

### Kings Birthday Weekend:

All swimming (club, squad and learn to swim) on Sunday 31 May and Monday 1 June is cancelled due to the long weekend.

Friday night session (29 May) will be held as normal.

### Junior Squad Meeting:

A squad meeting will be held at Cannons Creek Pool on Wednesday 3 June at 6:00pm for swimmers and parents of those in the Tadpoles, Seals, Swordfish, Sharks and Orcas Squads.

Come along with all your questions about competitive swimming.

Cliff will also share his coaching plans.

### Senior Squad Meeting:

There will be a Senior Squad Meeting for all swimmers in the Porirua Squad at 4:30pm on Friday 5 June in the upstairs meeting room at the Arena.

This meeting is for swimmers only.

Justin will explain his coaching plan for the second part of this year and will be happy to answer the swimmers' questions.

### NZ Team Selection – Nathaniel Wood:

Congratulations to Nathaniel Wood who has been selected to represent New Zealand at the 2026 TriSeries to be held in Karratha, Western Australia from 5 to 11 July.

### Annual General Meeting:

Thank you to all those who gave the club their support by attending Porirua City Aquatics' AGM on 24 May.

Elected officers for 2026/27 are:

|                |                |
|----------------|----------------|
| Patron         | Murray Pugh    |
| President      | Viv Morton     |
| Vice President | Oliver Bennett |
| Secretary      | Rose Crawford  |
| Treasurer      | Sonja Maharaj  |
| Club Captain   | <i>Vacant</i>  |
| Registrar      | Sonja Maharaj  |
| Race Secretary | Elouise Thomas |
| Auditor        | <i>Vacant</i>  |

Committee –Sam Gathoga, Brent Harris, Sophie Khun-Hammond, Feilong Wang.

During the meeting a number of people who have gone the extra mile for PCA over the last year were thanked, including:

- Jeanette Adams who stepped down as Honorary auditor having audited our accounts for many, many years. This leaves us with a vacancy for 2027. We would be keen to hear from someone with suitable qualifications who would be keen to take on this role. For further details contact treasurer Sonja on [treasurer@swimporirua.co.nz](mailto:treasurer@swimporirua.co.nz)
- A presentation was made to Viv for the work she does for PCA and to our volunteer coaches and 'senior' qualified officials.

### Life Membership Presentation.



At the AGM an extra special presentation was made to Brent Harris – that of Life Membership of PCA.

Since joining the committee of Mana Swimco in May 2009 Brent has worked tirelessly for the club taking on many roles including being Vice President, being a member of our HR, Health and Safety and Complaints subcommittees, being our registrar, looking after PCA's membership on the SNZ database, our webmaster, and a club delegate at Swimming Wellington meetings.

Even with this workload Brent has climbed the officials ladder and has been a Referee since January 2013 and has been the Chairman of the Swimming Wellington Regional Technical Panel (RTOP) since May 2025

which involves overseeing the Technical Officials in the Swimming Wellington Region and ensuring that meets are run within swimming rules.

While doing the admin work off pool deck he also officiates regularly on pool deck at club, local and regional meets and then uses most of his annual leave to officiate at National Championships.

PCA appreciates all Brent does for the club and the wider swimming community, and to present him with Life Membership of the club was an honour and truly deserved.

#### Committee Vacancies:



Our rules allow for up to 15 on the committee and as you can see we are a couple short.

New people would be most welcome.

Anyone interested should speak to Viv or email [president@swimporirua.co.nz](mailto:president@swimporirua.co.nz).

Specials skills are not required – you just need a passion for swimming and a degree in common sense!

#### Prize Giving:

While most of the cups and trophies presented at the prizegiving were based on results at the club champs, the following were awards for performances during the year.

