

Special General Meeting

Porirua City Aquatics will be holding a Special General Meeting at the Cannons Creek Pool on Wednesday 12 November at 6.30pm.

The purpose of the meeting is to adopt the new constitution that incorporates changes required for PCA to comply with the Incorporated Societies Act 2022. The constitution can be viewed on PCA's website [here](#).

We look forward to your support at this meeting. For a Quorum 10% of the voting members need to be in attendance.

Voting Members are those who have been a financial member for at least 90 days. A voting member has one vote. For members under 14 years old a parent or guardian must exercise the vote. For those under 18 either the member or the parent/guardian can exercise the vote. For those 18 and over the member exercises their own vote.

Have a go night

Our next 'Have A Go Night' will be held on Friday 7th November, Cannons Creek Pool.

6pm warm up, 6.30pm start
Note; Maximum of 4 swims per swimmer.

Race night is open to all our club members and especially those who swim on Friday and Monday nights, Sunday morning or are in our Junior Squads. Entries will be taken on the night. This meet is not about winning - it is about "Having a Go", learning to race, learning race rules, trying new events and establishing a club time.

Times recorded will not be official and can't be used as entry times for other meets. Because of race night Tadpoles and Seals training is cancelled. Swordfish training will be held as normal. Swordfish are welcome to join race night after training – 200m medley is on the programme as event 1, especially for those who may like gain valuable medley racing experience. Any queries, please speak to your child's coach or email president@swimporirua.co.nz

As with all swim meets volunteers are required to help run the meet and will be called for on the night. It is PCA expectation that all swimmers entering any meet will provide a volunteer when required.

IMPORTANT

- **Only new swimmers and those 8 years and under may enter the 25m backstroke and 25 freestyle.**
- **Parents of those entering MUST make themselves available to assist at the meet as required.**

For those keen to race as the next step from Race Night swimmers should be looking to enter the Gold Coast Carnivals. These are very relaxed, official meets, and a great place to learn about racing.

The next Gold Coast Meet at Tawa Pool on 16 November is an ideal meet for all swimmers and especially those new to racing. The only individual races on the programme are 50m races in all strokes plus 25m butterfly. **Those recording a Personal Best time or new time will receive a PB ribbon and a Chocolate Bar!** There are also several relay races. PCA's teams will be selected from those who enter.

Harcore Meet – 8 November 2025

PCA and Tawa are co-hosting a national qualifying meet at the Te Ngaengae Pool on 8 November (entries close 2 November).

This is a fundraising meet and an ideal time for swimmers to gain valuable racing experience competing in a long course pool.

Porirua City Aquatics 100m Handicap Trophy Meet – 24 November 2025

Porirua City Aquatics 100m Handicap Trophy Meet will be held on Monday 24 November 2025, Cannons Creek Pool, 6pm warm up for a 6.30pm start.

This replaces all Squad training. Due to the council's diving ban – everyone will start in the water.

All swimmers who can swim 100m freestyle should enter – this is a really fun event.

Entries close on Monday 17 November

To enter swimmers need to have a current 50m or 100m time. Those without a time should speak to their coach and organise a time trial.

In the first round everyone competes in the handicapped heats swum over 100m freestyle. Thirty six swimmers then move through to the semi-finals. These 36

swimmers are the top placegetters from the heats. Depending on how many heats there are, it may be the first 3 or 4 swimmers from each the heat. The winner of each semi-final then competes in the grand final. Each round is re-handicapped.

As swimmers 'drop out' they will be put into one of six relay teams. All teams swim in the relay heats to establish a time and then swim a handicapped relay final. Teams improving their time by more than four seconds will be disqualified. (We are awake to those who think they can swim slow in the heats to win the final!)

An explanation of handicapped swimming. Take two swimmers, one is 10 seconds faster than the other. When the race starts the starters shouts 'Go', and then counts the seconds. The slower swimmer starts on 'Go' and the faster swimmer starts when the starter gets to '10' – if both swimmers are swimming up to their best they will finish at the same time.

Imagine six swimmers in a race, all starting at different times and finishing within splits of each other – how exciting!

To run this event, three timekeepers are needed on each lane. Parents and caregivers of those entering must be available to help on the night if required.

To enter write your name on the list on the noticeboard or email president@swimporirua.co.nz. Late entries cannot be accepted.

