

Happy New Year -Welcome back to the Pool

We welcome you all back for another great year of swimming.

Club Sessions

PCA club nights resume on Monday 2 February. There is no club swimming on Waitangi Day, Friday 6 February or Sunday 8 February.

Friday sessions start on 13 February and Sunday sessions 15 February 8-9am

Sunday morning club session is cancelled on Sunday 15 March due to PCA Club Champs.

Local up-coming meets

Gold Coast Chocolate Carnival 15 Feb, Tawa Pool. This meet is ideal for all swimmers with those setting a new time or personal best receiving a ribbon and chocolate bar. Entries on Sunday 8 February

Learn to Swim Term One 2026

Our next course of lessons will start on 15 February and finish on 29 March 2026.

Class times are 9.15am and 10am with all levels held at each time slot.

On the first day swimmers should arrive at least 15 minutes earlier than their class time to complete enrolment process.

The fee is \$50.00 for this course of lessons – payment can be made on the first day - cash only, no eftpos, or deposited into account number 030547 0205093 01. Account name Porirua City Aquatics Incorporated. Please use your swimmers name as the reference and include L2ST1.

Please note. All participants must be at least 5 years old, 1.1m tall, long hair must be tied back – wearing a cap is preferable. Goggles are essential and can be purchased at the pool.

Volunteer Coaches

Our pool of volunteer coaches who coach Monday nights, Friday nights and Sunday mornings is dwindling and we need your help.

We are looking for people prepared to step up when their child is training, not to take their own child, instead

to assist in another lane. These assistants would be required to send the swimmers off, so swimmers start off well spaced, in an orderly manner, and not on top of each, and then to reiterate the instructions given by the coach.

We appreciate parents can not commit to every session and/or week but we are hoping to have a few parents who will be happy to assist our coaches. Working with swimmers can be very rewarding – if you can help speak to Viv either at the pool or email president@swimporirua.co.nz

Porirua City Aquatics Club Championships

Sunday 15 March 2026 – Tawa Pool
ENTRIES CLOSE 8 MARCH

Club Championships are the premier meet on any club calendar and with the diving banned at Cannons Creek, and Te Rauparaha Arena pool not measuring a full 25 metres Porirua City Aquatics Club Championships will be held at Tawa's Pool on Sunday 15 March 2026, over two sessions (1.30pm warm up for a 2pm start, then 4pm warm up for a 4.30 pm start). The short break between sessions provides an opportunity to picnic in the park next door – PCA are planning to have a sausage sizzle running @ \$2.50 each. See the flyer on our website and/or noticeboard for full details. By hiring the Tawa Pool our swimmers will be able to dive, if they wish, or they can start in the water. All 25 races will start in the water.

Over the years some sixty-odd cups and trophies have been donated to PCA to be swum for at the Championships. The Cups and Trophies are in age groups 9yrs and under, 10/11yrs, 12/13yrs, 14/15yrs and Open, cover four strokes, as well as medley, with separate events for boys and girls.

As well as the Cups and Trophy events, 'Age Groups' races are held in individual age groups, again with boys and girls separate, from 6yrs and under up to 17yrs and over. Points earned in these races (1st 8, 2nd 5, 3rd 3, and one for all the other swimmers participating) contribute to the Age Group medals.

Both the Age Group medals (that is one Gold, one Silver and one Bronze in each age group) and Cups and Trophies will be presented at our Prize Giving on Sunday 24 May. Full details will be advised later.

As many age group events are the same as the Cups and Trophy events the programme has been streamlined so no one will swim the same distance/stroke twice, but the results from one swim may

count for both the Cups and Trophies and the Age Group points. All events will be swum in mixed age groups, graded/scratch, that is, from slowest to fastest, as happens at Gold Coast Meets.

We would like everyone to 'Have a Go' at these Championships – there are many events on the programme. Everyone will be able to find something they are comfortable to swim. Session one is mainly freestyle and backstroke events, with breaststroke and butterfly events in session two.

As with most meets entries must be done on-line through Swimming NZ's database. For newer swimmers this is easy to do providing you have your log-in. If you are unsure about your log-in contact Brent Harris on info@swimporirua.co.nz Entries close on Sunday 8 March 2026 – late entries will not be accepted.

For those new to on-line entries full details are on our website under 'Meets – how to enter'. All costs for hiring the pool, door entry etc will be covered by the club.

We will need help to run these Championships. Timekeepers will be called for at each session. With seven lanes we must have three timekeepers on each lane to run the meet. We will also need at least three or four IOT's at each end of the pool, as well as a qualified referee, stroke inspector, and starter.

All parents and caregivers of those entering must be available to officiate as required.

If there are any queries see Viv Morton president@swimporirua.co.nz or Elouise Thomas our race secretary, email; race@swimporirua.co.nz

Novice Carnival

Thinking ahead to PCA 's annual Novice Carnival (10 May) where every swimmer receives a lucky lane gift, the club is looking to build a stock of suitable gifts. These can be something small suitable for swimmers from 5 to 11 year olds - Drink bottles, toys, books, food/takeaway vouchers etc. If anyone can source gifts it would be appreciated.