**Leaders Real Estate Cup – Swimmer of the Year – Joe Reiher**

**Southern Cross Cable Network Cup – Junior Swimmer of the Year – Federika Shepeleva**

**Porirua City Aquatics Cup – Multi-class Swimmer of the Year – Nathaniel Wood.**

**Pru Young Memorial Cup – Top performance of the Year – Alyssa Bai – for breaking the Wellington Record for 14 years for 100m butterfly that had stood since 2008. An outstanding swim.**

**Record Trophy** for the swimmer who breaks the most club records during the year – Alyssa Bai broke 17 records.

**Personal Best Trophy** for making the biggest improvement over all stroke and distances over the year – Ella Au

**Time Trial Trophy** for making the biggest improvement over 200m freestyle over the year (this event must have been swum four times) – Tai Lewis

**Senior Girls Long Distance Trophy for 800m – Rebecca Yu**

**Senior Boys Long Distance Trophy for 1500m – Victor Yu.**

**NAGs PCA Swimmer of the Meet 2026 – Alyssa Bai.**

**Div II PCA swimmer of the Meet – Maddy St Just.**

**Nicols Trophy** – for sportsmanship, attitude, being a good role model, attendance etc – Girls Grace Hapeta and Boys, Jackson Crawford.

**Volunteer Cup** – this cup recognises a volunteer who has made a huge contribution to PCA over the year. Deserving this was presented Megan Carr who has managed teams, coached on club night and is a learn to swim instructor.

Easyswim Swim School was thanked for the new cup they presented for girls 16yrs and over 50m freestyle. For many years PCA have had the equivalent cup for the boys and not for the girls.

#### NZ Community Trust:

A big **THANK YOU** goes to the NZ Community Trust for a grant Porirua City Aquatics recently received for pool hire for term 2.

If you are able to support their venues in our area it would be appreciated – they are Legends Sports Bar, The Sandbar (Mana) and The Mariner (Titahi Bay). Remember their support deserves your support!



#### Rutherford & Bond and King Toyota, Porirua:

Porirua City Aquatics would like to give a big SHOUT OUT to Rutherford & Bond and King Toyota for loaning their Team Transporter to PCA's team to use for the week they were in Hastings attending National Age Groups. This was very much appreciated.

## Membership fees from 1 July 26 to 30 June 27:

Membership fees for the year are due on 1 July and are to be paid not later than 31 July. Swimmers who are not financial will not be able to enter swim meets or swim on club nights.

Fees are to be paid into account, name Porirua City Aquatics Incorporated, number 030547 0205093 00, please use the swimmers name as the reference.

Fees have been set at:

- Club swimmers, those who attend Monday and Friday nights and/or Sunday mornings, plus the Tadpoles squads \$285.00
- Porirua Junior & Senior Squad swimmer \$215.00
- Johnsonville Squad swimmers \$235.00
- PCA Learn to Swim (first term fee) \$55.00

To explain the increases:

There is to be a 25% increase in pool hire costs at Cannons Creek Pool from 1 August for the times PCA has exclusive use of the pool (Monday and Friday nights and Sunday mornings) This is the first increase there has been for many years.

Lane hire for the Porirua Squads at the Arena and Cannons Creek will rise as they do every year by 2%

Affiliation fees paid to Swimming NZ and Swim Wellington have increased:

- Competitive Swimmers have increased by \$10.00
- Club Swimmers have had a substantial increase of \$30.00.

For both groups affiliation fees are shared equally between Swimming NZ Swim Wellington.

The club is also facing increases in running costs – insurance, engraving, admin as all clubs will be.

We appreciate it is very unfortunate that the biggest increases affect club swimmers who swim on Monday and Friday nights, and Sunday mornings, with the volunteer coaches.

Competitive swimmers are constantly facing increases during the year in race entry fees and door entry charges they pay when they train.

Families wishing to spread their payments should contact Sonia Maharaj on [treasurer@swimporirua.co.nz](mailto:treasurer@swimporirua.co.nz) to make a suitable arrangement.

Swimmers who are not fully paid up will not be able to race.

If you have a question email Viv on [president@swimporirua.co.nz](mailto:president@swimporirua.co.nz)

## Have-a-go Race Night Friday 12 June

**Cannons Creek Pool. 6:00pm warm up, 6:30pm start**  
**Note: Maximum of 4 swims per swimmer.**

Race night is open to all club members, especially those who swim on Friday and Monday nights, Sunday morning or are in our Junior Squads.

Entries will be taken on the night.

This meet is not about winning - it is about "Having a Go", learning to race, learning race rules, trying new events and establishing a club time.

Times recorded will not be official and can't be used as entry times for other meets.

Because of race night Tadpoles and Seals training is cancelled. Swordfish training will be held as normal. Swordfish are welcome to join race night after training – 200m medley is on the programme as event 1, especially for those who may like to gain valuable medley racing experience.