Grant funding

Porirua City Aquatics is extremely grateful to Pelorus Trust who recently allocated the club a grant to be used for pool hire.

Pelorus Trust venues in the Porirua/Tawa area are, Major T, 207/209 Main Road, Tawa, Wellington 5028 Blend N Brew Bar - 10 Cobham Ct, Porirua 5022, New Zealand.

Your support of these venues would be appreciated.



PCA is also very grateful to the NZ Community Trust for a Grant received towards the wages of two of our Professional Coaches.



NZCT venues in Porirua are The Sandbar, Mana. The Mariner, Titahi Bay and The Legends Sports Bar, 1 Serlby Place, Porirua.

Your support of our funder's venues would be appreciated.

School Holiday Swimming

Diving

A number of club and junior squad swimmers took advantage of the diving sessions held at the Arena during on the school holidays. While the coaches seemed to finish up wetter than the swimmers, most improved their diving and had fun!

Distance Badge Swimming

There was a good turnout of swimmers challenging themselves by swimming distance badges on the two Fridays of the school holidays. Most achieved well beyond their expectations and those of their parents. A big thank you goes to all the parents who counted the lengths.

Special congratulations to those who started with a 25 metres swim and then swum every distance up to 1500 metres in one night – over 120 lengths in total!

Those to achieve were:

25m, 50m, 100m and 200m – Harvey Eden, Yucheng Han.

25m, 50m, 100m, 200m & 400m – Denver Johnson, Zoe Mitchell, Milly Thomson, Noelle Togia.

800m and 1500m, Grace Hapeta.

1500m – Andrew Ellis, Charlotte King, Max Lewis, Joel Siave, William Sun.

All distances 25m up to 800m – Sam Cao, Marcus Cole, Harper Gopperth, Max Grimmwood, Myla Grimmwood, Faye Hu, Rayne Hu, Willa Wesley-Smith,

From 25m and all distances up to 1500m – Harrison Boyte, Felis Brunton, Jacob Brunton, Ruby Gopperth, Whakaotirangi Hauiti-Parapara, Charlie Kneebone, Maryam O'Shaughnessy, Emil Rimer,

One Kilometre swims for ribbons

Under 28 minutes – Emeilia Muollo.

Under 27 minutes – Emilia Bleach, Frank Lunn.

Under 26 minutes – Charlotte King.
Under 22 minutes – Jackson Ellis.
Under 21 minutes - Jordyn-Leigh Jacobs.
Under 20 minutes – Olivia Mitchell.

Meet Reports

Meet 1: New Zealand Short Course

In the first week of the school holidays PCA took a team to Auckland for the NZ Short course champs. We had 16 swimmers who worked exceptionally hard to meet the tough qualifying times for this event, Felix Thomas, Lauren Crawford, Asher Thomas, Alyssa Bai, Patrick Reiher, Justin Wang, Victor Yu, Karmen Zhou, Camille Zhou, Nathaniel Wood, Joe Reiher, Eric Yuan, Jayden Ng, Dannielle Rule, Cody Chen and Indie Spalding. We also had three Team Managers - Rose Crawford, Elouise Thomas and Carla Spalding. Coach – Justin Roberts, Official - Brent Harris.

It was a 7-day trip with most of the swimmers staying together. There was 5 days of competition with the morning sessions consisting of heats and age group straight finals, and the evening sessions top 30 swimmers regardless of age. PCA ended up 21st out of 34 clubs in the Open points, 22nd out of 65 clubs in age group points, and 14th out of 18 clubs for multi class points, this is a good result for our 16 swimmers.

We had some wonderful results including 8 Medals, 1 open bronze, 3 age group gold and 4 age group bronze. We also had 29 other top 10 placing in age groups races. With 62% of swims achieving a PB.

It was great to see the relationships between the swimmers grow over the week. A big thanks to Brent for Officiating the entire meet, Justin for coaching and supporting our swimmers, Rose, Elouise & Carla for team managing.

Results are attached to the end of the newsletter.

Rose, Elouise and Carla
Team Managers

Meet 2: Dash for Cash Meet – 11 October 2025

Thirty-two swimmers from PCA swam at this national qualifying meet that our club co-hosted with the Tawa Club. Swimmers came from all around the Wellington Region with others travelling the Wairarapa to try out the new Te Ngaengae Pool. This pool has the option of being set up as *long course* (1 length equals 50m lengths) or as *short course* with 25m lengths - on this occasion we ran a long course meet.

