	9	3 rd	2 nd	3 rd	2 nd
Alfred Hughes	9	1 st	1 st	1 st	1 st
Odin Taulato	9	2 nd	2 nd	4 th	2 nd
Cam Andews	10	1 st	1 st	1 st	1 st
Willa McCarthy	8	1st		4 th	
Indy Clayton	8	4 th	7 th	3 rd	2 nd
Jordyn-Leigh Jacobs	8	5 th	6 th	6 th	3 rd
Hunter Ruangsimuntoran	8	2 nd	5 th	3 rd	
Andrew Ellis	8	7 th	7 th	6 th	5 th
Boston Talataina	8	8 th	4 th	2 nd	1 st
Xi Wang	7	1 st	4 th	4 th	8 th
Jessica Harris	7	3 rd	5 th	1 st	4 th
Grace Avei-Ulu	12		2 nd	1 st	
Carson Woolf	9			3 rd	

PCA appreciated the huge number of people who helped out on the day.

Each area required two or three people for the meet to run smoothly, which it did.

Thank you goes to those who set the pool up, manned the door, cooked the sausages, marshalled the swimmers, gave out the lucky lanes, ran the presentation area, PCA's team managers Megan and Livvy, those who officiated the meet, the runners, referee, starter and all the timekeepers and PCA's office 'staff'. Thanks to Blair for organising the officials.

Congratulations to Livvy Andrews, winner of the officials raffle and Jasmine Hardy-Mills winner of the door raffle.

An extra big thank you goes to Nathan Thomas PCA's regular announcer for always encouraging and guiding the swimmers, and explaining meet protocols.

It was great to see a number of PCA Junior and Senior squad swimmers helping out. At PCA we have always encouraged 'a give back attitude' from our swimmers and this year they really stepped up.



We usually see this group of swimmers racing at meets, but at this Novice Meet they were essential to the running of a very successful meet – thank you.

Subscriptions:

The membership year begins on 1 July, and subs for the year are:

- \$200.00 for club members. That is, those who swim in the Eels and Tadpoles squads and those who swim at the club sessions on Friday and/or Monday nights and/or Sunday mornings.
- \$160.00 for squad members, being those in the Senior squad, Orcas, Sharks, Swordfish, Seals and those who swim in PCA's Johnsonville squad.

Subs can be paid directly into the PCA bank account 030547-0205093-00 – please use the swimmers name as a reference, or can be paid at the duty desk on a Monday or Friday night, or left in a named envelope in the black letterbox on our storeroom door.









Annual Subs are due on 1 July and should be paid as soon as possible.

For new members joining during the year the sub is prorated based on the month of joining, and if the swimmer is a squad or competitive swimmer. These rates are available from the Treasurer or the Committee Member on the desk on Monday and Friday club nights.

Swimmers are required to be financial members to enter swim meets and attend training nights (club and squad) and to attend and vote at the AGM or other club meetings.

Some leeway will be provided for the attendance at training as long as the annual sub is paid by 31 July, within four weeks of joining if a new member, or are on an agreed payment plan and no payments have been missed.

There is no leeway for entering swim meets or being able to vote at club meetings. You must be a paid up member to participate in swim meets and club meetings.

Any family wishing to spread their payments should contact our president at treasurer@swimporirua.co.nz to make an arrangement.

Duty Roster:

The club is also looking for volunteers to staff the desk on Monday and Friday nights at Cannons Creek.

You will need to report at 5:45pm to set up for a 6:00pm session start and stay until the start of the final session at 8:00pm on a Monday and 7:30pm on a Friday.

Those interested should contact Karen Johnston on 027-322-6540 or email crakars@hotmail.com.

PCA Swimming Caps:

New members will be given a cap on receipt of their first subscription payment.

Caps are replaced free of charge if they split, on presentation of the damaged cap.

The cost of caps are \$10 each if a swimmer requires another cap.

It would not normally be expected that any swimmer would need more than 1 or 2 caps each year.

Caps can be obtained from the sign-in desk at Monday and Friday night club sessions (at Cannons Creek) or the Team Manager at swim meets.