Any queries, please speak to your child's coach or email [president@swimporirua.co.nz](mailto:president@swimporirua.co.nz)

As with all swim meets, volunteers will be required to help run the meet, especially with time keeping – we will call for help on the night.

PCA expectation for all swim meets is that parents of those entering will be available to help as required.

### Important:

- **Only new swimmers and those 8 years and under may enter the 25m backstroke and 25 freestyle.**
- **Parents of those entering MUST make themselves available to assist at the meet as required.**

For those keen to race, the next step after Race Night swimmers should be looking to enter the Gold Coast Carnivals. These are very relaxed, development meets, and a great place to learn about racing.

## Club Uniform Sale:

In conjunction with Race Night PCA will be holding a Uniform Sale.

A list of stock available can be found on the back page of this newsletter, Prices of many items have been 'reduced to clear'

Payment can be made on the night in cash – please bring the correct money or by bank transfer (only preferred option)

Account details - Account name, Porirua City Aquatics Incorporated. Acc no 030547 0205093 00 with your

name as the reference, code 'Race Night' and item purchased eg, Hoodie7-8

If you wish to purchase items before 12 June, please contact Sophie Khun-Hammond on 021 548 669 or email [uniform@swimporirua.co.nz](mailto:uniform@swimporirua.co.nz)

Please note: Clearance Sale Prices will apply until all stock is sold.

### Up coming meets – PCA's Div III - 19 July

PCA will be hosting Div III at the Tawa Pool over two sessions on Sunday 19 July – MARK YOUR DIARIES NOW!

This meet follows a Championship format with age group medals, podium presentations and top 7 ribbons.

The big difference with this meet is the group being able to enter. Anyone swimming faster than the times on the flyer may not enter, leaving up and coming swimmers a chance to shine.

These times prevent swimmers who have attended National meets and/or usually win medals at Wellington Champs from entering.

Last year nearly 30 PCA swimmers entered and it was great to see many on them claiming their spot on the podium.

### Meet Results:

### Open Water Results:

Lauren and Jackson Crawford competed in the Ocean Swim Series event held at Mount Maunganui on 18 April. The day was wet and windy, with a very choppy sea – all extremely challenging for the many entrants of all ages.

Jackson won the 1.2k swim for Boys 14/15 yrs and was 3<sup>rd</sup> overall for the distance.

Lauren was 4<sup>th</sup> in the Girls 2.8k swim for 15/19yrs and 3<sup>rd</sup> in the secondary school for the distance.

### Coastlands Classic - NQ meet:

Raumati Swimming Club hosted this NQ meet on 10 May.

For a NQ meet PCA had a huge team of 44 – 193 swimmers entered the meet in total.

While we await the official results for the meet, there are some learnings from the meet - not that PCA were guilty of doing this, but others were!

NQ meets are not the type of meet where swimmers should be entering 200s and 400s events without a time.

PCA swimmers are fortunate to be able to swim these events at Gold Coast Meets providing they meet the entry criteria to gain longer distance racing experience.

### PCA's Novice Carnival

Nearly 60 swimmers took part in PCA's Annual Novice Meet held at Cannon Creek on Sunday 10 May.

Thirty-two PCA swimmers swam, with others representing Swim Well, Ally Todd and Easyswim Swim Schools, and Capital, Nga Tai Tuatea Taraika, and Tawa Swimming Clubs.

The lucky lane prizes and participant ribbons put smiles on swimmer's faces, and then there more smiles from those finishing in the top 3 when they step on the podium for their 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place ribbons.

Many podium photos were taken as swimmers enjoyed their moment of fame.