Numerous swimmers achieved personal best times. Of particular note was Tai Lewis' 50 breaststroke swim where he took 17.88 seconds off his best time and Victor

Yu who made a 13.32 second improvement on his 1500 metre time.

As this was a fundraising event, PCA and Tawa parents stepped up to fill most of the key jobs. A big thank you goes to you all and thanks especially to Vicky Gibbs Tawa's Race Secretary for collating the entries.

At the end of the night the names of four lucky swimmers, who had each competed in at least three events, were drawn out of a hat to win \$50.00 cash. It was good to see PCA's Jade Wang amongst the winners.

Special thank you to our coaches Cliff and Justin, and our team managers Rose, Katrina and Megan for helping us swimmers.

This was only the second ever big meet held at this pool, so it was very new to everybody.

PCA and Tawa will be co-hosting a second National Qualifying Meet at this pool on 8 November. Entries are now open and it is our coaches hope that many PCA swimmers will enter and gain some valuable 50m racing experience.

Meet 3: Swim Wellington Junior Champs -18/19 October 2025

This meet was held at Coastland Pool on 18/19 Oct. PCA's team of 28 was the biggest club team competing with other swimmers coming from Auckland, Manawatu, Wairarapa, Blenheim, Nelson and all around the Wellington Region.

PCA swimmers dominated many age groups and won heaps of medals – individual results will be included in the Nov. newsletter. Some age groups were hotly contested and often splits of a second meant the difference between going home with a medal or a placing ribbon.

PCA won the Top Club trophy with the most club points for the 7th time in 8 years. All swimmers finishing in the top 10 for an age group event earned points for the club.

PCA amassed 1,785.50 points second was Whanganui on 612 points and the Capital club 3rd with 579 points. When you study the points, PCA earned more points than the 2nd, 3rd and 4th clubs' points added together. Half points come about when two swimmers have equal times and points are shared.

Thank you to the team managers (Vicki Eastham, Catherine Lui and Katrina Smith) and coaches Cliff Roberts and Steven Zhu for caring for, encouraging and advising the swimmers.

A big thank you to the parents and supporters who timekept and officiated. To Nathan Thomas for assisting Viv in the presentation area, Elouise for Starting and Jos, Graham Seagull for starting, Brent Harris the

Technical Director, and Lauren and Jackson Crawford for helping at the last session.

Learnings from the meet

- Swimmers are to sit with the team in the dedicated swimmers seating area. Managers are not expected chase swimmers around the pool to send them to marshalling or for medal presentations.
- It would be good if all swimmers followed our club values of PROUD, COMMUNITY and ATTITUDE by wearing the club uniform at all meets.
- Prior to the meet Blair St Just (PCA's officials coordinator) did a great job filling all PCA's duties. Unfortunately, things change when people are unwell and it was disappointing to hear some PCA parents' reactions when asked to step in and fill vacant roles that arose in the second session. With PCA being the biggest club at the meet this reflects poorly on the club.

Learn to Swim Term 4 2025

Our next course of lessons will start on 2 November 2025 and finish on 14 December 2025. Class times are 9.15am and 10am with all levels held at each time slot.

On the first day swimmers should arrive at least 15 minutes earlier than their class time to complete enrolment process.

The fee is \$50.00 for this course of lessons – payment can be made on the first day - cash only, no eftpos, or deposited into account number 030547 0205093 01. Account name Porirua City Aquatics Incorporated. Please use your swimmers name as the reference and include L2ST4.

Please note. All participants must be at least 5 years old, 1.1m tall, long hair must be tied back – wearing a cap is preferable. Goggles are essential and can be purchased at the pool.

Subscriptions:

The membership year begins on 1 July, and subs for the year are:

- \$220.00 for club members. That is, those who swim in the Tadpoles squad and those who swim at the club sessions on Friday and/or Monday nights and/or Sunday mornings.
- \$220.00 for PCA's Johnsonville Squad swimmers
- \$185.00 for squad members, being those in the Senior squad, Orcas, Sharks, Swordfish, Seals and those who swim in PCA's Johnsonville squad.