Club Uniform:

The club orders uniform items several times a year based on the demand. The items that are available for

order (and order forms) are on the notice board at Cannons Creek Pool and on the Website.

Items ordered must be paid for before the items will be included in an order sent to our supplier.

The delivery of any order we place takes about eight weeks from the time of ordering.

We also have a limited amount in stock of PCA uniform hoodies with zips, T shirts and shorts in various ages.

Please contact Jessie Guo on 021-232-1533 or e-mail uniforms@swimporirua.co.nz if you would like to purchase any PCA uniform items - see the web site for details, order form and bank details.

Bank Account Details:

 Sunday Learn to Swim
 03-0547-0205093-01

 Squad Fees
 03-0547-0205093-02

 Everything Else
 03-0547-0205093-00

If you are unsure which account you should be using, please contact treasurer@swimporirua.co.nz.

Upcoming Events:

4 May – SWN National Qualifier (SC) – Coastlands – Entries Closed

7 – 11 May – SNZ Div II (SC) – Waterworld Te Rapa Hamilton – Entries Closed

12 May – Gold Coast Ribbon Carnival (SC) – Tawa – Entries Close 5 May

Report of Best Times:

If you require a list of your times, please email Elouise Thomas the Race Secretary at race@swimporirua.co.nz and they will be sent back to you.

Club Contacts:

President (Viv Morton)	027-645-1146
	arris)027-489-1120
Secretary (Yvonne Mac	rae)021-177-1916
Treasurer (Vanya Pyne)) [′] <u>e-mail</u>
	Thomas)022-140-5068
Squad Liaison `	,
Junior Squad (Viv Mo	orton)027-645-1146
Senior Squad (Rose	Crawford)021-701-109
	,
	lair St Just)021-782-591
Uniforms (Jessie Guo)	021-232-1533
	e-mail info@swimporirua.co.nz









Prize Giving and Annual General Meeting



This combined event will be held on Sunday 19 May 2023 in the Lecture Theatre (upstairs) at the Te Rauparaha Arena commencing at 3:00pm.

All club members, their families and supporters are welcome.

Three things will be covered off during the afternoon.

The Prizegiving - a time to acknowledge our club champions and reward those who have competed with success at the club champs and during the year. The club has over 60 Cups and Trophies to present, as well as Age Group Medals and Club Champs Certificates.

Afternoon tea. Club Members are asked to bring a plate of finger food.

Annual General Meeting. This usually takes no more than an hour and is a time to acknowledge the work of the committee and coaches who have given many hours to the club and your children over the past 12 months, as well as an opportunity for new people to join the committee for the next 12 months. The committee would appreciate your support at this meeting. (If you are thinking of joining the committee and wish to know more about the commitment required, please give Viv a ring, 027-645-1146)

Meeting details are as follows

ANNUAL GENERAL MEETING AGENDA

- 1. Welcome
- 2. Apologies
- 3. Minutes of the 2023 Annual General Meeting
- 4. Matters Arising
- 5. President's Report
- 6. Treasurer's and Auditors Report
- 7. Coaches report
- 8. Election of Officers Patron, President, Vice-President, Club Captain, Vice-Club Captain, Secretary, Treasurer, Registrar, Race Secretary, Hon.Auditor.
- 9. Committee Members. (The committee shall comprise not less than 10 and no more than fifteen persons, including the officers and excluding the Patron and Auditor.)
- 10. Notices of motion, as notified to the Secretary no later than 1 May.
- 11. General business.

Note – Only those who have been financial members of Porirua City Aquatics for at least 30 days have voting rights at this meeting. A financial member is entitled to one vote. The voting rights of members under 18yrs may be exercised by that member or the member's parents or guardians. It is expected that the voting rights of members 13yrs and under will be exercised by the members parent or guardian.

Completed nominations forms are to be placed in the black letter box on the storeroom door at Cannons Creek Pool, or given to Viv Morton, or email to secretary@swimporirua.co.nz While nominations can be taken at the meeting it does speed up proceedings to have advance notice of nominations.