PCA placings were:

| Name               | Age | Freestyle       |                 | Backstroke      |                 |
|--------------------|-----|-----------------|-----------------|-----------------|-----------------|
|                    |     | 25              | 50              | 25              | 50              |
| Vivi Zachar        | 11  |                 | 1 <sup>st</sup> |                 | 1 <sup>st</sup> |
| Alina Babko        | 12  | 1 <sup>st</sup> | 2 <sup>nd</sup> | 1 <sup>st</sup> | 2 <sup>nd</sup> |
| Alexandra Bennett  | 11  | 3 <sup>rd</sup> |                 |                 |                 |
| Max Grimwood       | 12  | 1 <sup>st</sup> | 2 <sup>nd</sup> | 2 <sup>nd</sup> |                 |
| Otis Allen         | 12  | 2 <sup>nd</sup> | 3 <sup>rd</sup> | 3 <sup>rd</sup> | 3 <sup>rd</sup> |
| Nathan Halverson   | 11  | 3 <sup>rd</sup> | 6 <sup>th</sup> | 4 <sup>th</sup> | 2 <sup>nd</sup> |
| Wiremu Hakaraia    | 11  | 5 <sup>th</sup> | 5 <sup>th</sup> | 6 <sup>th</sup> | 4 <sup>th</sup> |
| Harry Kershaw      | 11  | 6 <sup>th</sup> | 4 <sup>th</sup> | 5 <sup>th</sup> |                 |
| Ollie Jordan       | 12  |                 | 7 <sup>th</sup> | 8 <sup>th</sup> |                 |
| Harrison Boyt      | 11  | 7 <sup>th</sup> | 8 <sup>th</sup> | 7 <sup>th</sup> | 5 <sup>th</sup> |
| Tessa Hasse        | 10  |                 | 1 <sup>st</sup> |                 | 2 <sup>nd</sup> |
| Georgia Price      | 10  | 3 <sup>rd</sup> | 2 <sup>nd</sup> | 3 <sup>rd</sup> | 1 <sup>st</sup> |
| Samuel Sivyver     | 10  | 2 <sup>nd</sup> | 3 <sup>rd</sup> | 2 <sup>nd</sup> | 2 <sup>nd</sup> |
| Max Bailey         | 10  | 3 <sup>rd</sup> | 2 <sup>nd</sup> | 1 <sup>st</sup> | 1 <sup>st</sup> |
| Harrison Cook      | 10  | 4 <sup>th</sup> | 4 <sup>th</sup> |                 | 3 <sup>rd</sup> |
| Cooper Baldwin     | 10  | 5 <sup>th</sup> | 5 <sup>th</sup> | 3 <sup>rd</sup> |                 |
| Lily Davidson      | 9   | 1 <sup>st</sup> | 2 <sup>nd</sup> | 4 <sup>th</sup> | 2 <sup>nd</sup> |
| Loretta Allen      | 9   | 3 <sup>rd</sup> | 4 <sup>th</sup> | 6 <sup>th</sup> | 4 <sup>th</sup> |
| Myla Grimwood      | 9   | 4 <sup>th</sup> | 1 <sup>st</sup> | 3 <sup>rd</sup> |                 |
| Lucy Fisby         | 9   | 7 <sup>th</sup> | 7 <sup>th</sup> | 5 <sup>th</sup> | 6 <sup>th</sup> |
| Oscar Willemsen    | 9   | 1 <sup>st</sup> | 1 <sup>st</sup> | 1 <sup>st</sup> | 1 <sup>st</sup> |
| Leo Zachar         | 9   | 2 <sup>nd</sup> |                 | 2 <sup>nd</sup> |                 |
| Adity Rai          | 9   | 3 <sup>rd</sup> | 2 <sup>nd</sup> | 3 <sup>rd</sup> | 2 <sup>nd</sup> |
| Skyla Rushton      | 8   | 1 <sup>st</sup> | 4 <sup>th</sup> | 2 <sup>nd</sup> | 4 <sup>th</sup> |
| Finn Kershaw       | 8   | 5 <sup>th</sup> | 6 <sup>th</sup> | 7 <sup>th</sup> |                 |
| Theodore Young     | 8   | 6 <sup>th</sup> |                 | 4 <sup>th</sup> |                 |
| Finnlay Smith      | 8   | 7 <sup>th</sup> | 8 <sup>th</sup> | 6 <sup>th</sup> |                 |
| Angelina Muollo    | 7   | 3 <sup>rd</sup> | 3 <sup>rd</sup> | 3 <sup>rd</sup> |                 |
| Emme Grimwood      | 7   | 4 <sup>th</sup> |                 | 4 <sup>th</sup> |                 |
| Mia Rapson-Bennett | 7   | 5 <sup>th</sup> |                 | 5 <sup>th</sup> |                 |
| Sam Willemsen      | 7   | 1 <sup>st</sup> | 7 <sup>th</sup> | 1 <sup>st</sup> |                 |
| Jesse Price        | 7   | 2 <sup>nd</sup> | 5 <sup>th</sup> | 2 <sup>nd</sup> | 3 <sup>rd</sup> |

PCA should be very proud of how smoothly the meet ran.