Subs can be paid directly into the PCA bank account 030547-0205093-00 (please use the swimmers name as a reference), or can be paid at the duty desk on a Monday or Friday night, or left in a named envelope in the black letterbox on our storeroom door.

Annual Subs were due on 1 July and should be paid as soon as possible.

For new members joining during the year the sub is reduced on a sliding scale from October to the following June based on the month of joining, and if the swimmer is a squad or competitive swimmer. These rates are available from the info@swimporirua.co.nz or the person on the desk on Monday and Friday club nights.

Swimmers are required to be financial members to enter swim meets and attend training nights (club and squad) and to attend and vote at the AGM or other club meetings.

Some leeway will be provided for the attendance at training as long as the annual sub is paid by 31 July, within four weeks of joining if a new member, or are on an agreed payment plan and no payments have been missed.

There is no leeway for entering swim meets or being able to vote at club meetings. You must be a paid up member to participate in swim meets and club meetings.

Any family wishing to spread their payments should contact our Treasurer at treasurer@swimporirua.co.nz to make an arrangement.

Duty Roster:

The club is also looking for volunteers to staff the desk on Monday and Friday nights at Cannons Creek.

You will need to report at 5:45pm to set up for a 6:00pm session start and stay until the start of the final session starts at 7.20pm.

Those interested should contact Viv Morton on 027-645-1146 or email president@swimporirua.co.nz

BBQ Roster:

On Club Nights, and Sunday Mornings during Club and Learn to Swim Sessions at Cannons Creek Pool there is an opportunity for parents to raise money to help with their club expenses.

The money raised from each sausage sizzle (or whatever else you would like to cook on the BBQ) less any direct expenses is kept by the club and allocated to the family who did the BBQ.

The purchase of some items (sausages, bread etc) is required at the time.

The money raised can be used for entry fees, subs, squad fees, to purchase uniforms etc.

Anyone interested in cooking for a night should contact Viv Morton e-mail president@swimporirua.co.nz or phone 027-645-1146 for further information.

PCA Swimming Caps:

New members are entitled to a club cap on receipt of their first subscription payment.

Caps are replaced free of charge if they split, on presentation of the damaged cap.

The cost of caps are \$10 each if a swimmer requires another cap.

It would not normally be expected that any swimmer would need more than 1 or 2 caps each year.

Caps can be obtained from the sign-in desk at Monday and Friday night club sessions (at Cannons Creek) or the Team Manager at swim meets.

Club Uniform:

PCA uniform is to worn by all swimmers at swim meets.

We hold a stock of PCA uniform hoodies with zips, t-shirts and ponchos in various ages. To order see the web site for details, order form and bank details.

Please contact Jessie Guo on 021-232-1533 or e-mail uniforms@swimporirua.co.nz

Bank Account Details:

Sunday Learn to Swim	03-0547-0205093-01
Squad Fees	03-0547-0205093-02
Everything Else	03-0547-0205093-00

If you are unsure which account you should be using, please contact treasurer@swimporirua.co.nz.

Upcoming Events:

- SWN relay champs (LC)– WRAC – 1 November
- Have a Go Night – Cannons Creek – 7 November
- PCA NQ (LC) – Naenae – 8 November
- Paekakariki Shield relays and Chocolate – Tawa – 16 November
- Taraika NQ – WRAC – 22 November
- Wellington Summer Long Course Champs (12 years and over) 5 to 7 December at WRAC
- PCA Family fun night – Monday 15 December

Club Lane and Squad Information:

A summary of how we structure our Club Lanes for new swimmers, and also our booklet for competitive swimmers can be found at the links below.

[Club Lane Swimming](#)
[Competitive Swimming](#)

Report of Best Times:

If you require a list of your times, please email Louise Thomas the Race Secretary at race@swimporirua.co.nz and they will be sent back to you.

