

RECORDS PCA PARA SC Records

SC Meters-Male

14-14	50	Free	38.00	11-Apr-24	PCAWN	BASE
	100	Free	1:23.27	11-Apr-24	PCAWN	BASE
	200	Free	2:59.35	22-Jun-24	PCAWN	Nathaniel Wood S10/Sb9/Sm10 at Wellington Short Course Championship ;
	400	Free	6:42.92	11-Apr-24	PCAWN	BASE
	800	Free	13:54.92	11-Apr-24	PCAWN	BASE
	1500	Free	26:09.50	11-Apr-24	PCAWN	BASE
	50	Back	41.34	22-Jun-24	PCAWN	Nathaniel Wood S10/Sb9/Sm10 at Wellington Short Course Championship ;
	100	Back	1:34.88	17-Mar-24	PCAWN	Nathaniel Wood S10/Sb9/Sm10 at Porirua City Aquatics Club Champs 2024
	200	Back	3:29.09	11-Apr-24	PCAWN	BASE
	50	Breast	46.55	22-Jun-24	PCAWN	Nathaniel Wood S10/Sb9/Sm10 at Wellington Short Course Championship ;
	100	Breast	1:45.43	11-Apr-24	PCAWN	BASE
	200	Breast	3:21.41	11-Apr-24	PCAWN	BASE
	50	Fly	44.55	11-Apr-24	PCAWN	BASE
	100	Fly	1:42.76	11-Apr-24	PCAWN	BASE
	100	IM	1:38.24	11-Apr-24	PCAWN	BASE
	200	IM	3:31.74	11-Apr-24	PCAWN	BASE
15-15	50	Free	35.28	1-Jan-24		BASE
	100	Free	1:16.84	30-Mar-25	PCAWN	Nathaniel Wood S10/Sb9/Sm10 at Porirua City Aquatics Club Champs 2025
	200	Free	2:46.88	30-Mar-25	PCAWN	Nathaniel Wood S10/Sb9/Sm10 at Porirua City Aquatics Club Champs 2025
	400	Free	5:44.48	14-Jun-25	PCAWN	Nathaniel Wood S10/Sb9/Sm10 at Wellington Short Course Championship ;
	800	Free	12:55.28	1-Jan-24		BASE
	1500	Free	24:17.39	1-Jan-24		BASE
	50	Back	41.35	14-Jun-25	PCAWN	Nathaniel Wood S10/Sb9/Sm10 at Wellington Short Course Championship ;
	100	Back	1:24.05	14-Jun-25	PCAWN	Nathaniel Wood S10/Sb9/Sm10 at Wellington Short Course Championship ;
	200	Back	2:57.01	14-Jun-25	PCAWN	Nathaniel Wood S10/Sb9/Sm10 at Wellington Short Course Championship ;
	50	Breast	46.09	14-Jun-25	PCAWN	Nathaniel Wood S10/Sb9/Sm10 at Wellington Short Course Championship ;
	100	Breast	1:37.40	30-Mar-25	PCAWN	Nathaniel Wood S10/Sb9/Sm10 at Porirua City Aquatics Club Champs 2025
	200	Breast	3:06.10	1-Jan-24		BASE
	50	Fly	41.37	1-Jan-24		BASE
	100	Fly	1:35.42	1-Jan-24		BASE
	100	IM	1:30.78	14-Jun-25	PCAWN	Nathaniel Wood S10/Sb9/Sm10 at Wellington Short Course Championship ;
	200	IM	3:13.74	30-Mar-25	PCAWN	Nathaniel Wood S10/Sb9/Sm10 at Porirua City Aquatics Club Champs 2025
16-16	50	Free	32.57	1-Jun-25		BASE
	100	Free	1:11.38	1-Jun-25		BASE
	200	Free	2:36.08	21-Sept-25	PCAWN	Nathaniel Wood S10/Sb9/Sm10 at 2025 New Zealand Short Course Champi
	400	Free	5:15.66	13-Jun-26	PCAWN	Nathaniel Wood S10/Sb9/Sm10 at Otaki Titans NQ Waitohu Meet
	800	Free	11:55.64	1-Jun-25		BASE
	1500	Free	22:25.28	1-Jun-25		BASE
	50	Back	37.19	13-Jun-26	PCAWN	Nathaniel Wood S10/Sb9/Sm10 at Otaki Titans NQ Waitohu Meet
	100	Back	1:18.34	13-Jun-26	PCAWN	Nathaniel Wood S10/Sb9/Sm10 at Otaki Titans NQ Waitohu Meet
	200	Back	2:59.22	1-Jun-25		BASE
	50	Breast	43.91	21-Sept-25	PCAWN	Nathaniel Wood S10/Sb9/Sm10 at 2025 New Zealand Short Course Champi
	100	Breast	1:30.37	1-Jun-25		BASE
	200	Breast	2:51.78	1-Jun-25		BASE
	50	Fly	38.18	1-Jun-25		BASE
	100	Fly	1:28.08	1-Jun-25		BASE
	100	IM	1:24.20	1-Jun-25		BASE
	200	IM	3:00.49	21-Sept-25	PCAWN	Nathaniel Wood S10/Sb9/Sm10 at 2025 New Zealand Short Course Champi
	400	IM	7:49.91	1-Jun-25		BASE
	50	Free	32.11	1-Jan-26		Base
	100	Free	1:11.28	1-Jan-26		Base

RECORDS PCA PARA SC Records

200	Free	2:36.07	22-Aug-26	PCAWN	Nathaniel Wood S10/Sb9/2m10 at Wellington Short Course Championship :
400	Free	5:18.90	22-Aug-26	PCAWN	Nathaniel Wood S10/Sb9/2m10 at Wellington Short Course Championship :
800	Free	11:55.64	1-Jan-26		Base
1500	Free	22:25.28	1-Jan-26		Base
50	Back	37.95	22-Aug-26	PCAWN	Nathaniel Wood S10/Sb9/2m10 at Wellington Short Course Championship :
100	Back	1:17.52	22-Aug-26	PCAWN	Nathaniel Wood S10/Sb9/2m10 at Wellington Short Course Championship :
200	Back	2:42.60	22-Aug-26	PCAWN	Nathaniel Wood S10/Sb9/2m10 at Wellington Short Course Championship :
50	Breast	43.27	1-Jan-26		Base
100	Breast	1:30.37	1-Jan-26		Base
200	Breast	2:51.27	1-Jan-26		Base
50	Fly	36.88	1-Jan-26		Base
100	Fly	1:21.62	1-Jan-26		Base
100	IM	1:24.20	1-Jan-26		Base
200	IM	2:55.69	1-Jan-26		Base
400	IM	6:06.85	22-Aug-26	PCAWN	Nathaniel Wood S10/Sb9/2m10 at Wellington Short Course Championship :