Thanks to everyone who helped out.

We are very fortunate to have quite an experienced team when it comes to running meets. Brent Harris was

referee, Elouise Thomas, the starter, Nathan Thomas the announcer, Blair St Just an IOT and Viv and Rose were in back room dealing with administration.

Most importantly, there were heaps of wonderful parents who volunteered as timekeepers. Thank you.

Karrina Smith with assistance managed the PCA team.

This year it was fantastic to see a number of our older swimmers giving back to the club by helping.

Sofia Nguyen, Jackson Crawford and lite Alafia worked in the presentation area, Felix Thomas and Daniel Tuketsky were the BBQ cooks, Asher Thomas and Nathaniel Wood the marshalls, Lauren Crawford and Dannielle Rule, door, raffles, photography and other jobs, and Maddy St Just, with Lincoln (Orcas), Jackson Smith (Orcas) and Emelia Muollo (Seals) gave out lucky lanes and were runners. Catherine Sivyver (a club swimmer) helped out timekeeping.

### PCA Swimming Caps:

We have two types of caps for swimmers:

#### Standard PCA Cap:

All new members (club and squad) are entitled to a club cap on receipt of their first subscription payment.

Caps are replaced free of charge if they split, on presentation of the damaged cap.

The cost of caps are \$10 each if a swimmer requires another cap.

It would not normally be expected that any swimmer would need more than 1 or 2 caps each year.

Caps can be obtained from the sign-in desk at Monday and Friday night club sessions (at Cannons Creek) or the Team Manager at swim meets.

#### Arena PCA Cap:

We also have a limited number of PCA Arena Race caps for \$25.00 each.

These are designed for swimmers who are racing at a high level.

They are 3D soft caps and are engineered for uniform compression and hydrodynamic performance, streamlines the head and hair into a smooth shape.

These can be purchased through [secretary@swimporirua.co.nz](mailto:secretary@swimporirua.co.nz)

### Club Uniform:

PCA uniform is to be worn by all swimmers at swim meets.

We have a new arrangement with Arena NZ for ordering PCA uniform items. Details will be emailed to members separately.

Please contact Sophie Khun-Hammond on 021-548-669 or e-mail [uniforms@swimporirua.co.nz](mailto:uniforms@swimporirua.co.nz)

### Bank Account Details:

|                        |                           |
|------------------------|---------------------------|
| Sunday Learn to Swim   | 03-0547-0205093-01        |
| Squad Fees             | 03-0547-0205093-02        |
| <b>Everything Else</b> | <b>03-0547-0205093-00</b> |

If you are unsure which account, you should be using, please contact [treasurer@swimporirua.co.nz](mailto:treasurer@swimporirua.co.nz).

### Upcoming Events:

- 13 June** – Otaki NQ – Coastlands
- 20 June** – SWN Junior Sprint Challenge – Coastlands
- 28 June** – Gold Coast Ribbon Carnival – Tawa
- 18 July** – SWN Long Distance Champs – Coastlands
- 19 July** – PCA Div III – Tawa
- 25 July** – Masterton NQ - Masterton

You can view the 2026 swim calendar by clicking [here](#).

Also [download](#) 'MyTogs' as an easy way to view your swimmers results.

### Club Lane and Squad Information:

A summary of how we structure our Club Lanes for new swimmers, and also our booklet for competitive swimmers can be found at the links below.

- [Club Lane Swimming](#)
- [Competitive Swimming](#)

### Report of Best Times:

If you require a list of your times, please email Elouise Thomas the Race Secretary at [race@swimporirua.co.nz](mailto:race@swimporirua.co.nz) and they will be sent back to you.