Club Contacts:

President (Viv Morton)	027-645-1146
Vice-President (Oliver Bennett)	e-mail
Secretary (Rose Crawford)	e-mail
Treasurer (Sonja Maharaj)	e-mail
Race Secretary (Elouise Thomas)	022-140-5068
Junior Squad Coach	e-mail
Senior Squad Coach	e-mail
Officials Co-ordinator (Blair St Just)	021-782-591
Uniforms (Jessie Guo)	021-232-1533
Newsletter	e-mail

Swimming NZ Age group champ 2025 Swimmer Results

Swimmer	Event	Ranking for age group in New Zealand
Indie Spalding 14yr girls	100 Backstroke - PB	4 th
	100 Medley – PB	7 th
	100 Freestyle	16 th
	400 Freestyle	9 th
	200 Medley	13 th
	50 Backstroke	4 th
Alyssa Bai 14yr girls	100 Butterfly	Bronze/3 rd
	50 Freestyle	4 th
	100 Freestyle – PB	4 th
	50 Butterfly – PB	Bronze/3 rd
	200 Butterfly	Gold, 1 st
Victor Yu – 15yr boys	200 Butterfly - PB	11 th
Dannielle Rule Open age	100 Backstroke - PB	47 th
	50 Butterfly – PB	53 rd
	100 Butterfly	53 rd
	200 Butterfly - PB	33 rd , C final 10 th
	50 Backstroke	50 th
	200 Medley	51 st
Lauren Crawford 15yrs girls	100 Backstroke - PB	13 th
	200 Backstroke	12 th
	50 Backstroke – PB	9 th
Patrick Reiher 14yr boys	50 Breaststroke - PB	11 th
	100 Breaststroke	12 th
	200 Breaststroke – PB	7 th
Asher Thomas 15yr boys	100 Medley	DQ
	50 Breaststroke - PB	7 th
	100 Breaststroke	12 th
	200 Breaststroke	13 th
Felix Thomas 16yr boys	50 Freestyle – PB	8 th
	50 Butterfly – PB	8 th
	100 Medley – PB	14 th
Cody Chen 14yr boys	200 Breaststroke – PB	11 th
	100 Breaststroke	16 th
Justin Wang 13yr boys	1500 Freestyle	4 th
	400 Medley – PB	6 th , C final 8 th
	400 Freestyle – PB	8 th
	200 Backstroke	14 th
	200 Freestyle - PB	17 th
	800 Freestyle – PB	5 th
Jayden Ng 15yr boys	100 Backstroke - PB	21 st
	100 Freestyle – PB	18 th
	50 Butterfly	15 th

Swimmer	Event	Ranking for age group in New Zealand
	50 Backstroke - PB	17 th
	100 Butterfly	20 th
	50 Freestyle - PB	9 th
Nathaniel Wood multi-class	50 Freestyle - PB	14 th
15yr boys	100 Freestyle – PB	14 th
	50 Butterfly	12 th
	400 Freestyle – PB	6 th
	100 Backstroke – PB	8 th
	50 Breaststroke – PB	8 th
	100 Breaststroke - PB	8 th
	200 Freestyle - PB	8 th
	100 Medley – PB	12 th
	50 Backstroke – PB	10 th
	200 Medley – PB	5 th
Eric Yuan 17/18yr boys	100 Backstroke - PB	11 th
	50 Butterfly – PB	6 th =, C final 6 th , 24 th Open
	100 Butterfly – PB	5 th , B final 7 th , 16 th Open
	50 Freestyle	21 st
	200 Butterfly	5 th , B final 1 st , 11 th Open
Joe Reiher 17/18yr boys	200 Breaststroke - PB	Gold/1 st , A Final 5 th
	100 Medley – PB	6 th
	50 Breaststroke – PB	Bronze/3 rd , A final 10 th
	100 Breaststroke – PB	Gold/1 st , A Final Bronze/3 rd
	200 Medley – PB	5 th
Camille Zhou 13yr girls	50 Butterfly – PB	7 th
	50 Freestyle - PB	6 th
	100 Freestyle – PB	8 th
Karmen Zhou 16yr girls	100 Butterfly	6 th
	50 Freestyle	5 th
	50 Butterfly	4 th
	100 Medley – PB	Bronze/3 rd , B final 9 th
	100 Breaststroke	7 th =
	50 Breaststroke	10 th
Relays		
Karmen, Dannielle, Alyssa and Camille	4x50 Freestyle	8 th
Team A – Joe, Eric, Jayden, Justin	4x50 Freestyle	16 th
Team B - Asher, Cody, Victor, and Patrick	4x50 Freestyle	21 st
Indie, Karmen, Alyssa, Camille	4x50 Medley	16 th
Team A – Jayden, Joe, Eric, Felix	4x50 Medley	11 th
Team B – Justin, Asher, Victor, Cody	4x50 Medley	20 th