Meet Reports

Meet 1: NZ Open Water Champs

Lauren Crawford was one of two Wellington Swimmers to enter the NZ Open Water Champs held in Lake Taupo on 10 January. Lauren swum the 2.5km race finishing 8th in the 15-17 yr old age group and 14th in the open category. The club finished 26th in the club rankings. Thinking ahead, it would be great if others entered next year – the meet was well organised with races swum parallel to the shore making for good viewing. Often open water races take swimmers out into the sea with spectators only seeing a distance splash!

Subscriptions:

The membership year begins on 1 July, and subs for the year are:

- \$220.00 for club members. That is, those who swim in the Tadpoles squad and those who swim at the club sessions on Friday and/or Monday nights and/or Sunday mornings.
- \$220.00 for PCA's Johnsonville Squad swimmers
- \$185.00 for squad members, being those in the Senior squad, Orcas, Sharks, Swordfish, Seals and those who swim in PCA's Johnsonville squad.

Subs can be paid directly into the PCA bank account 030547-0205093-00 (please use the swimmers name as a reference), or can be paid at the duty desk on a Monday or Friday night, or left in a named envelope in the black letterbox on our storeroom door.

Annual Subs were due on 1 July and are now overdue.

For new members joining during the year the sub is reduced on a sliding scale from October to the following June based on the month of joining, and if the swimmer is a squad or competitive swimmer. These rates are available from the info@swimporirua.co.nz or the person on the desk on Monday and Friday club nights.

Swimmers are required to be financial members to enter swim meets and attend training nights (club and squad) and to attend and vote at the AGM or other club meetings.

Some leeway will be provided for the attendance at training as long as the annual sub is paid by 31 July, within four weeks of joining if a new member, or are on an agreed payment plan and no payments have been missed.

There is no leeway for entering swim meets or being able to vote at club meetings. You must be a paid up member to participate in swim meets and club meetings.

Any family wishing to spread their payments should contact our Treasurer at treasurer@swimporirua.co.nz to make an arrangement.

Duty Roster:

The club is also looking for volunteers to staff the desk on Monday and Friday nights at Cannons Creek.

You will need to report at 5:45pm to set up for a 6:00pm session start and stay until the start of the final session starts at 7.20pm.

Those interested should contact Viv Morton on 027-645-1146 or email president@swimporirua.co.nz

BBQ Roster:

On Club Nights, and Sunday Mornings during Club and Lean to Swim Sessions at Cannons Creek Pool there is an opportunity for parents to raise money to help with their club expenses.

The money raised from each sausage sizzle (or whatever else you would like to cook on the BBQ) less any direct expenses is kept by the club and allocated to the family who did the BBQ.

The purchase of some items (sausages, bread etc) is required at the time.

The money raised can be used for entry fees, subs, squad fees, to purchase uniforms etc.

Anyone interested in cooking for a night should contact Viv Morton e-mail president@swimporirua.co.nz or phone 027-645-1146 for further information.

PCA Swimming Caps:

New members are entitled to a club cap on receipt of their first subscription payment.

Caps are replaced free of charge if they split, on presentation of the damaged cap.

The cost of caps are \$10 each if a swimmer requires another cap.

It would not normally be expected that any swimmer would need more than 1 or 2 caps each year.

Caps can be obtained from the sign-in desk at Monday and Friday night club sessions (at Cannons Creek) or the Team Manager at swim meets.

Club Uniform:

PCA uniform is to worn by all swimmers at swim meets. We hold a stock of PCA uniform hoodies with zips, t-shirts and ponchos in various ages. To order see the web site for details, order form and bank details.

Please contact Sophie Khun-Hammond on 021548669 or e-mail uniforms@swimporirua.co.nz

Bank Account Details:

Sunday Learn to Swim	03-0547-0205093-01
Squad Fees	03-0547-0205093-02
Everything Else	03-0547-0205093-00

If you are unsure which account you should be using, please contact treasurer@swimporirua.co.nz.

Upcoming Events:

- Gold Coast Chocolate Carnival, Tawa Pool – 15 February 2026
- Swimzone NQ Meet- Te Ngae Ngae Pool – 21 Feb-2026
- Scorching Bay Challenge (open water) – 28 February 2026
- Junior Festival – all stars, Coastlands Aquatic Centre - 28 February 2026
- 2026 PCA Club Champs – Tawa Pool – 15 March 2026
- 2026 Division II Competition (SC) Moana Pool, Dunedin -20 March 2026
- 2026 NZ Age Group Swimming Champs – Hawkes Bay Regional Aquatic Centre – 8 April 2026

Club Lane and Squad Information:

A summary of how we structure our Club Lanes for new swimmers, and also our booklet for competitive swimmers can be found at the links below.

[Club Lane Swimming](#)
[Competitive Swimming](#)

Report of Best Times:

If you require a list of your times, please email Elouise Thomas the Race Secretary at race@swimporirua.co.nz and they will be sent back to you.

Club Contacts:

President (Viv Morton)	027-645-1146
Vice-President (Oliver Bennett)	
Secretary (Rose Crawford)	e-mail
Treasurer (Sonja Maharaj).....	e-mail
Race Secretary (Elouise Thomas).....	022-140-5068
Junior Squad Coach	e-mail
Senior Squad Coach	e-mail
Officials Co-ordinator (Blair St Just)	021-782-591
Uniforms (Sophie Khun-Hammond).....	email
Newsletter	e-mail