### Club Contacts:

|  |              |                       |
|--|--------------|-----------------------|
| President (Viv Morton) .....                       | 027-645-1146 | <a href="#">email</a> |
| Vice-President (Oliver Bennett)                    |              |                       |
| Secretary (Rose Crawford) .....                    |              | <a href="#">email</a> |
| Treasurer (Sonja Maharaj).....                     |              | <a href="#">email</a> |
| Race Secretary (Elouise Thomas) 022-140-5068       |              | <a href="#">email</a> |
| Junior Squad Coach .....                           |              | <a href="#">email</a> |
| Senior Squad Coach.....                            |              | <a href="#">email</a> |
| Officials Co-ordinator (Blair St Just) 021-782-591 |              | <a href="#">email</a> |
| Uniforms (Sophie Khun-Hammond).....                |              | <a href="#">email</a> |
| Newsletter .....                                   |              | <a href="#">email</a> |

**Current Stock Available as at 13 May:**

| Type Of Item        | Size   | Quantity Available | Original Sale Price | Clearance Sale Price |
|---------------------|--------|--------------------|---------------------|----------------------|
| <b>Junior Sizes</b> |        |                    |                     |                      |
| Shorts              | 7-8    | 3                  | \$30.00             | <b>\$5.00</b>        |
| Shorts              | 9-10   | 8                  | \$30.00             | <b>\$5.00</b>        |
| Shorts              | 11-12  | 8                  | \$30.00             | <b>\$5.00</b>        |
| Shorts              | 13-14  | 5                  | \$30.00             | <b>\$5.00</b>        |
| T Shirts            | 7-8    | 3                  | \$30.00             | <b>\$10.00</b>       |
| T Shirts            | 13-14  | 3                  | \$30.00             | \$30.00              |
| Zipped Hoodie       | 7-8    | 3                  | \$75.00             | <b>\$25.00</b>       |
| Track Top           | 11-12  | 1                  | \$69.00             | <b>\$15.00</b>       |
| <b>Adult Sizes</b>  |        |                    |                     |                      |
| Tshirt Ladies       | 10     | 3                  | \$36.00             | <b>\$30.00</b>       |
| Tshirt Ladies       | 12     | 1                  | \$36.00             | <b>\$30.00</b>       |
| Polo Shirt Ladies   | 12     | 2                  | \$53.00             | <b>\$36.00</b>       |
| Polo Shirt Ladies   | 14     | 2                  | \$53.00             | <b>\$36.00</b>       |
| Polo Shirt Ladies   | 16     | 1                  | \$53.00             | <b>\$36.00</b>       |
| Hoodie Ladies       | 12     | 3                  | \$87.00             | <b>\$65.00</b>       |
| Hoodie Ladies       | 14     | 3                  | \$87.00             | <b>\$65.00</b>       |
| Hoodie Mens         | S      | 1                  | \$87.00             | <b>\$65.00</b>       |
| Hoodie Mens         | M      | 3                  | \$87.00             | <b>\$65.00</b>       |
| Hoodie Mens         | L      | 5                  | \$87.00             | <b>\$65.00</b>       |
| Hoodie Mens         | XL     | 2                  | \$87.00             | <b>\$65.00</b>       |
| Tshirt Mens         | M      | 2                  | \$36.00             | <b>\$30.00</b>       |
| Tshirt Mens         | L      | 5                  | \$36.00             | <b>\$30.00</b>       |
| Singlet             | S      | 1                  | \$35.65             | <b>\$5.00</b>        |
| Singlet             | M      | 2                  | \$35.65             | <b>\$5.00</b>        |
| Singlet             | L      | 1                  | \$35.65             | <b>\$5.00</b>        |
| Poloshirt Mens      | S      | 3                  | \$53.00             | <b>\$36.00</b>       |
| Poloshirt Mens      | M      | 1                  | \$53.00             | <b>\$36.00</b>       |
| Poloshirt Mens      | L      | 5                  | \$53.00             | <b>\$36.00</b>       |
| Poloshirt Mens      | XL     | 1                  | \$53.00             | <b>\$36.00</b>       |
| Black Tee           | L      | 1                  | \$35.00             | <b>\$30.00</b>       |
| Black Tee           | 2XL    | 1                  | \$35.00             | <b>\$30.00</b>       |
| PCA Ponchos         | Size 1 | 3                  | \$65.00             | <b>\$35.00</b>       |
| PCA Ponchos         | Size 3 | 1                  | \$80.00             | \$80.00              |